Problem-Based Psychiatry - Ben Green 2009

Problem-based learning is increasinly favoured for teaching and learning in medical schools: this thoroughly up-to-date text continues to address that need.

Problem-Based Behavioral Science and Psychiatry - Daniel Alica 2016-03-31

In keeping with the growing emphasis on psychiatry in the medical school curriculum, problem-based learning (PBL) offers students a unique patient-centred, multidisciplinary approach to study and the synthesis of knowledge. The new 2nd edition of Problem-Based Behavioral Science and Psychiatry integrates DSM-5 updates and diagnostic criteria, and is fully consistent with PBL models and methods. Building on the strengths of the popular and widely downloaded 1st edition, the 2nd edition is a clinically robust resource for both the medical and the behavioral science student. Over 40 contributors, many themselves graduates of PBL medical schools, apply problem-based learning methods to specific psychiatric disorders, general clinical issues, and bedrock physician skills such as the intake interview and treatment planning. The book's fictional case vignettes illustrated typical patient scenarios, providing real-world context for content areas, and accompanying case diagrams show the relationships between patient behaviour and underlying neurobiological structures. Each student-friendly section ends with helpful review questions. A sampling of the content areas covered: - Childhood development and brain development. - Major psychiatric illnesses, including personality, mood, anxiety, and psychotic disorders. - Stress, substance abuse, and violence. - Eating, sleep, and sexual disorders. - Coping skills and treatment compliance. - End-of-life care. - PLU/S chapters on cultural sensitivity, ethical concerns, and the physician/patient relationship. This book is ideal for first and second year medical students wanting to learn about psychiatry in the exciting context of realistic cases. It also makes an excellent prep/review text for third- and fourth-year medical students preparing for the USMLE Step 1 and 2 exams, as well as being suited to graduate students in psychology or clinical social work. Problem-Based Behavioral Science and Psychiatry encourages lifelong learning and helps build the foundation for a lifelong career.

Problem-Based Psychiatry E-Book - David Meagher 2020-11-21

26 chapters designed for individual teaching sessions. Evidence-based treatment options for all major psychiatric disorders and presentations, including autism spectrum disorders, PTSD, gender dysphoria and schizophrenia. Problem-based format allows for learning in a real-world, practical context. Narratives and scenario-based learning to promote deep understanding. Enhanced eBook version included with purchase. Your enhanced eBook allows you to access all of the text, figures, and references from the book on a variety of devices.

Problem Based Psychiatry - Ben Green 2018-04-19

This revised text presents student doctors, mental health nurses, social workers, occupational therapists, mental health advocates and mental health therapists with a problem-based approach to psychiatry. It contains numerous case studies, allowing a problem-based approach to core information and reflecting the processes that underlie clinical decision making. This second edition is upgraded, expanded and updated, including details of the best modern web-based resources. Its problem-based approach to teaching is at the forefront of the delivery of modern medical school curricula, and includes additional new case scenarios and current opinion on mental disorders and their treatment using both drug therapy and psychotherapy. It fully reflects the latest practice and recent changes in mental health provision.

Pediatric Consultation-Liaison Psychiatry - Anthony P. S. Guerrero 2018-08-02

This ambitious resource presents an inventive approach to integrating pediatric and mental health care based in comprehensive, family-centered service delivery. Its framework adds a problem-solving focus to the core principles of pediatric consultation-liaison psychiatry, emphasizing young patients’ developmental, family, and social context. An international panel of expert clinicians explores the value of the mental health component in treating complex and chronic cases across varied settings, as well as practical considerations in implementing collaborative care systemwide, including at the global level. Detailed case histories illustrate skills and traits essential to making this problem-based approach work, such as multidimensional thinking, a prevention mentality, a dedication to lifelong learning, and empathy and respect for young clients and their families. Included in the coverage: - Pediatric medicine for the child psychiatrist. - Safety issues in a general medical facility setting. - “Other medical” presentations and considerations in pediatric consultation-liaison psychiatry. - Principles of biopsychosocial formulation and interventions in the pediatric medical setting. - Preventive models for reducing major causes of morbidity and mortality in childhood. Child and adolescent psychiatrists, child and school psychologists, and physicians in pediatrics, general practice, and family medicine will welcome Pediatric Consultation-Liaison Psychiatry as both a robust training text and a blueprint for the future of children’s medicine.

Problem-based PSYCHIATRY (Second Edition) - Ben Green 2010-03-01

About the book
This revised text presents student doctors, mental health nurses, social workers, occupational therapists, mental health advocates and mental health therapists with a problem-based approach to psychiatry. It contains numerous case histories, allowing a problem-based approach to core information and reflecting the processes that underlie clinical decision making. This second edition is updated, expanded and updated, including details of the best modern web-based resources. Its problem-based approach to teaching is at the forefront of the delivery of modern medical school curricula. This edition has additional new case scenarios and includes current opinion about mental disorders and their treatment, using both drug therapy and psychotherapy according to the latest research. It fully reflects the latest practice and recent changes in mental health provision. About the author
Professor Ben Green is a Consultant Psychiatrist in Psychiatric Intensive Care at Cheadle Royal Hospital, Visiting Professor at the University of Chester and an Honorary Senior Lecturer at the University of Liverpool. He has designed and taught on undergraduate and postgraduate courses in Psychiatry, and has researched post-traumatic stress disorder and depression. He is an undergraduate examiner for the University of Liverpool and a postgraduate examiner for the Royal College of Psychiatrists. He is a medico-legal expert and has published 10 books. He has edited Psychiatry On-line since 1994.

Is Evidence-Based Psychiatry Ethical? - Mona Gupta 2014

Rated as one of the top 15 breakthroughs in medicine over the last 150 years, evidence-based medicine (EBM) has become highly influential in medicine. Put simply, EBM promotes a seemingly irrefutable, principle: that decision-making in medical practice should be based, as much as possible, on the most up-to-date research findings. EBM has been particularly popular within psychiatry, a field that is haunted by a legacy of controversial interventions. For advocates, anchoring psychiatric practice in research data makes psychiatry more scientifically valid and ethically legitimate. Few, however, have questioned whether EBM, a concept pioneered by those working in other areas of medicine, can be applied to psychiatric disorders. In this groundbreaking book, the Canadian psychiatrist and ethicist Mona Gupta analyzes the basic assumptions of EBM, and critically examines their applicability to psychiatry. By highlighting the basic ethical tensions between psychiatry and EBM, the author addresses the fundamental and controversial question - should psychiatrists practice evidence-based medicine at all?

Problem-Based Behavioral Science and Psychiatry (2008).-
give a formal theory of mind that generates a model of mental disorder as a psychological phenomenon.

Psychiatry, a Problem-oriented Approach-H. Steven Mofﬁc 1986

Philosophy and Psychiatry-Daniel D. Moseley 2015-09-16 This groundbreaking volume of original essays presents fresh avenues of inquiry at the intersection of philosophy and psychiatry. Contributors draw from a variety of ﬁelds, including evolutionary psychiatry, phenomenology, biopsychosocial models, psychoanalysis, neuroscience, neurometrics, behavioral economics, and virtue theory. Philosophy and Psychiatry’s unique structure consists of two parts: in the ﬁrst, philosophers write five lead essays with replies from psychiatrists. In the second part, this arrangement is reversed. The result is an interdisciplinary exchange that allows for direct discourse, and a volume at the forefront of deﬁning an emerging discipline. Philosophy and Psychiatry will be of interest to professionals in philosophy and psychiatry, as well as mental health researchers and clinicians.

Unhinged-Daniel Carlat 2010-05-18 IN THIS STIRRING AND BEAUTIFULLY WRITTEN WAKE-UP CALL, psychiatrist Daniel Carlat exposes deeply disturbing problems plaguing his profession, revealing the ways it has abandoned its essential purpose: to understand the mind, so that psychiatrists can heal mental illness and not just treat symptoms. As he did in his hard-hitting and widely read New York Times Magazine article “Dr. Drug Rep,” and as he continues to do in his popular watchdog newsletter, The Carlat Psychiatry Report, he writes with bracing honesty about how psychiatry has so largely forsaken the practice of talk therapy for the seductive—and more lucrative—practice of simply prescribing drugs, with a host of deeply troubling consequences. Psychiatrists have settled for treating symptoms rather than causes, embracing the apparent medical rigor of DSM diagnoses and prescription in place of learning the more challenging craft of therapeutic counseling, gaining only limited understanding of their patients’ lives. Talk therapy takes time, whereas the ﬁfteen-minute “med check” allows for more patients and more insurance company reimbursement. Yet DSM diagnoses, he shows, are premised on a good deal less science than we would think. Writing from an insider’s perspective, with refreshing forthrightness about his own daily struggles as a practitioner, Dr. Carlat shares a wealth of stories from his own practice and those of others that demonstrate the glaring shortcomings of the standard ﬁfteen-minute patient visit. He also reveals the dangers of rampant diagnoses of bipolar disorder, ADHD, and other “popular” psychiatric disorders, and exposes the risks of the cocktails of medications so many patients are put on. Especially disturbing are the terrible consequences of overprescription of drugs to children of ever younger ages. Taking us on a tour of the world of pharmaceutical marketing, he also reveals the inner workings of collusion between psychiatrists and drug companies. Concluding with a road map for exactly how the profession should be reformed, Unhinged is vital reading for all those in treatment or considering it, as well as a stirring call to action for the large community of psychiatrists themselves. As physicians and drug companies continue to work together in disquieting and harmful ways, and as diagnoses—and misdiagnoses—of mental disorders skyrocket, it’s essential that Dr. Carlat’s bold call for reform is heeded.

Problem-Based Pain Management-Eric S. Hsu 2013-10-24 Pain management is an essential part of clinical practice for all healthcare providers from trainees, physician assistants and nurse practitioners through to practising physicians. Problem-Based Pain Management is a collaboration between experts in anesthesiology, geriatric medicine, neurology, psychiatry and rehabilitation which presents a multidisciplinary management strategy. Over 60 chapters follow a standard, easy-to-read, quick access format on: clinical presentation, signs and symptoms, lab tests, imaging studies, differential diagnosis, pharmacotherapy, non-pharmacologic approach, interventional procedure, follow-up and prognosis. The broad spectrum of topics include headache, neck and back pain, bursitis, phantom limb pain, sickle cell disease and palliative care. Unlike other large, cumbersome texts currently available, this book serves as a quick, concise and pertinent reference in the diagnosis and management of common pain syndromes.

Collaborative Problem Solving-Alisha R. Pollassh 2019-06-06 This book is the ﬁrst to systematically describe the key components necessary to ensure successful implementation of Collaborative Problem Solving (CPS) across mental health settings and non-mental health settings that require behavioral management. This resource is designed by the leading experts in CPS and is focused on the clinical and implementation strategies that have proved most successful within various private and institutional agencies. The book begins by deﬁning the approach before delving into the neurobiological components that are key to understanding this concept. Next, the book covers the best practices for implementation and evaluating outcomes, both in the long and short term. The book concludes with a summary of the concept and recommendations for additional resources, making it an excellent concise guide to this cutting edge approach. Collaborative Problem Solving is an excellent resource for psychiatrists, psychologists, social workers, and all medical professionals working to manage troubling behaviors. The text is also valuable for readers interested in public health, education, improved law enforcement strategies, and all stakeholders seeking to implement this approach within their program, organization, and/or system of care.

Developments in four-dimensional geodesy-Fritz K. Brunner 1990 This book presents simulated patient cases in psychiatry and behavioral science, providing a real-world context for students and graduates in these areas. Topics are introduced through detailed case vignettes using a model of problem-based learning called progressive disclosure. Sample diagrams known as mechanistic case diagrams illustrate the neurobiological mechanisms underlying behavioral symptoms and show how behavioral and psychosocial factors impact on patient care.

Patient Management Problems in Psychiatry-Ohumuyiwa John Olumoroti 2005 This book offers trainee psychiatrists vital guidance on how to succeed in the PMP section of their exams. It will be ideal for the Membership of the Royal College of Psychiatrists and similar exams.

An Introduction to Clinical Research in Psychiatry-Dan German Blazer 1998 The evaluation of psychiatric disorders and the delivery of mental health services is grounded in clinical research. Findings from published studies in scientific journals are translated by clinicians into changes in daily practice. Psychiatrists and other mental health professionals read original research reports and case studies in journals, and often attend scientiﬁc meetings where the latest research ﬁndings are presented. Yet despite their extensive education and experience, most psychiatrists do not have sufﬁcient training in clinical research methods to evaluate critically the latest ﬁndings. Blazer and Hays have written this primer to acquaint practitioners and residents with the basic methodology of study design. The book covers single-subject studies, description studies (such as case registers and population-based surveys), community surveys, cohort and case-control studies, longitudinal studies, population genetic studies and clinical trials. The focus is on clinical research in which the patient is the unit of analysis. The two authors write in clear style, uncluttered by technical jargon, so that their book will be accessible to readers with little or no grounding in clinical research methods. The theoretical presentation is illustrated with examples from published studies which highlight the problems typically encountered by clinicians involved in patient-oriented research in psychiatry. Introduction to Clinical Research in Psychiatry employs an interactive, problem-based approach to introducing epidemiologic methods, which has been successfully tested in a course the authors taught at the Duke University School of Medicine. The book is designed primarily for mental health care professionals with little experience in research methods, including psychiatrists, psychologists, social workers, nurses, and others working in mental health centers, hospitals, and psychiatric ambulatory care centers.

Psychiatry Test Preparation and Review Manual E-Book-Clive Spiegell 2013-01-09 Updated to reﬂect all of the latest research in psychology and neurology, Psychiatry Test Preparation and Review Manual, 2nd Edition precisely mirrors the written ABPN board exam so you can expertly prepare and achieve your highest score. Enhance your preparation with recommended readings from key textbooks in the field. Understand why your answers are correct or incorrect through detailed explanations of each possible response.
Problem Solving Therapy in the Clinical Practice-Mehmet Eskin 2012-12-31 Evidence based or empirically supported psychotherapies are becoming more and more important in the mental health fields as the users and financiers of psychotherapies want to choose those methods whose effectiveness are empirically shown. Cognitive-behavioral psychotherapies are shown to have empirical support in the treatment of a wide range of psychological/psychiatric problems. As a cognitive-behavioral mode of action, Problem Solving Therapy has been shown to be an effective psychotherapy approach in the treatment and/or rehabilitation of persons with depression, anxiety, suicide, schizophrenia, personality disorders, marital problems, cancer, diabetes-mellitus etc. Mental health problems cause personal suffering and constitute a burden to the national health systems. Scientific evidence show that effective problem solving skills are an important source of resiliency and individuals with psychological problems exhibit a deficiency in effective problem solving skills. Problem solving therapy approach to the treatment and/or rehabilitation of emotional problems assumes that teaching effective problem solving skills in a therapeutic relationship increases resiliency and alleviates psychological problems. The book, in the first chapters, gives information on problem solving and the role of problem-solving in the etiology and the treatment of different forms of mental health problems. In the later chapters, it concentrates on psychotherapy, assessment and procedures of problem solving therapy. At the end it provides a case study. Provides a comprehensive appreciation of problem solving therapy Contains empirical evidence and applied focus for problem solving therapy which provides a scientific base and best practices Highlights the problem solving difficulties of persons with specific disorders

Problem Based Learning Curriculum, Student Resource List- 1993

Unmet Need in Psychiatry-Gavin Andrews 2000-01-06 This book considers ways to resolve the imbalance between the demand and supply of mental health services. Treatment services in most countries reach only a minority of people identified as suffering from a mental disorder. Few countries can provide adequate health services for all the mentally ill, yet none has developed a rational system to decide who should be treated. The questions are clear. Could we develop a staged treatment process to reach all in need? If not, how do we decide who to treat? What should the criteria be for deployment of scarce treatment resources? How do we determine such criteria? What are the ethical implications of applying such criteria? In this pioneering work, an international team of eminent psychiatrists, epidemiologists, health administrators, economists and health planners examine these questions. The result will inform and encourage all concerned with the equitable provision of mental health care.

Handbook of Career Development in Academic Psychiatry and Behavioral Sciences, Second Edition-Laura Weiss Roberts, M.D., M.A. 2017-04-12 Working in academic psychiatry is fulfilling, replete with extraordinary colleagues and inspiring opportunities for meaningful work and professional growth. Even so, getting started in an academic career can be a bit unsettling. After years of education, a new faculty member may feel unprepared for the everyday duties associated with a different academic role – negotiating with the chair, writing letters of recommendation for students, participating on committees with colleagues, and balancing personal and professional life. The Handbook of Career Development in Academic Psychiatry and Behavioral Sciences, Second Edition, provides real-world advice with compassion. Readers will find just what they need when they need it: step-by-step guidance to approaching the tasks and challenges that face them, questions to discuss with mentors and colleagues, and professionally vetted online career development resources. Readers will also hear the voice of sympathetic, experienced academic clinicians who share how best to navigate challenging situations encountered in academic settings. Each chapter features: * Smart Strategies: A list of specific actions readers can take to reach their professional goals* Questions to Discuss with a Mentor or a Colleague: A list of questions that simplifies and normalizes the process of soliciting career advice and assistance* Additional Resources: A collection of the most recent and innovative websites, books, and articles that will assist readers on their career path, even after they've finished reading the book Readers who seek out the advice in this book will find that they are better equipped to forge their academic careers -- and flourish.

Toxic Psychiatry-Peter R. Breggin, M.D. 2015-12-22 Prozac, Xanax, Halcion, Haldol, Lithium. These psychiatric drugs--and dozens of other short-term "solutions"--are being prescribed by doctors across the country as a quick antidote to depression, panic disorder, obsessive-compulsive disorder, and other psychiatric problems. But at what cost? In this searing, myth-shattering exposé, psychiatrist Peter R. Breggin, M.D., breaks through the hype and false promises surrounding the "New Psychiatry" and shows how dangerously, even potentially brain-damaging, many of its drugs and treatments are. He asserts that: psychiatric drugs are spreading an epidemic of long-term brain damage; mental "illnesses" like schizophrenia, depression, and anxiety disorder have never been proven to be genetic or even physical in origin, but are under the jurisdiction of medical doctors; millions of schoolchildren, housewives, elderly people, and others are labeled with medical diagnoses and treated with authoritarian interventions, rather than being patiently listened to, understood, and helped. Toxic Psychiatry sounds a passionate, much-needed wake-up call for everyone who plays a part, active or passive, in America's ever-increasing dependence on harmful psychiatric drugs.

The Problem Oriented System-Effie S. Hanchett 1977

The Book of Woe-Gary Greenberg 2013-05-02 "Gary Greenberg has become the Dante of our psychiatric age, and the DSM-5 is his Inferno." —Errol Morris Since its debut in 1952, the American Psychiatric Association’s Diagnostic and Statistical Manual of Mental Disorders has set down the “official” view on what constitutes mental illness. Homosexuality, for instance, was a mental illness until 1973. Each revision has created controversy, but the DSM-5 has taken fire for encouraging doctors to diagnose more illnesses—and to prescribe sometimes unnecessary or harmful medications. Respected author and practicing psychotherapist Gary Greenberg embedded himself in the war that broke out over the fifth edition, and returned with an unsettling tale. Exposing the deeply flawed process behind the DSM-5’s compilation, The Book of Woe reveals how the manual turns suffering into a commodity—and made the APA its own biggest beneficiary.

Psychiatric Companion to Problem-based Learning Studies in Undergraduate Medicine-Terry Buchan 2015

Behavioral Science/psychiatry-Julia B. Frank 1998-01-01 Exam review includes: neurobiology and psychopharmacology, development and behaviour, diagnosis and risk assessment, psychiatric disorders and treatment, clinical scenarios, and problem-based questions with answers.

Psychiatric Case Studies for Advanced Practice-Kathleen Prendergast 2018-04-05 Get much-needed exposure to real-world clinical scenarios and psychiatric evaluations, with this invaluable guide to positive, effective psychiatric advance practice nursing care. For an expert guide to providing patient-centered, evidence-based psychiatric care, keep Psychiatric Case Studies for Advanced Practice by your side. Practical and easy-to-follow, these more than 50 case scenarios clearly display the complaints, diagnoses, and treatments of the most common psychiatric disorders, supporting the critical decision-making skills of nurses practicing in a broad range of settings. Psychiatric, family, emergency, and general practice nurse practitioners of all experience levels will find this an invaluable aid for creating an informed, holistic practice. Follow the real-life cases and expert analysis of psychiatric patients of a wide variety of ages, backgrounds, and conditions . . . Real-world child, adolescent, adult, and geriatric inpatient and outpatient psychiatric case studies that emphasize problem-based learning and an evidence-based practice Current diagnostic content from the Diagnostic and Statistical Manual of Mental Disorders, 5th Edition (DSM-5), that includes DSM-5’s newer diagnoses—gender dysphoria, binge eating disorder, and autism spectrum, plus current treatments for alcohol and opiate addiction Sample routine screening tools that offer convenient checklists and handouts to support patient treatment Content presented in a simple format—organized by age and indexed by diagnostic category for quick reference Each case presented in a standard format: chief complaint, history, mental status, diagnosis, differential diagnosis, treatment plan, and rationale for treatment prescribed—with questions at the end that guide you to create a diagnosis using the DSM-5 Cases addressing a wide range of disorders and supporting all experience levels in a variety of treatment settings—counseling centers, correctional facilities, homeless shelters, inpatient psychiatric units, and hospital consultation and liaison services Treatments and rationales that represent current, evidence-based research—treatment sections divided into
Mind Fixers: Psychiatry's Troubled Search for the Biology of Mental Illness
Anne Harrington 2019-04-16 Mind Fixers tells the history of psychiatry's quest to understand the biological basis of mental illness and asks where we need to go from here. In Mind Fixers, Anne Harrington, author of The Cure Within, explores psychiatry's repeatedly frustrated struggle to understand mental disorder in biomedical terms. She shows how the stalling of early twenty century efforts in this direction allowed Freudians and social scientists to insist, with some justification, that they had better ways of analyzing and fixing minds. But when the Freudians overreached, they drove psychiatry into a state of crisis that a new "biological revolution" was meant to alleviate. Harrington shows how little that biological revolution had to do with breakthroughs in science, and why the field has fallen into a state of crisis in our own time. Mind Fixers makes clear that psychiatry's waxing and waning biological enthusiasms have been shaped not just by developments in the clinic and lab, but also by a surprising range of social factors, including immigration, warfare, grassroots activism, and assumptions about race and gender. Government programs designed to empty the state mental hospitals, acrid rivalries between different factions in the field, industry profit mongering, consumerism, and an unrestrained media have all contributed to the story as well. In focusing particularly on the search for the biological roots of schizophrenia, depression, and bipolar disorder, Harrington underscores the high human stakes for the millions of people who have sought medical answers for their mental suffering. This is not just a story about doctors and scientists, but about countless ordinary people and their loved ones. A clear-eyed, even-handed, and yet passionate tour de force, Mind Fixers recounts the past and present struggle to make mental illness a biological problem in order to lay the groundwork for creating a better future, both for those who suffer and for those whose job it is to care for them.

Manufacturing Depression
Gary Greenberg 2010-02-02 Am I depressed or just unhappy? In the last two decades, antidepressants have become staples of our medicine cabinets—doctors now write 120 million prescriptions annually, at a cost of more than 10 billion dollars. At the same time, depression rates have skyrocketed; twenty percent of Americans are now expected to suffer from it during their lives. Doctors, and drug companies, claim that this convergence is a public health triumph: the recognition and treatment of an under-diagnosed illness. Gary Greenberg, a practicing therapist and longtime depressive, raises a more disturbing possibility: that the disease has been manufactured to suit (and sell) the cure. Greenberg draws on sources ranging from the Bible to current medical journals to show how the idea that unhappiness is an illness has been packaged and sold by brilliant scientists and shrewd marketing experts—and why it has been so successful. Part memoir, part intellectual history, part expose—including a vivid chronicle of his participation in a clinical antidepressant trial—Manufacturing Depression is an incisive look at an epidemic that has changed the way that we have come to think of ourselves.

Psychiatry in Medical Practice
Prof David Goldberg 2014-04-23 This fully updated third edition of Psychiatry in Medical Practice takes into account major changes in medical education since 1994. New sections provide information on problem-based learning and observed structured clinical examinations. Divided into four sections, this book covers: clinical approaches to the patient syndromes of disorder disorders related to stages of the life cycle services, ethics and the law. As well as retaining the key features of the previous editions, this book includes two new chapters on risk assessment and the Mental Health Service. A handy portable reference card is also included; this has been updated to incorporate a scale for assessing cerebral impairment in the elderly, and a new assessment of suicidal risk scale. This highly practical book is an essential guide for all medical students and doctors in training who are involved with psychiatry. It is also a useful reference tool for those who are more experienced in the field.

Is evidence-based psychiatry ethical?
Mona Gupta 2014-06-12 Rated as one of the top 15 breakthroughs in medicine over the last 150 years, evidence-based medicine (EBM) has become highly influential in medicine. Put simply, EBM promotes a seemingly irrefutable, principle: that decision-making in medical practice should be based, as much as possible, on the most up-to-date research findings. EBM has been particularly popular within psychiatry, a field that is haunted by a legacy of controversial interventions. For advocates, anchoring psychiatric practice in research data makes psychiatry more scientific valid and ethically legitimate. Few, however, have questioned whether EBM, a concept pioneered by those working in other areas of medicine, can be applied to psychiatric disorders. In this groundbreaking book, the Canadian psychiatrist and ethicist Mona Gupta analyzes the basic assumptions of EBM, and critically examines its applicability to psychiatry. By highlighting the basic ethical tensions between psychiatry and EBM, the author addresses the fundamental and controversial question - should psychiatrists practice evidence-based medicine at all?

Adolescent Mental Health
Terje Ogden 2013-10-30 Adolescence is a period of rapid growth, maturing individuality, vulnerabilities and fortitude. Fortunately, most youths go through this period of life in a healthy way, but some do not. Adolescent Mental Health: Prevention and Intervention is a concise and accessible overview of our current knowledge on effective treatment and prevention programs for youths who have developed, or are at risk of developing, mental health problems. Ogden and Hagen's introduction to "what works" in the promotion of adolescent mental health addresses some of the most common mental health problems among young people, and how these problems might be prevented or ameliorated through professional and systematic efforts. The volume illustrates contemporary and empirically supported interventions and prevention efforts through a series of case studies, and covers some of the most prevalent mental health conditions affecting today's youth; externalizing, internalizing and drug use problems. Within an ecological and transactional framework, the book discusses how psychopathologies may develop and the risks and protective factors associated with these. The problem-oriented perspective on risk and mental health problems is combined with a focus on social competence and other protective factors. Adolescent Mental Health: Prevention and Intervention will be essential reading for students and practitioners in the fields of child welfare and mental health services, and any professionals working with adolescents at risk of developing mental health problems.

The Myth of Mental Illness
Thomas S. Szasz 2011-07-12 50th Anniversary Edition With a New Preface and Two Bonus Essays The most influential critique of psychiatry ever written, Thomas Szasz's classic book revolutionized thinking about the nature of the psychiatric profession and the moral implications of its practices. By diagnosing unwanted behavior as mental illness, psychiatrists, Szasz argues, absolve individuals of responsibility for their actions and instead blame their alleged illness. He also critiques Freudian psychology as a pseudoscience and warns against the dangerous overreach of psychiatry into all aspects of modern life.

Complex Disorders in Pediatric Psychiatry
David I. Driver and Shari Thomas of Healthy Foundations Group 2018-03-27 Get a quick, expert overview of complex childhood psychiatric disorders from Drs. David I. Driver and Shari Thomas of Healthy Foundations Group. This practical resource presents a summary of today's current knowledge and best approaches to topics from gender dysphoria to childhood onset schizophrenia and other complex psychiatric disorders. Comprehensive guide for any professional working with children. Consolidates today's evidence-based information on complex childhood psychiatric disorders into one convenient resource. Provides must-know information on evaluation and management. Covers a range of psychiatric disorders of children including drug-induced mania and psychosis, concussions, ADHD, technology addiction, sleep disorders, and eating disorders.

Helping the Addict You Love
Laurence M. Westreich, MD 2007-04-17 It's okay to love them. It's your right to help them. Addiction destroys people and can even end lives. When you know or suspect that someone you love is suffering from addiction you have two goals: getting your loved one into treatment and turning that treatment into full-fledged sobriety. Many addiction experts tell you that you have to disengage or risk being an enabler, a codependent bystander, in the wreckage of an addict’s life; that you have to cut all ties or be taken advantage of financially and emotionally; that you have to protect yourself from your loved one, who isn't the person you used to know. But many friends and family members find it unnatural, even impossible, to turn away from a person they love who is at his lowest point, and refuse to believe that their addict is lost to addiction. Backed by his years of experience, Dr. Westreich guides you through the process of getting the
addict you love on the road to treatment and recovery. He provides detailed scripts to lead you through pivotal conversations with the addict in your life, highlighting the words that he's found to be most effective and the words to avoid. With this book in hand, family and friends will know, for example, how to motivate their addict to recognize his problem based on the addict's own definition of what addiction looks like; how to “raise the bottom” that addicts so often must hit to a more acceptable level — such as embarrassment, job loss, or ill health; and when to use gentle disagreement, quiet listening, or forceful confrontation to move the addict toward treatment, while managing and protecting their own emotions. Dr. Westreich also shows you how to engage a therapist in the process and provides methods for combating an addict's defense mechanisms. By outlining several treatment options, he helps you to weigh what each can and cannot accomplish, which is the most effective treatment for the kind of addiction you are dealing with, what each treatment requires of the recovering addict and the friend or family member, and how successful each is. Dr. Westreich also takes care to discuss the kinds of special situations you may face when the addict in your life, in addition to having a substance abuse problem, is a minor, is pregnant, has mental or medical diseases, or has other issues that are likely to affect recovery. Helping the Addict You Love is the guide that so many loved ones of addicts have desperately needed. Dr. Westreich supports you through the emotional process of helping the addict you love, tells you it's okay to want to help, and teaches you how to do so.

**International Journal of Mental Health - 1981**

**The Challenge of Problem Based Learning** - David Boud 1991 This introduction to problem-based learning, a new method of business training which incorporates real life situations, explains how the method can be used in various professions, such as engineering, the health sciences, architecture, economics and the law.

**Psychological Medicine - 1979**

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