

Karezza A Guide To Sexual Mysticism Magic And Creativity

The Gentleman's Guide to Karezza Sex-Nick Brothmore 2020-07-05 There's a version of you that's happier, more vibrant, more in love, more socially free, more successful, more sexually satisfied, seizing every opportunity and making the most of it. Karezza sex is the most direct and powerful way to that better you. The Gentleman's Guide To Karezza Sex is your complete guide to semen retention in bed for a richer, stronger, happier life. This landmark book brings something entirely new to the table: a step-by-step men's playbook to sexual transmutation in the bedroom. Packed with easy-to-follow gameplans, illustrations, positions, advanced strategies, and pro tips, The Gentleman's Guide To Karezza Sex is a must read for any man interested in leveling up in life and achieving his full potential. Karezza sex brings together the unrivaled power of sexual transmutation with the unparalleled benefits of a rock solid relationship. But there's more to it than that. This is the next-level, supercharged life hack that currently empowers an elite few but deserves to be discovered by worthy men everywhere. The technology to achieve unlimited success and happiness is now in your hands.

Karezza-Alice B., Alice B Stockham, M. D. 2014-09-14 "With Karezza, satiety is never known, and the married are never less than lovers; each day reveals new delights....The common daily sarcasms of married people are at an end, the unseemly quarrels have no beginnings and the divorce courts are cheated of their records." More than a century ago, a remarkable woman actualized the revolutionary concept "Karezza" (Italian for "caress"). In this book, Karezza: Ethics of Marriage. Alice Bunker Stockham, M. D. - one of the first women medical school graduates in the United States - counsels couples on the value of avoiding orgasm during sex for the same reasons as does Cupid's Poisoned Arrow, namely: better health, and greater harmony and spiritual attainment. GREETING CHAPTER I. CREATIVE ENERGY CHAPTER II. KAREZZA CHAPTER III. ATTAINMENT POSSIBLE CHAPTER IV. HEALTH CHAPTER V. PARENTHOOD CHAPTER VI. CONTROL OF PROCREATIVE POWERS CHAPTER VII. FREE MOTHERHOOD CHAPTER VIII. MARRIED AND MATED CHAPTER IX. PROCREATION OF THOUGHT CHAPTER X. SPIRITUAL GROWTH CORROBORATION

Karezza-Alice Bunker Stockham 2006-01-01 1896. Karezza was a name coined (from the Italian for caress) by the Victorian reformer Alice Bunker Stockham. It refers to non-religious spiritual sexual practices that draw upon tantric techniques of body control but do not involve any of tantra's cultural or iconographic symbolism. Stockham, an Ob-Gyn from Chicago, and the fifth woman to be made a doctor in the United States, traveled to northern India to learn the secrets of tantra-for example, control of the orgasm response-but she did not have any interest in Eastern religions and she felt that such addenda to the methods were not essential. Her view of spirituality was basically Quaker-Christian, and she fitted sacred sexuality into a Christian paradigm with no apparent difficulty. A most interesting read.

The Sex Bible-Susan Crain Bakos 2008-08-01 The Sex Bible is an authoritative, comprehensive, and beautifully photographed sex resource book that provides in-depth treatment of sexual topics in frank detail, such as an encyclopedia would. The book is arranged into different sections, for example, "Foreplay," "Sex Toys," "Oral Sex." It explores sexual subjects you are either familiar with, or until now, never even knew existed. Couples will be captivated by personal anecdotes interspersed throughout. Illustrated with full-color photography, The Sex Bible will not only educate its readers, but help heighten sexual enjoyment.

The Secret History of Western Sexual Mysticism-Arthur Versluis 2008-03-25 The first book to reveal the history of Western sexual mysticism • Reveals the secret sexual practices that have been used since ancient Greece to achieve mystical union with God • Details the sects and individuals who transmitted the radical sexual practices that orthodox Christianity never completely silenced • Distinguishes between sexual magic and sexual mysticism Beginning with the ancient Greek Mystery traditions, Gnosticism, and the practices in early Christianity, Arthur Versluis uncovers the secret line of Western sexual mysticism that, like the Tantra of the East, seeks transcendence or union with God through sexual practices. Throughout antiquity, and right into the present day, sexuality has played an important, if largely hidden, role in religious traditions and practices. This includes not only Christian but also kabbalistic and hermetic alchemical currents of sexual mysticism, many discussed together here for the first time. In the Mystery tradition of hieros gamos (sacred marriage) and the Gnostic tradition of spiritual marriage, we see the possibility of divine union in which sexual union is the principal sign or symbol. Key to these practices is the inner or archetypal union of above and below, the intermingling of the revelatory divine world with the mundane earthly one. Versluis shows that these secret currents of sexual mysticism helped fuel the rise of the troubadours and their erotic doctrine, the esoteric teachings of Jacob Böhme in the late 16th century, the 19th-century utopian communities of John Humphrey Noyes and Thomas Lake Harris, the free love movement of the 20th century, and the modern writings of Denis de Rougemont and Alan Watts.

The Joy of Sex-Alex Comfort 2003-11 A thirtieth anniversary edition of the guide first published in 1972 features updated text and illustrations and covers such topics as sexually transmitted diseases and achieving healthy intimacy. Reprint.

You're Already Hypnotized: A Guide to Waking Up-Cynthia Morgan 2012-08 In this groundbreaking book, renowned hypnoterapist Cynthia Morgan brings together hypnosis and A Course in Miracles for the first time. Using these life-changing tools, she explains how our minds have become hypnotized by false beliefs and provides step-by-step guidance on how to realize your true potential. You're Already Hypnotized is a unique blend of information and a powerful self-healing system. It includes a workbook of instructions for over 40 self-hypnosis sessions, a year's worth of daily reprogramming affirmations, and other tools that the author has used to help thousands of clients awaken. Combining true-life anecdotes and inspiring examples, and packed full of information, this book offers practical tips and all you need to heal every area of your life: relationships, money, health, career, addictions, sex, and more. With this book as your guide, you will learn to wake up to a more fulfilled life.

Sexual Energy Ecstasy-David Alan Ramsdale 1985

The Karezza Method-John William Lloyd 2020-03-30 This guide to Karezza - a form of slow and gentle sexual intercourse where the objective is not orgasm - is accurate, clear and enlightening. John William Lloyd explores herein the spiritual, conjugal, mental and gender-specific facets of Karezza. The author frequently and diversely contrasts the phenomena of karezza to that of ordinary lovemaking, whereby the pleasure of orgasm is among the commonest objectives. Karezza seeks to promote genuine affection and heartfelt passion between the lovers, that their emotional and psychological connection deepens. The raw pleasure of conventional intercourse is compared unfavorably to other fleeting, shallow joys in life; fine dining, alcohol, drugs. Karezza by contrast is presented as building long-lasting emotional depth, on achieving meaning and lasting contentedness in a relationship and life in general. Since its popularization by gynecologist Alice Bunker Stockham during the 1890s, karezza has been suggested by therapists and counsellors. As well as improving emotional connection and intimacy, Stockham considered karezza as a means of equalizing the sexes in their marriage, promoting fidelity and harmony in unions that might otherwise be in jeopardy. Equivalent practices to karezza have also existed in belief systems of Hinduism and Taoism for millennia.

—Daniel A. Helminiak 2015-04-18 —John Boswell—Daniel Boyarin—Brandeis University—Bernadette Brooten—Church Divinity School of the Pacific in Berkeley—L. William Countryman—Southern Methodist University—Victor P. Furnish—Saul M. Olyan—Union Theological Seminary—Robin Scroggs—What the Bible Really Says about Homosexuality—2000—12—http://www.friends4bridging.com (http://www.friends4bridging.com) (http://www.friends4bridging.com) (http://www.friends4bridging.com) (http://www.friends4bridging.com) (http://www.friends4bridging.com) (http://www.friends4bridging.com) (http://www.friends4bridging.com) (http://www.friends4bridging.com) (http://www.friends4bridging.com) (http://www.friends4bridging.com)

The Karezza Method-John William Lloyd 1996-09 1931 the Art of Connubial Love. the lover is the artist in touch. Karezza in its perfect form is natural marriage - that clinging, satisfied union of body and soul which true love ever craves and in which ideal marriage consists - and with every repeti.

1988-1924

Becoming a Sex CEO on a Spiritual Level-Jacinta Mariah M. 2014-03-27 This is a spiritual self-help book based on real-life experiences and research. The book advocates for sex morals, and is about tapping into one's spiritual connection to ignite their sex, and ultimately love-life. The book discusses an interesting twist of how lovers can benchmark the attributes of an elite Chief Executive Officer (CEO) to maximize their sexual experiences. The book also narrates how lovers can unveil the perceptive shadows that misconstrue their understanding of sex, and then provides turn-key strategies that will liberate them from the world-famous prison of sexual inhibitions. In the book is also an attention-grabbing chapter, chapter 3, that will help any reader, regardless of core-beliefs, state of mind, or perceptions, to open and empty their minds of any, if not all, self-limiting beliefs especially those related to self-love and appreciation. The book also reveals the following: - How couples can embrace Spiritual Sex, Meditative Sex and Karezza Sex into their relationships. - How to eliminate sex hang-ups and free one's mind from limiting beliefs and blockages in order to appreciate and perpetually explore new ways to improve their sex life. - How to spiritualize, ignite and maintain the sexual blaze in relationships. - The biggest sexual secret about men as told anonymously by REAL MEN; including those big sex secrets that your trusting, loving, sweet and so-called boyfriend, or even husband wouldn't dare to tell you! - A Sex Coupon section compiled from intensive research, real-life experiences from different cultures and recommended by experts. The book is filled with heart-enthusing humor and exciting sexual ideas that can help one clean up their sexual misdemeanors, and then spiritually raise their bars to the Sex CEO Level. Even if you are a seasonal sex part-timer in your relationship, the ideas included in the book will easily transform you into a Sex CEO and ultimately elevate your love life. This book is a one-stop portal of innovative, fun sex ideas, and strategies for lovers.

Emily Nagoski 2017-04-25

2004

Karezza-Alice B. Stockham 2017-05-04 Alice B. Stockham took 'KAREZZA' from the Italian term 'carezza' meaning petting or gentle stroking. Because of birth control as well as 'spiritual exaltation' she pled for a radical change of sexual behavior. She was convinced, that there was a tremendous difference between the usual copulation ending with orgasm respectively ejaculation and the sexual merging according to the Karezza technique without a climax. In spite of the 'sexual revolutions' during the 20th century her Karezza method has been generally ignored until today. But it may give men and women a chance to control the sexual drive by means of their own mental power which can be successfully trained.

Karezza-Alice Bunker Stockham 1896

Karezza, Ethics of Marriage-Alice B. Stockham 101-01-01 Alice Stockham was one of the first women medical school graduates in the USA. This book, one of her later ones, talks about Karezza, a form of spiritual companionship. Partners seek union and mutual soul development rather than fleeting passionate gratification. Stockham was a Quaker and she saw controlled intercourse as a way to prevent reckless procreation and raise spiritual awareness. Chapters include, Creative Energy, Attainment Possible, Parenthood, Control Of Procreative Powers, Married And Mated, Spiritual Growth, and, Procreation Of Thought.

Partners In Passion-Mark Michaels 2014-02-11 Most of us long for intimate relationships, and though texting and emailing may keep us superficially connected, it ultimately cannot create the kind of intimacy necessary to sustain a deep, fulfilling, and lasting partnership. With the divorce rate reaching a staggering 50 percent in 2013 and the breakup rate among unmarried long-term couples even higher, it appears that the more we tweet, the more disconnected we become. So many of us believe that new is better, hotter, and more intense, but love at first sight isn't really love, it's chemistry. Developing the connections and intimacy that everyone craves takes time and skill. In Partners in Passion, Michaels and Johnson provide readers with a fun, step-by-step guide to discovering true, loving, and romantically sexual relationships that will last for decades. Comprehensive and inclusive, Partners in Passion is original and provocative, drawing on a variety of sources: cutting-edge science, psychology, the authors' background in tantra, and personal experiences as teachers and as a couple. Partners in Passion invites couples to design their relationships and to choose consciously, and is replete with how-to suggestions and exercises, including interviews with couples from diverse backgrounds, relationship styles, and orientations who are enjoying erotically vibrant partnerships.

American Book Publishing Record- 2006

Henry Cloud 2001-04-01 Having clear boundaries is essential to a healthy, balanced lifestyle. A boundary is a personal property line that marks those things for which we are responsible. In other words, boundaries define who we are and who we are not. Boundaries impact all areas of our lives: Physical boundaries help us determine who may touch us and under what circumstances -- Mental boundaries give us the freedom to have our own thoughts and opinions -- Emotional boundaries help us to deal with our own emotions and disengage from the harmful, manipulative emotions of others -- Spiritual boundaries help us to distinguish God's will from our own and give us renewed awe for our Creator -- Often, Christians focus so much on being loving and unselfish that they forget their own limits and limitations. When confronted with their lack of boundaries, they ask: - Can I set limits and still be a loving person? - What are legitimate boundaries? - What if someone is upset or hurt by my boundaries? - How do I answer someone who wants my time, love, energy, or money? - Aren't boundaries selfish? - Why do I feel guilty or afraid when I consider setting boundaries? Dr. Henry Cloud and Dr. John Townsend offer biblically-based answers to these and other tough questions, showing us how to set healthy boundaries with our parents, spouses, children, friends, co-workers, and even ourselves.

Gateway to Intimacy-Edward Gomez 2014-01-01 Gateway to Intimacy(tm) is an easy-to-follow guide, offering men and women practical advice on creating and maintaining a deep and meaningful, life-changing relationship that will continue to grow. Relationship dysfunction is a hallmark of Western society. Gateway to Intimacy(tm) identifies the challenges of a modern, fast paced marriage amidst a media distracted society, with its continuous barrage of gender splitting messages, which can add stress and strain to a relationship. The result? Couples mistake sex for intimacy, marry for the wrong reasons, and never build a foundation of relationship-intimacy to call on when times get tough. All too often, and as a repeating pattern, they walk away, claiming, "we've grown apart," not realizing they never "grew together" in the first place. Gateway to Intimacy(tm) offers committed couples a means of fortifying their marriage through the exploration of intimacy. It details what intimacy is (and what it is not), how it functions, and what they can do to cultivate intimacy in their relationship. It offers couples a clear and simple means of reinforcing the love and devotion that was brought to and promised at the wedding ceremony, so they can capture that experience (that reality), and access it every day in their relationship. Gateway to Intimacy(tm) unravels the mystery of declining intimacy and desire. Blending a deep understanding of the role of intimacy, along with the art of lovemaking known as Karezza, it introduces Relationship-Building Sex(tm) as a means of elevating intimacy beyond physical gratification, so that your every embrace will be physiologically beneficial, emotionally stabilizing, intellectually stimulating, and spiritually enriching. While Gateway to Intimacy(tm) is not a "sex guide," couple's discover a dramatically enhanced sex life is a natural by-product, and for a simple reason: intimacy of the heart, mind and soul--not sexual techniques--is what fuels great sex. Gateway to Intimacy(tm) empowers couples with insights into the role of intimacy as a potent force that can be harnessed and channeled towards transforming a good marriage into a great one. Offering a powerful framework for change, Gateway to Intimacy(tm) is intended for committed couples of any age.

Robert Hans van Gulik 1990:Sexual life in an China:a preliminary survey of Chinese sex and society

Sexual Behavior in the Human Female-Alfred Kinsey 1998-05-22 Originally published in 1953, the material presented in Sexual Behavior in the Human Female was derived from personal interviews with nearly 6,000 women; from studies in sexual anatomy, physiology, psychology, and endocrinology. The study revealed the incidence and frequency with which women participate in various types of sexual activity and how such factors as age, decade of birth, and religious adherence are reflected in patterns of sexual behavior. The authors make comparisons of female and male sexual activities and investigate the factors which account for the similarities and differences between female and male patterns of behavior and provide some measure of the social significance of the various types of sexual behavior.

2008

The Joy of Sex-Alex Comfort 2012-01-10 As a champion of trusting, loving relationships, this groundbreaking book advocates mutual respect and

tenderness between lovers. A bestseller since it was first published in 1972, Alex Comfort's classic work celebrated human physical intimacy with such authority and clarity that a whole generation felt empowered to enjoy sex. No other book has come close in providing such an imaginative, uninhibited, and entertaining guide to lovemaking. The reasons for unfulfilling sexual relations today are different to those of Alex Comfort's original audience. This new edition of *The Joy of Sex*, fully revised and updated by respected sex expert and relationship psychologist Susan Quilliam, contains over 40 new entries, bringing Comfort's original, frank advice up to date for the modern readership.

Playgirl- 1976

KISS Guide to Sex-Anne Hooper 2000 Learn how to find the right partner, improve intimacy, and encourage fun and play with the help of this "Keep It Simple Series" handbook.

American Tantra-Sienna Newcastle 2009-05-08 Based on a series of real classes hosted by a nonprofit temple in the Pacific Northwest, "American Tantra," takes a modern American look at the ancient art of Tantra, using plain English and easily grasped metaphors. Students say it's a life-changing path and have pushed to get this method into print. Ten years of study and feedback from over 200 students helped shape this book, which includes every question asked in class. "American Tantra" is for Americans who know little of Vedic scriptures. It's a way of looking at traditional Eastern practices with American eyes. It's a little bit sexy, a little bit scientific. Along with older White and Red methods, there are new community based "Blue" methods for a unique American outlook. Exercises include balanced actions of both males and females, and instruction for same-sex couples. There are over a dozen hands-on exercises and related stories from students, plus extensive references for further study. All genders and sexual orientations will find this path welcoming. If you are interested in Sacred Sex or maximizing your body, mind, and patriotism at the same time, you will love this book.

Turning Her on and Getting Her Off - For Men Only-Jonathan Claude M.S. 2006-09 TURNING HER ON AND GETTING HER OFF is a bare-skin guide on how to sexually satisfy a woman. Fundamentals and advanced techniques, for the beginner to the advanced lover, are detailed in this book. Methods for overcoming impotency and avoiding premature orgasms are also explained. Every man that wants to sexually satisfy a woman should make this book required reading. And here's just a sample of what's in it for you: . Chapter 5 - Conquering impotence and premature ejaculation . Chapter 7 - Strengthening and enlarging your penis . Chapter 8 - The art and method of controlled intercourse . Chapter 9 - Learning the signs of sexual content

Hidden Intercourse-Wouter J. Hanegraaff 2008-10-16 The history of Western esotericism is rich in references to the domains of eros and sexuality, but this connection has never been explored in detail from a critical scholarly perspective. Bringing together an impressive array of top-level specialists, this volume reveals the outlines of a largely unknown history spanning more than twenty centuries.

Yoga Journal- 1992-05 For more than 30 years, Yoga Journal has been helping readers achieve the balance and well-being they seek in their everyday lives. With every issue, Yoga Journal strives to inform and empower readers to make lifestyle choices that are healthy for their bodies and minds. We are dedicated to providing in-depth, thoughtful editorial on topics such as yoga, food, nutrition, fitness, wellness, travel, and fashion and beauty.

Understanding Sexuality-Kurt Haas 1993

Sex Magic/ the Guide-key23 2016-10-21 Sex Magic! Welcome! We all know that sex connects us to beauty, to magic. Yet, we live in societies where sex is devalued, denigrated even. You are invited to reclaim your birthright by connecting with this, your true source of power. Book one is a practical guide on how to practice sex magic with a partner, and how to draw a partner into your life. It contains all you need to bring your deepest intentions into reality. We take a look into how this sacred act has become devalued in society, and why. Drawing on my own experiences of initiation into this divine art, I show you how to harness the power of sacred sex. Book two, The Guide, explains what you need to know to create and maintain a healthy body. This is essential for the successful practice of sex magic. Everything is included, from diet and the gift of a well-hydrated body, to how to control your weight and your libido. We explore the power of attitude and using your word to make the changes you have been longing for. The magical result is a transformed life. When you are aligned to the flow of universal energy, you are free to become who you truly are, powerful beyond measure!

Sexual Outlaw, Erotic Mystic-Vere Chappell 2010-12-01 Sex, Magick, Aleister Crowley, Orgasms, Erotic Dances, Angelic Beings, Revolutionary Activism, Liberation, Persecution, Defiance, and Suicide. Persecuted by Anthony Comstock and his Society for the Suppression of Vice, this turn-of-the-century heroine was also a spiritualist who learned many secrets of high magick through her claimed wedlock to an angelic being. Born in Philadelphia in 1857, Ida Craddock became involved in occultism around the age of thirty. She attended classes at the Theosophical Society and began studying a tremendous amount of materials on various occult subjects. She taught correspondence courses to women and newly married couples to educate them on the sacred nature of sex, maintaining that her explicit knowledge came from her nightly experiences with an angel named Soph. In 1902, she was arrested under New York's anti-obscenity laws and committed suicide to avoid life in an asylum. Now for the first time, scholar Vere Chappell has compiled the most extensive collection of Craddock's work including original essays, diary excerpts, and suicide letters--one to her mother and one to the public.

Magia Sexualis-Hugh B. Urban 2006-10-04 Sexuality and the occult arts have long been associated in the western imagination, but it was not until the nineteenth century that a large and sophisticated body of literature on sexual magic—the use of sex as a source of magical power—emerged. This book, the first history of western sexual magic as a modern spiritual tradition, places these practices in the context of the larger discourse surrounding sexuality in American and European society over the last 150 years to discover how sexual magic was transformed from a terrifying medieval nightmare of heresy and social subversion into a modern ideal of personal empowerment and social liberation. Focusing on a series of key figures including American spiritualist Paschal Beverly Randolph, Aleister Crowley, Julius Evola, Gerald Gardner, and Anton LaVey, Hugh Urban traces the emergence of sexual magic out of older western esoteric traditions including Gnosticism and Kabbalah, which were progressively fused with recently-discovered eastern traditions such as Hindu and Buddhist Tantra. His study gives remarkable new insight into sexuality in the modern era, specifically on issues such as the politics of birth control, the classification of sexual "deviance," debates over homosexuality and feminism, and the role of sexuality in our own new world of post-modern spirituality, consumer capitalism, and the Internet.

Pornography and Sexual Representation-Joseph W. Slade 2001 A three volume reference guide to the available literature concerning pornography and sexual representation in America.

Women and Sexuality in America-Nancy Ann Sahli 1984 Contains 1684 references to literature printed in English during the nineteenth and twentieth centuries. Includes books, pamphlets, and periodical articles. Emphasis on professional literature in medicine, psychiatry, sociology, history, and women's studies; excludes popular literature and biographies. Chronological and topical arrangement. Entries give bibliographical information and detailed annotations. Author/title, subject indexes.

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