An Introduction To Ear Acupuncture
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Principles of Ear Acupuncture-Axel Rubach 2001

An invaluable reference and textbook for ear acupuncturists! A must for ear acupuncturists! This outstanding reference guide and textbook provides a comprehensive review of both the French (after Nogier) and Chinese schools of acupuncture. The book offers a detailed description of the anatomy and morphology of the ear, acupoints on the ear and their localizations, as well as specific points for ear acupuncture. Dr. Rubach, with over twenty years experience as a practitioner and teacher, provides valuable information in an easy-to-read, helpful format. You will learn how to use ear acupuncture safely and effectively. Large-format, graphic images are used to clearly show the location of points and the methods of auriculotherapy. The book includes answers to important everyday questions and is a treasury of practical information. Special features of An Introduction to Ear Acupuncture:

- A critical review of different methods of stimulation
- A practical compendium of the therapeutic point combinations
- Quick reference section on acupoints and localization
- A question and answer section for instant review
- The book includes special sections on the use of acupuncture in pregnancy, obstetrics, gynecology and dentistry. Filled with tips for daily practice and an excellent reference guide, this book is a must for students and ear acupuncturists. Axel Rubach, MD, is a naturopath and acupuncturist in private practice in Munich, Germany. He has been an acupuncturist for over twenty years and is one the most prominent lecturers in the German Society of Physicians for Acupuncture.

Auriculotherapy-Raphaël Nogier 2008

The Continuation of Paul Nogiers Findings

Auriculotherapy is based on proven correspondences between locations on the external ear and the internal organs and systems of the body. The ear acts like an input/output terminal in direct contact with the central nervous system. Information on viscerosomatic states can be accessed via visual clues, skin electro-conductivity, and pressure sensitivity at specific points. The first part of Raphael Nogiers Auriculotherapy shows how acupuncture needles, magnets, infra-red laser, and electrical frequencies are used in sophisticated and powerful therapeutic interventions.
that can be highly effective at restoring the homeostatic balance necessary for physical health and mental-emotional well-being. The second part introduces the principles and practice of Auriculomedicine, a true frequency medicine that evolved from Dr. Nogier's auriculotherapy, his discovery of the VAS (Vascular Autonomic Signal) in the pulse and his consequent observations of the diagnostic and therapeutic properties of radiant light frequencies on the skin. The material presented here builds on and updates the work of the authors' father, Dr. Paul Nogier, who scientifically explored and charted the auricular microsystems in the 1950s. The latter is widely credited with re-introducing the practical application of auricular acupuncture to China in the 1960s where the technique had fallen into disuse. The auricular location charts currently in use in China and the west are largely based on his findings. A serviceable, contemporary work for students of acupuncture as well as practitioners, offering clear and practical information to be applied directly for the benefit of patients.

The Conscious Healing of Pain-Nam Jeon 2011-04-30 This book explains how to manage emotional and physical pain with the conscious mind and ear reflexology. Introduction of acupuncture and ear reflexology is explained in the western science terms. Ear reflexology charts and treatment protocol introduced.

Auricular Medicine-Lichun Huang 2005 This book includes: comprehensive and careful classification of auricular points according to type and function; various methods of auricular diagnosis, comprehensive auricular diagnosis methods and differential diagnosis for common diseases; summary of the effects of auricular treatment for a large number of diseases and its fundamental aspect (introduction to the application of Auricular Therapy in the prevention of disease, improvement of good looks, and anti-aging); discussion of fundamentals of auricular diagnosis and treatment.

備急千金要方-孫思邈 2015-01-07 備急千金要方，簡稱千金要方或者《千金方》，是由孫思邈所著，共三十卷（《道藏》收入時析為93卷），二百三十二門，收集藥方五千三百首。撰於公元652年。該書有述有作，驗方經方兼備，是中國第一部理法方藥俱全的醫學巨著，是繼張仲景《傷寒雜病論》後中國醫學的又一次總結，被譽為中國歷史上最早的臨床醫學百科全書。《千金要方》汲取《黃帝內經》關於臟腑的學說，第一次完整地提出了以臟腑寒熱虛實為中心的雜病分類辨治法；搜集了唐以前許多醫論、醫方以及用藥、針灸等經驗，兼及服餌、食療、導引、按摩等養生方法，內容豐富，是中國唐代醫學發展中具有代表性的巨著，對後世醫學特別是方劑學的發展，有著明顯的影響和貢獻；並對日本、朝鮮醫學之發展也有積極的作用。日本於1974年成立千金要方研究所，特重新精印南宋本《備急千金要方》，並譽之為「人類
An Introduction to Ear Acupuncture


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PREFACE Several years ago, a patient consulted me, and requested 'aquapuncture'. This sounded more like an underwater sexual activity than anything else, but I confessed ignorance! Several more requests highlighted my complete lack of knowledge of this subject and stimulated me into activity.

Medical Acupuncture in Pregnancy-Ansgar Thomas Roemer 2011-01-01 More and more health care professionals in obstetrics and gynecology are turning to complementary medicine to enhance their patients' comfort and wellness. With an emphasis on medical acupuncture, this book offers busy practitioners an accessible guide to the myriad ways in which these time-tested methods can both enhance and ease a pregnant woman's experience - before, during, and after delivery. Medical Acupuncture in Pregnancy begins

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with a concise, yet thorough review of basic TCM principles and proceeds to cover treatments for hyperemesis, preterm labor, preeclampsia, dysfunctional labor, postpartum depression, dysmenorrhoe, migraine, infections and more! Whether as an introduction to the topic or as a handy clinical reference, this text is essential for obstetricians, gynecologists, midwives, acupuncturists, and nurses who want to optimize patient care options with Chinese medicine. Special features: High-quality illustrations showing the precise location of acupuncture points Detailed descriptions and diagrams of needling depth and direction Treatment rules and therapeutic guidelines Easy-to-access format for quick reference in a clinical setting A practice-oriented introduction to Qi gong Supplemental information on Chinese dietetics Basics of Acupuncture-Gabriel Stux 2012-12-06 Basics of Acupuncture, concise yet easy to read, is a unique introductory book, now in its 3rd edition. For the first time, Western science and medicine are combined with traditional Chinese concepts. This book includes an introduction to the philosophy and theory of traditional Chinese medicine, followed by a detailed account of diagnosis and description of the Chinese system of channels, functional organs, and the most important acupuncture points. In the medical chapter a more direct approach regarding the use of life force on the chakra levels has been adopted, and the description of the various disorders and their treatment expanded. This book was written by physicians for physicians and medical students and is characterized by a high degree of practical relevance: a must for everyone practising acupuncture!

Acupuncture-George T. Lewith 1998 Acupuncture, once regarded with scepticism in the West, has gained acceptance in recent years. In this book, George Lewith (a qualified doctor) presents an introduction to the subject of acupuncture.

Ear Acupuncture-Beate Strittmatter 2003 A novelty to the international market both in concept and realization, this pocket atlas allows the reader to both effectively learn and quickly reference ear acupuncture points. Clear, simple images accompany concise and "to-the-point" texts creating an educational tool for the localization of ear acupuncture points. The resourcefulness of the book is increased by the inclusion of the
projection of the body meridians onto the auricle according to Bahr. Besides, "prescriptions" of point combinations according to some indications are included. The reader will profit from the extensive international teaching experience of Beate Strittmatter. Through her former teacher, Frank Bahr, who cooperated directly with Dr. Paul Nogier, she stands in the direct tradition of the founder of Western auriculotherapy.

Pocket Atlas of Acupuncture and Trigger Points-Hans-Ulrich Hecker 2017-12-13 This concise pocket-sized acupuncture guide is what professionals have been asking for! It is the first pocket atlas to cover all the major body and ear acupuncture points, including extensive coverage of the trigger points. Detailed descriptions of the localization, needling depth, indications, and functions of each point are provided. The different schools of ear acupuncture (e.g., Chinese vs. Nogier), often a source of confusion for practitioners, are presented side by side, usually in full-page illustrations, enhancing this book's usefulness as a daily reference guide. The presentation of three acupuncture therapy systems follows a clear didactic concept: All points are shown in text and image, and the localization of the points is aided by means of anatomic drawings and photographs. Coming from diverse specialties, the authors provide you with the most complete, useful, and accurate information available. Acupuncture points are described using the "visual-didactic processing system," which is rapidly gaining praise and recognition for its easy-to-use format. The clearly written text is augmented by high-quality color images. Hecker's Pocket Atlas of Acupuncture and Trigger Points is ideal as a quick reference in your daily practice or as an exam preparation guide. This wealth of information makes it invaluable to experienced practitioners and to novices alike.

Introduction to Acupuncture and Moxibustion-Ren Zhang 2013 Acupuncture and moxibustion are one of the most important contributions our ancestors have made to humankind. In the narrow sense, acupuncture and moxibustion refer to medical therapy, whilst broadly, they are an integral science consisting of four subdisciplines: the subject of meridians and acupoints, the subject of acupuncture and moxibustion techniques, the subject of acupuncture and moxibustion therapy, and the subject of experimental acupuncture.
Characteristics TCM Therapy for Common Diseases-Yiguo Chen 2009 "This writing is composed of two chapters. Chapter one is an introduction to filiform needle, moxibustion therapy and precautions. It briefly recommends the scalp acupuncture, ear acupuncture, cutaneous needle, cupping therapy and other characteristic therapy of TCM. Chapter two explains the clinical uses of the therapy introduced above. This part contains more than twenty kinds of common diseases and their treatment, which are all the superiority of TCM therapy. The reason why the writing is practicable is that it contains human body anatomical drawings for the purpose of well understanding and easy to operate, as well as, fully embodies the culture feature of TCM. The writing is suitable for the students and professional acupuncturists."-- summary.

Modern Chinese Ear Acupuncture-Ping Chen 2004 This useful and well-organised text presents a great deal of information that can quickly be adapted for clinical facility. It precisely lays out the indications and applications for ear acupuncture, the characteristics of point selection, and the principles of prescription formation. Using charts and descriptions, anatomical areas and points on the external anterior and posterior surface of the ear are described and depicted. Each is identified with an English name and the international standard nomenclature for point reference. The distribution patterns and classification, and standard names, locations, and indications for roughly 87 ear points are provided. The theoretical basis and methods of ear diagnosis, including inspection, palpation, and electrical detection are described. Diagnostic indicators for 100 commonly seen internal and external diseases, OB/GYN diseases, dermal diseases, and EENT disorders are delineated. A variety of therapeutic methods are covered: seed acupressure, filiform needling, intradermal needle implantation, electroacupuncture, plum blossom needling, bloodletting, medicine injection, ear moxibustion, ear massage, medicated plasters, and magnet therapy. There is an extensive section dealing with treatments for more than 132 common disorders. Each includes a treatment prescription (primary and supplementary points), therapeutic methods (listed above, and selected according to appropriate indications), and clinical notes. Case studies with commentaries, from the clinical records of Dr. Yang Yun Bi, a physician at
Huang Shan Medical School in Anhui Province, PRC, have been included where they correspond to the disorders presented.

Clinical Introduction to Medical Acupuncture-Stephen K.H. Aung 2011-01-01 This introductory text presents a systematized and in-depth clinical approach to medical acupuncture. Covering basic concepts in anatomy, physiology, and pathology, Clinical Introduction to Medical Acupuncture will give practitioners the confidence to apply acupuncture and ancillary techniques, such as needling, moxibustion, cupping and electroacupuncture, to treat a wide range of acute and chronic diseases and conditions. Features: Succinct descriptions of theory and points Tips on using anatomical landmarks to ensure precise point localization Clinical pearls on how to apply techniques for common conditions Clear illustrations and comprehensive tables that synthesize key information on indications, acupuncture points, and treatment plans, ideal for quick review and reference Short self-study quizzes for each topic and a comprehensive final exam that help the practitioner identify areas requiring additional study Discussion of the importance of self-care and cultivation, Qi Gong, and other techniques to enhance healing This book will benefit not only acupuncturists and complementary medicine practitioners, but also Western medical practitioners in family medicine, physical and rehabilitation medicine, pain medicine, neurology, oncology, rheumatology, gynecology, dentistry and other specialties. Practitioners studying for certification and licensing exams in medical acupuncture will also find this book an indispensable tool.

World Century Compendium to TCM-Hong-Zhou Wu 2013-07-23 0Keywords:Natural Therapy;TCM;Acupuncture;Moxibustion

Micro-Acupuncture in Practice-Yajuan Wang 2008-05-14 Unique and comprehensive, this resource thoroughly discusses the various micro-acupuncture systems with clear and clinically useful information for practice, including styles of practice throughout the world, overviews of each system, and treatment for common disorders. All micro systems are covered, including information on point locations and functions. Treatment protocols are given for more than 50 common diseases and conditions, providing the tools necessary for the
most effective treatment of patients. The books readability, evidence-based approach, excellent organization, detailed illustrations, comprehensive coverage of all micro-systems, and practical therapeutic treatment guidelines for commonly seen conditions make it an essential for anyone treating patients with acupuncture. Covers all micro-acupuncture systems, including point locations and functions, providing you with a wide variety of clinical tools - all in one reference. Treatment protocols for more than 50 conditions, listed alphabetically for quick reference. Logically organized, with consistent coverage of introductory material, micro-systems, and treatment protocols. Clear and detailed illustrations and photos that show locations of acupuncture points and each micro-system’s relationship to the body, enhancing your understanding of treatment techniques. Based on current research with evidence behind the systems to ensure you are using the most authoritative information in the field. Author Yajuan Wang, an instructor at a major naturopathic university, has more than 20 years of clinical experience.

Introduction to Acupuncture Anesthesia-William C. Lowe 1973

Auriculotherapy Manual-Terry Oleson 2014

Auriculotherapy Manual: Chinese and Western Systems of Ear Acupuncture provides a comprehensive guide to the practice of Chinese and Western systems of ear acupuncture. This impressive new edition utilizes 3-D models of the external ear, as well as 3-D anatomical images, to demonstrate the somatotopic relationship between particular parts of the body and specific regions of the auricle. This is the first ear acupuncture text that has incorporated 3-D technology in order to present amazing images of the auricle which precisely indicate ear acupoint positions. The book offers in-depth evaluation of the theoretical and clinical underpinnings of auriculotherapy, describing and illustrating over 200 ear acupuncture points and more than 200 auriculotherapy treatment protocols for clinical disorders ranging from chronic pain to substance abuse to visceral and neurological disorders. There are an expanded number of auricular landmarks that are utilized to guide the practitioner in accurately determining the precise location of hidden ear points on the 3-D model. These landmarks further reveal the varied depth perspectives of the external ear. The ear reflex points presented in this manual are based upon systematic research.
conducted at the UCLA Pain Management Center and upon the extensive clinical findings of medical doctors and acupuncturists in China and Europe over the past 50 years. Scientific and clinical information from the most recent international symposia of auricular acupuncture have been used to update the scientific and clinical knowledge presented in this fourth edition. Each chapter is organized in same basic order, beginning with an introductory overview, progressing to the main topics in the chapter, and ending with a section listing a definition of terms and a set of preparatory sample questions. The book is concise and clear enough for students yet provides sophisticated clinical approaches to allow the experienced practitioner to enhance and complement their existing treatment strategies.

Xuanyuan auricular acupuncture and clinical applications-Yifang Tian 2017-05-05 This book introduces the complete Xuanyuan auricular Jingluo system and the 50-meridian differentiation pattern. This pattern enables practitioners to differentiate, and then utilize, 50 meridians in their clinical practice, augmenting the 14-meridian pattern that has been used since the Yuan dynasty. Throughout the book, the author has created the images of the Xuanyuan auricular Jingluo system, illustrating the origin of meridians in the ear, the direction of the energy flow of meridians, and the connection between the ear and macro (body) meridians. Included are images of the big Collateral of the Spleen, the Jiaji Mai, the Chong Mai, and the Collaterals of Du Mai, Ying-qi, and Wei-qi, which have never before been delineated. The clinical applications for various illness and disorders, as well as challenging problems facing modern patients, are explained in Chapters 3 and 4, with step-by-step guidelines to master the clinical approach and treatment. In summary, this book represents an innovative development in Traditional Chinese Medicine and in the Jingluo system as outlined in the classic texts of the Nei Jing and Nan Jing.

Acupuncture Medicine-Yoshiaki Omura 2003-01-01 Starting with historical background, including the origins and meanings of concepts essential to the practice of acupuncture, the text proceeds to a discussion of the anatomical and pathophysiological concepts of Oriental medicine, concluding with a detailed review of diagnostic methods. A practical guid for lay practitioners as well as healthcare professionals. 114 black-and-
Acupuncture-Gabriel Stux 2012-12-06 Following an introduction to the philosophical and theoretical background of traditional Chinese medicine, the diagnostic system is presented: the Chinese system of channels and functional organs, the significance of points and point categories, methods of needling and moxibustion. There is a chapter on treatment based on western diagnosis.

Soothing the Troubled Mind-Baiceng Lou 2000 This informative text provides an introduction to schizophrenia and a review of the Traditional Chinese Medicine (TCM) treatments being used in treating both schizophrenia and other mental diseases. Rather than focusing on how to carry out acupuncture and TCM, it examines the best way to apply treatments. Covering both the Western biomedical diagnosis and the essentials of Chinese differential diagnosis, treatment protocols are provided for each condition. A controversial text whose basic message is that TCM has much to offer for the future of psychiatric medicine.

Acupuncture Therapeutics-Bing Zhu 2011-04-15 Acupuncture can be a very effective way of strengthening the body's resistance to illness, and of eliminating potentially harmful pathogens. This book provides a complete overview of the principles involved in distinguishing between different syndromes of illness in patients, and of selecting and administering appropriate treatments. The book describes the functions of acupuncture within the wider context of traditional Chinese medicine, and explains the principles involved in identifying and treating different illnesses and complaints. A large portion of the book is devoted to describing how to diagnose and treat more than 130 different conditions, including headaches and angina, asthma, depressive disorders, dementia, and acne. This comprehensive textbook, compiled by the prestigious China Beijing International Acupuncture Training Center (CBIATC), under the editorial directorship of leading Chinese practitioners Zhu Bing and Wang Hongcai, is an invaluable reference for the advanced student or practitioner of traditional Chinese medicine.

Chinese Auricular Acupuncture-Skya Abbate 2003-10-16 In classical Chinese medicine, the ear is considered an extraordinarily powerful nexus of energy through which the entire body can be treated. Unlike numerous
texts that apply Western approaches to Eastern medicine, Chinese Auricular Acupuncture explains ear acupuncture within the framework of traditional Oriental energetics consistent with the use of the medicine. Written by an esteemed practitioner and teacher of auricular acupuncture, this modern, user-friendly guide provides students and practitioners with a concise manual on ear acupuncture. High-quality photos illustrate common ear pathology and include instruction on diagnosis. The text features Chinese clinical energetics of ear acupoints interfaced with the most common diagnostic paradigms. It also contains a detailed discussion of how to construct prescriptions tailored to the patient rather than the disease process. This unique book simplifies the art of auricular acupuncture by relying solely on the traditional Chinese ear map rather than a set of complex charts and systems. This approach explains the practical utilization of auricular therapy in a manner that is memorable, clinically useful, and based on the underpinnings of an education in traditional Chinese medicine.

The Treatment of Disease in TCM: Diseases of the eyes, ears, nose & throat-Philippe Sionneau 1996


Acupuncture for Emergencies-Martin Wang 2018-08-09 Acupuncture is one of the therapies in Chinese medicine. It has been used for thousands of years for the treatment of various diseases. It is getting known by people in Western countries that it is useful for chronic diseases, such as chronic arthritis, migraine, diarrhea, but it can actually also be used for the treatment of many severe and emergent conditions, such as shock, coma, heavy bleeding, stroke, drowning, CO toxic, etc. Though the conventional medicine is good at saving life in emergency room, but it cannot prevent a later terrible trouble, such as a persistent vegetative status of the survivor, and it needs complex equipments to work. We believe that the combination of the conventional and the traditional ways would work better to solve emergency conditions faster and more efficient. This book intends to give an introduction for how acupuncture is used in these emergency conditions.

Auricular Acupuncture Diagnosis-Marco Romoli 2009-10-20
Facial Enhancement Acupuncture—Paul Adkins 2013-10-31 Based on Five Elements theory, this practical, fully illustrated guide to performing facial enhancement acupuncture (also known as cosmetic acupuncture, facial revitalisation or facial rejuvenation acupuncture) shows in detail the acupuncture points, techniques and equipment used in this procedure. Facial enhancement acupuncture targets points and muscles of the face in order to improve the elasticity of the skin and general overall appearance, as well as addressing constitutional points on the legs, arms and body to balance and harmonise the inner elements. The author clearly explains the rationale behind the needling of each face and neck point, which are shown in colour illustrations. He also discusses the advantages of acupuncture over surgical intervention in dealing with wrinkles and sagging jaw lines, and a chapter is included on discussing treatment with prospective patients, follow up and after care. As well as significantly improving the cosmetic appearance, facial acupuncture also has a strong whole body effect on the health and wellbeing of the person treated, and has a long and distinguished history in Chinese medicine. The book is the perfect introduction for acupuncturists and acupuncture students who want to learn how to incorporate this alternative to surgical procedures into their practice.

Acupuncture in Clinical Practice—Nadia Ellis 2013-12-14
Ear Acupuncture and Parkinson—Lise Couture 2012-03-20 Lise Couture has been in the field of Ear Acupuncture for the last twenty seven years and her work is known in many countries including Canada, France, Argentina, Uruguay, U.S.A., Spain and many others by the token of the conferences she gave at the Lyon Symposium in 1994 and in 2006. She was also a guest speaker at the First Chinese Symposium in Toronto in May of 1986. In 2006, she heard about Dr Ulrich Werth’s method with the implants in the ears for treating Parkinson’s. It reminded her Dr Paul Nogier’s words in one of the Auricular Magazines. One day, while treating a man in his clinic, he related that he would have liked to cribble the point with many needles rather than only one: the situation was really chronic and the patient needed help. In her practice she had experienced that feeling too and she is amazed that Dr Werth came out with those micro implants inserted in different points of the ear to stop or slow down the destructive process of the Parkinson’s. D. Lise is now in her
third year of practice and research in the field of Ear Acupuncture and Parkinson. At the same time, she keeps treating her regular patients, but at a lower rhythm. Like Dr Paul Nogier, she is all ears to the stories of her patients. The answer of the healing is in their life experiences. That is her truth and living passion. If she can have you walk, she’ll do it! D. Lise lives in Ottawa with her son Dannie and husband Michel André Beauvolsk, since 1992.

Auricular Therapy-Bryan L. Frank 2006

Although most of the world approaches Auricular Therapy from a simplistic single-phase model, understanding the advanced Phases 2 and 3 are critical to improving patient response, especially in chronic, inflammatory and degenerative conditions. Further, understanding the concepts of advanced Auricular Therapy enables the clinician to enhance his/her understanding of the patient's pathophysiology and thus to approach the patient as a true clinician rather than as simply a technician.

Electric Acupuncture-Ryoichi Gunji 1973

Single Point Acupuncture and Moxibustion for 100 Diseases-Decheng Chen 2010

"Single Point Acupuncture and Moxibustion for 100 Diseases" is a comprehensive yet easy-to-follow guide to the clinical application of single point acupuncture and moxibustion therapy, with a special emphasis on methods and needle techniques. Single point acupuncture and moxibustion therapy differs from other forms of acupuncture in that only one point is selected during each session. The single point technique is noted for its quick therapeutic response and exceptional results, despite using far fewer points than traditional acupuncture therapy. It is a simple technique for practitioners to master, and patients are quick to extol the virtues of the single-point approach. Author Dr. Decheng Chen describes in detail how to treat one hundred of the most common clinical ailments, including headaches, neck pain, hypertension, and even the common cold. Dr. Chen uses both Western and traditional Chinese medical theory to describe his treatment methods. Each section consists of an introduction to the disease, a detailed explanation of the needle technique used, a case study of the treatment, and a discussion. With its easy-to-use format and step-by-step instructions, "Single Point Acupuncture and
Moxibustion for 100 Diseases" is the definitive single point acupuncture guide for teachers, students, and acupuncture practitioners alike.

Clinical Acupuncture-Gabriel Stux 2011-06-28 Acupuncture is rapidly moving out of the arena of "alternative" medicine, in large part because it is grounded more firmly than other alternative treatments in research. This book provides readers with the up-to-date information on the clinical bases of acupuncture.

Acupuncture-Marcelo Saad 2011-10-10 Acupuncture and related techniques are useful tools for treating a spectrum of diseases. However, there are still many areas of controversy surrounding it. We hope this book can contribute to guide the advance of this ancient medical art. In the present work, the reader will find texts written by authors from different parts of the world. The chapters cover strategic areas to collaborate with the consolidation of the knowledge in acupuncture. The book doesn't intend to solve all the questions regarding this issue but the main objective is to share elements to make acupuncture more and better understood at health systems worldwide.

Basics of Acupuncture-Gabriel Stux 2012-12-06 We are very pleased that it has become necessary after such a short time to publish a new edition of this handy guide to acupuncture, which is intended to combine practicality with an affordable price. It, just like the first edition, is based on our larger Acupuncture Textbook and Atlas, but we have taken this opportunity to revise and update the text. For example, several scientific advances have been included in Chapter 2 (e.g., findings of recent studies on drug addiction, antiemetic effects, and urogenital efficacy). In response to numerous requests we have added a detailed account of traditional Chinese medicine (TCM) in Chapter 8. Although most practitioners in the West have been using "scientific" acupuncture (e.g., stimulating peripheral nerves to release endorphins), a growing number are now trying TCM approaches. The mechanism of action of TCM is unknown: the method is based on empirical phenomenology and pattern recognition rather than cause-and-effect logic. Nevertheless, double-blind, controlled scientific trials are required to determine whether TCM is more effective than "scientific" acupuncture. Scientific assessment of TCM in controlled clinical trials is possible even in the absence of a
scientific explanation of its mechanism of action, i.e., even if we do not know how it works. Many successful
Western medical procedures are empirical; for instance, gaseous anesthetics are used widely although we do
not understand how they work.
Introduction to Western Acupuncture-Marguerette E. Davis 1975
Fundamentals of Chinese Acupuncture-Andrew Ellis 1991 Introduces the principles and techniques of the
ancient Chinese healing art of acupuncture

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