

Kabbalah An Illustrated Guide To The Jewish Mystical Experience

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Jewish Mystical Autobiographies

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The Gift of Kabbalah

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The Shambhala Guide to Kabbalah and Jewish Mysticism

Kabbalah

Awakening to Kabbalah

Understanding the Mysteries of Kabbalah: Exploring the Ancient Esoteric Heart of Jewish Mysticism

Kabbalah Handbook

Jewish Mysticism

Kabbalah: A Guide for the Perplexed

The Way Into Jewish Mystical Tradition

A Kabbalah and Jewish Mysticism Reader

The Holy Kabbalah

Kabbalah's Secret Circles

Zohar

The Early Kabbalah

Through a Speculum that Shines

Kabbalah and Jewish Mysticism

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A Guide to Hidden Wisdom of Kabbalah

The Way Into Jewish Mystical Tradition

The Mystic Quest

The Mystical Experience in Abraham Abulafia

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What is the Kabbalah An Illustrated Guide To The Jewish Mystical Experience?

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2017-01-01 Robert E. Zucker Discover the many lost and forgotten secrets of the Kabbalah through the words of famous rabbis and authors throughout history. Follow a historical time line of Judaic mysticism and learn the basic principles of the Kabbalah. Devise your own Kabbalah Wheel to spin the legendary 231 Holy Gates of combinations and permutations, as described in the ancient book on Jewish mysticism- the Sepher Yetzirah (also known as The Book of Formation or Book of Creation).

1969 Joshua Abelson

2003-03 Tamar Frankiel The first comprehensive, down-to-earth introduction to explain the primary message of Kabbalah--that we are to become like God. Unlike the faddish books that just discuss Kabbalah as a magical system, or those that treat it as if it were separable from Judaism, this inspiring book makes accessible the mysteries of Kabbalah with thorough scholarship and depth of spiritual insight. It traces the evolution of Kabbalah in Judaism and sets forth its most important gift: a way of revealing the connection that exists between our "everyday" life and the spiritual oneness of the universe. Including hands-on "personal Kabbalah" exercises that help bring the teachings into your life, *The Gift of Kabbalah* explores: Healing from the Source Holiness in the Ordinary Contemplating Your Place in History Building a Positive Structure for Life The Soul's Contract with God ... and much more.

2011-10-29 Rabbi Lawrence A. Hoffman, PhD An accessible introduction to the concepts of Jewish mysticism, their religious and spiritual significance, and how they relate to our lives. *The Way Into Jewish Mystical Tradition* allows us to experience and understand mysticism's inexpressible reverence before the awe and mystery of creation, and celebrate this rich tradition's quest to transform our ordinary reality into holiness.

2011-10-27 Pinchas Giller *Kabbalah: A Guide for the Perplexed* is a concise and accessible introduction to the major elements of the prevalent metaphysical system of Judaism, Kabbalah. The book covers the historical and theoretical essence of Kabbalah, offering a clear definition of the term and the limitations of what Kabbalah is and is not. Pinchas Giller provides an overview of the history of the movement, reflecting the sweep of Jewish history as a whole, and examines its metaphysical system, the advanced mythos of early and later Luria, doctrines of the soul, and the mysteries of Jewish religious practice and law. The book concludes with a summary of the contemporary kabbalistic phenomena, particularly in light of the notoriety of some modern purveyors of Kabbalah. As cogent and objective as possible, this is the ideal companion for those wishing to gain a sound understanding of this often perplexing mystical aspect of Judaism.

2006-03 Dan Cohn-Sherbok Kabbalah is often associated with pop-stars, their distinctive red wrist bands, and media scepticism. In this fascinating work, Dan Cohn-Sherbok bypasses

the hype, exploring the mystical tradition's spiritual and textual development from the early rabbinic period to the present day.

2015-01-01 Shahar Arzy "In this original study, Moshe Idel, an eminent scholar of Jewish mysticism and thought, and the cognitive neuroscientist and neurologist Shahar Arzy combine their considerable expertise to explore the mysteries of the Kabbalah from an entirely new perspective: that of the human brain. In lieu of the theological, sociological, and psychoanalytic approaches that have generally dominated the study of ecstatic mystical experiences, the authors endeavor to decode the brain mechanisms underlying these phenomena. Arzy and Idel analyze first-person descriptions to explore the Kabbalistic techniques employed by most prominent Jewish mystics to effect bodily reduplications, dissociations, and other phenomena, and compare them with recent neurological observations and modern-day laboratory experiments. The resultant study offers readers a scientific, more brain-based understanding of how ecstatic Kabbalists achieved their most precious mystical experiences. The study further demonstrates how these Kabbalists have long functioned as pioneering investigators of the human self"--

1977-07-07 David S. Ariel *The Mystic Quest* explains the major ideas and concepts of Jewish mystical thought in a way that the general reader can clearly understand. Drawing upon his own extensive research as well as on the growing body of scholarly material on the subject, Dr. David Ariel, president of the Cleveland College of Jewish Studies, presents the extremely difficult and complex elements of Jewish mysticism in language that makes it accessible to the layperson. Jewish mysticism is as old as the Bible itself. It is a rich and subtle web of secret teachings and practices that has been part of Judaism since antiquity and has sought to keep the original spark of religious experience alive through the centuries. It is the relatively unknown, esoteric dimension of Judaism that has nourished a deep spiritual power within a tradition of law, ritual, and observance. A central element in Judaism, the "mystic quest" has shaped both Judaism and Jews throughout history, generating the kabbalistic tradition and Hasidism, which continue to thrive today. As Ariel says, "This book is concerned primarily with the development and meaning of the Kabbalah, the principal tradition of mystical Jewish thought." *The Mystic Quest* begins with an examination of the variety of phenomena known in different cultures as "mysticism." Ariel then located the Jewish mystical tradition within the context of Jewish history and traces its evolution throughout the ages. Jewish mystical theories about the hidden and revealed God, the feminine aspects of divinity, the mystical Torah, and the concepts of the soul and human destiny are then explored in detail. Finally, the author considers Hasidism and modern Jewish mystical thought, discussing the role of mysticism in contemporary Judaism. In language accessible to the beginner, yet sophisticated enough to captivate the advanced student, *The Mystic Quest* fills an important gap in our knowledge of mysticism by bringing a comprehensive and

fresh understanding of the subject to a new generation of

1986 Joseph Dan Here are previously unavailable texts, including *The Book Bahir* and the writings of the Iyyum circle, that were written during the first one hundred years of this movement that was to become the most important current in Jewish mysticism. This movement began in the late 12th century among Rabbinic Judaism in southern Europe.

1994 Elliot R. Wolfson Judaic scholar Elliot Wolfson's triple award-winning study examines Jewish mystical texts from late antiquity, pre-kabbalistic sources from the 10th to the 12th centuries, and 12th- and 13th-century kabbalistic literature, describing Jewish mysticism and the overwhelmingly visual nature of religious experience in Jewish spirituality from antiquity through the late Middle Ages.

2007-10-18 Gabriella Samuel A comprehensive single-volume reference guide to the terms and ideas of Kabbalah by a longtime teacher of Jewish mysticism -perfect for the serious student and newcomer alike. People of all faiths and backgrounds are drawn to the inspiration, knowledge, and spiritual insight that Kabbalah offers. But too often writings on Jewish mysticism are impenetrable for the novice, overly simplified for the advanced student, or misrepresent and sensationalize Kabbalistic practice. *The Kabbalah Handbook* is the first comprehensive single-volume Kabbalah reference guide that is indispensable for Kabbalah students of every level. *The Kabbalah Handbook* features: - more than five hundred key terms and concepts in straightforward, easy-to-read definitions and thorough, well-researched discussions; - Hebrew, English, and Hebrew transliteration for each item; - the language of origin for each term; - a discussion of all sides of differing opinions within Kabbalistic philosophy; - pronunciation guides; - nondiscriminatory, gender-neutral language; - important historical information; - extensive cross-referencing that enables readers to find all terms, whether they are looking up a word in English or transliterated Hebrew; - twenty-eight original and innovative illustrations; - thirty-two tables and charts that organize and break down unwieldy material into manageable items; and - appendices covering topics such as the 613 Mitzvot (biblical commandments), the lunar calendar, and the sacred names of God.

2006 Byron L. Sherwin *Kabbalah: An Introduction to Jewish Mysticism* is a clear, accessible 'primer' and introduction to the major teachings of the Jewish mystics, to various dominant forms of Jewish mystical experiences, as well as to many of the significant texts that constitute classical Jewish mystical literature, and to their authors. Rather than provide an historical approach, this introduction to Jewish mysticism delineates five 'models' of Jewish mystical theology and experience: Normal Mysticism, Mystical Intimacy, Addressing God's Needs, Drawing Down Divine Grace, and Prophetic Kabbalah. Sherwin not only presents primary texts in translation, but also offers an explanation of each selection and provides a bibliography for

further study.

1997-11-01 Bruce Halev Kabbalah is the mystical tradition within Judaism that expresses the archetypal structures of the cosmos, society and the individual psyche. Once reserved for the initiated whose lives were devoted to achieving enlightenment, Kabbalah's ancient wisdom is now available to all who wish to ascend the spiritual ladder.

1998-01-20 Perle Besserman Jewish mystics from biblical times to the present have explored the hidden secrets of the Torah in quest of a single goal: to lose the self in the Infinite "Nothingness" (Ein Sof) and be at one with God. In language accessible to the layperson, this Shambhala Guide provides a detailed introduction to the complex world of Kabbalah and Jewish mysticism. With an extensive background in meditation practice, Perle Besserman emphasizes Kabbalah's spiritual disciplines, grounded in righteous living, devotional practices, and meditation. She discusses the Kabbalistic universe, including the four worlds and ten sefirot; Jewish meditation techniques and instructions for beginning meditation; mystics and teachers from Rabbi Akiva and the Baal Shem Tov to Aryeh Kaplan; the often uneasy relationship between Kabbalah and mainstream Judaism; and applying the ancient wisdom of Jewish mysticism to life in the world of today.

2016-04-01 Daniel M. Horwitz An unprecedented annotated anthology of the most important Jewish mystical works, *A Kabbalah and Jewish Mysticism Reader* is designed to facilitate teaching these works to all levels of learners in adult education and college classroom settings. Daniel M. Horwitz's insightful introductions and commentary accompany readings in the Talmud and Zohar and writings by Ba'al Shem Tov, Rav Kook, Abraham Joshua Heschel, and others. Horwitz's introduction describes five major types of Jewish mysticism and includes a brief chronology of their development, with a timeline. He begins with biblical prophecy and proceeds through the early mystical movements up through current beliefs. Chapters on key subjects characterize mystical expression through the ages, such as Creation and *deveikut* ("cleaving to God"); the role of Torah; the erotic; inclinations toward good and evil; magic; prayer and ritual; and more. Later chapters deal with Hasidism, the great mystical revival, and twentieth-century mystics, including Abraham Isaac Kook, Kalonymous Kalman Shapira, and Abraham Joshua Heschel. A final chapter addresses today's controversies concerning mysticism's place within Judaism and its potential for enriching the Jewish religion.

2012-02-01 Moshe Idel This book represents the first wide-scale presentation of a major Jewish mystic, the founder of the ecstatic Kabbalah. It includes a description of the techniques employed by his master, including the role of music. There is a discussion of the characteristics of his mystical experience and the erotic imagery by which it was expressed. Based on all the extant manuscript material of Abulafia, this book opens the way to a new

understanding of Jewish mysticism. It points to the importance of the ecstatic Kabbalah for the later developments in mystical Judaism.

2004-04 Lawrence A. Hoffman An accessible introduction to the concepts of Jewish mysticism and how they relate to our lives. Allows us to experience mysticism's inexpressible reverence before the mystery of creation and celebrate the quest to transform ordinary reality into holiness.

2006-01-01 Michael Laitman An awe-filled introduction to an ancient wisdom tradition. Provides you with a deeper understanding of the fundamental teachings of Kabbalah, and how you can use this wisdom to clarify your relationship with others and the world around you.

2012 Tim Dedopulos For centuries the Kabbalah was considered too sacred for the general public. Now it is becoming widely known and studied. This is a general introduction to the heart of Jewish mysticism for the novice - as well as a comprehensive guide for the experienced.

2021-02-07 Mari Silva Do you find yourself drawn to the mystical Kabbalah? Are you a beginner, seeking to understand what this wonderful, Kabbalistic way of life is all about? Perhaps you're seeking more information about Jewish mysticism? Whatever the case, this book will show you the very basics about Kabbalah, the essential philosophies that form the foundations of Jewish mysticism, and how you can apply this knowledge to your life. In this book, you'll learn: What the Kabbalah is (and what it isn't!) The Hermetic Qabalah, and its fundamental principles The core Kabbalistic concepts you need to know to get your practice right The angels that are most relevant to the practice of Kabbalah Kabbalah and its divine connection to the stars The difference between the knowable and unknowable Divine The five levels of your soul and how we ascend them and descend them The sacred Kabbalistic texts that form the main source of your Kabbalistic knowledge And lots more! With this handy guidebook as your starting point, you can finally take the plunge into your practice of Kabbalah. You will find this book to be a refreshing one, as you learn that you don't have to be a rabbi, or know how to speak fluent Hebrew or Aramaic, or even be a Jew before you enjoy the light of the Kabbalah in your life. Before you read any other book, use this one as a launchpad, and you won't have to deal with the confusion that most beginners often experience when reading other texts. Click the "add to cart" button to learn how to follow the way of Kabbalah.

2018-08-21 Perle Besserman Unraveling the web of ancient traditions hidden in such texts as the Sefer Yetzirah and the Zohar, this book traces history and offers an accessible introduction to understanding Kabbalah and its practices. Jewish mysticism has flourished—sometimes brilliantly, sometimes darkly—over five thousand years. This pioneering, popular text on Jewish mysticism was the first written for a general audience, and in it, Perle Besserman offers a lively and

accessible introduction to the methods, schools, and practitioners of this intriguing world. She traces the history of Kabbalah through the lives of its illustrious scholars and saints and unravels the web of ancient traditions hidden in such texts as Sefer Yetzirah and the Zohar. Running through these pages are the words of the outstanding Kabbalists and mystics—including Simeon bar Yohai, Isaac Luria, Abraham Abulafia, and the Baal Shem Tov—giving instructions on practices ranging from contemplation of the Bible's secret teachings to ritual, ecstatic prayer, and intensive meditation.

2001-02-13 Perle Epstein Unraveling the web of ancient traditions hidden in such texts as the Sefer Yetzirah and the Zohar, this book traces history and offers an accessible introduction to understanding Kabbalah and its practices. Jewish mysticism has flourished—sometimes brilliantly, sometimes darkly—over five thousand years. This pioneering, popular text on Jewish mysticism was the first written for a general audience, and in it, Perle Besserman offers a lively and accessible introduction to the methods, schools, and practitioners of this intriguing world. She traces the history of Kabbalah through the lives of its illustrious scholars and saints and unravels the web of ancient traditions hidden in such texts as Sefer Yetzirah and the Zohar. Running through these pages are the words of the outstanding Kabbalists and mystics—including Simeon bar Yohai, Isaac Luria, Abraham Abulafia, and the Baal Shem Tov—giving instructions on practices ranging from contemplation of the Bible's secret teachings to ritual, ecstatic prayer, and intensive meditation.

1997 Elizabeth Clare Prophet "Elizabeth Clare Prophet's book is a masterpiece. The rich tradition of the Kabbalah comes to life in a language that is accessible even to those unfamiliar with this ancient and classic tradition."--Caroline Myss, Ph.D., author of "Anatomy of the Spirit."

2003-01-01 A. E. Waite This comprehensive and well-documented guide to the arcane Jewish tradition of mysticism was written by one of Britain's foremost writers on occult subjects. Waite's extensive and lucid history embraces the literature of the Kabbalah (including the Sefer Yetzirah and Zohar and their central ideas), its foremost interpreters, its impact on Christian scholars, and its reputation as "the secret tradition."

2003-01-01 Rav Michael Laitman An important goal in the study of Kabbalah is to use one's knowledge to influence one's destiny. Firstly, one has to realise what life is, what its meaning is, why it is given to us, where it begins, and where it ends. After pondering and meditating on the above questions, one has to relate all this to Kabbalah. Kabbalah states that the Creator created all the worlds simultaneously, including our world, and we human beings have to use Kabbalah in our world, the finite material world. In order to further advance our understanding of the wisdom of Kabbalah, we need to lift our mind's eye above the horizon of our material world. Kabbalah clarifies our perception of reality. What we see around us is

subjective and exists only in relation to ourselves. Our perception depends on our organs of sensation: if they were different, we would perceive another world around us. This book provides the reader with a solid foundation for understanding the role of Kabbalah in our world. The contents was designed to allow individuals all over the world to begin traversing the initial stages of spiritual ascent toward the apprehension of the upper realms.

1979

2012 Maggie Whitehouse Offers concise and practical insight into the foundations of Kabbalah and explores how it aims to deepen our connection with the universe and contribute to the search for awareness and true enlightenment.

1999 Morris M. Faienstein Here are first-time English translations of the autobiographical works of two important and influential Jewish mystics. In *The Book of Visions* Rabbi Hayyim Vital (1542-1620), foremost disciple of R. Isaac Luria, describes his mystical experiences in great detail. In *The Book of Secrets*, Rabbi

Yizhak Isaac Safrin of Komarno (1806-1874) recounts incidents in his life and visionary experiences.

2006 David S. Ariel Today, many people from all faiths are exploring the Kabbalah. What was once controversial and esoteric teachings from medieval Jewish mystics now is becoming one of the latest spiritual trends sweeping across America. The book has a completely revised introduction and several substantially revised chapters, making key ideas less abstract and more comprehensible to readers, and now includes a section called the 10 Main Conceptual Principles.

2021-03-20 Mari Silva Discover the ultimate essence of Kabbalah and uncover the secrets in Zohar! Have you ever thought Kabbalah and its contents are beyond your level of comprehension? Have you ever wondered if you could get a book that explains the deep topics of Kabbalah in simple language? If yes, then you have come to the right place. This book aims to introduce a beginner into the world of Zohar, the book that contains the essence of Kabbalah and Jewish mysticism. It gives you a simple understanding of the teachings of Kabbalah and how they are described in Zohar,

the ultimate book on Jewish mysticism. The most interesting thing you will realize when you read this book is that the Zohar and Kabbalah are not exclusive to Judaism. Anyone interested in knowing and understanding the secrets of the cosmos and the divine can read it and come away feeling enlightened. In this book, you will: Learn what Zohar is and who wrote it. Discover why it was kept a secret. Uncover the contents of Zohar. Find the story of the Torah. Discover why the Zohar is called "The Book of Radiance". Find interesting discussions on the topics of good, evil, punishment, prayer, and more! Read fascinating parables from the Zohar. Learn what the ten sefirot are, and their relevance to the human world. Gain insight into wisdom, understanding, justice, beauty, mercy, kindness, and glory. Discover what the Zohar teaches about souls and reincarnation. And so much more! The world of Kabbalah and its fascinating and enlightening teachings are all contained in the Zohar. And this little book gives you a sneak peek into the Zohar. If you're looking for a guide that will help unravel the complex text and secrets of Jewish mysticism, then this book is for you! So, what are you waiting for? Click on the "add to cart" button to get your copy of this fascinating book today!