Power Shakti Pathways Ignite Energy

The Power of Shakti-Padma Aon Prakasha 2009-07-24 Transformational wisdom designed for both women and men to access and enhance the inner power of the Divine • Reveals how to activate your sacred sexual self and find your soul mission • Shows how to access the wisdom of the Galactic Center • Explains why men need the Shakti Circuit to connect with the Divine Masculine Shakti is the Divine life force that ceaselessly manifests, creates, and activates. Igniting this living power within is the key for both men and women to transform themselves and attain union, harmony, and peace. The fluid intelligence of Shakti enflames, empowers, and awakens, igniting life force, joy, and organic wisdom within. Uniting the forms of Tantra Yoga found in Indian, Tibetan, and Aramaic sacred traditions, Padma Aon Prakasha reveals how to activate the power of Shakti by opening the 18 energetic pathways of the Shakti Circuit. The Circuit begins with galactic energy entering the body at the Alta Major chakra, located at the back of the head. Traveling down the pillar of the spine through the root chakra, the Circuit passes through the Seven Gates of the Womb-Grail to link the sacred sexual center and the heart center. From the heart, the energy completes the Circuit by traveling to the third eye and back to the Alta Major starting point to reveal the All-seeing eye. Centered on the womb in women and the hara in men, the Shakti Circuit links the soul, body-mind, emotions, and chakras to the power and loving wisdom of the Galactic Center. The Power of Shakti includes the insights and experiences of both men and women as they activate the power of Shakti and shows that clearing all 18 pathways of the Shakti Circuit enables us to activate our sacred sexual self and find our soul mission.
The Power of Shakti-Padma Aon Prakasha 2009-07-24 Transformational wisdom designed for both women and men to access and enhance the inner power of the Divine • Reveals how to activate your sacred sexual self and find your soul mission • Shows how to access the wisdom of the Galactic Center • Explains why men need the Shakti Circuit to connect with the Divine Masculine Shakti is the Divine life force that ceaselessly manifests, creates, and activates. Igniting this living power within is the key for both men and women to transform themselves and attain union, harmony, and peace. The fluid intelligence of Shakti enflames, empowers, and awakens, igniting life force, joy, and organic wisdom within. Uniting the forms of Tantra Yoga found in Indian, Tibetan, and Aramaic sacred traditions, Padma Aon Prakasha reveals how to activate the power of Shakti by opening the 18 energetic pathways of the Shakti Circuit. The Circuit begins with galactic energy entering the body at the Alta Major chakra, located at the back of the head. Traveling down the pillar of the spine through the root chakra, the Circuit passes through the Seven Gates of the Womb-Grail to link the sacred sexual center and the heart center. From the heart, the energy completes the Circuit by traveling to the third eye and back to the Alta Major starting point to reveal the All-seeing eye. Centered on the womb in women and the hara in men, the Shakti Circuit links the soul, body-mind, emotions, and chakras to the power and loving wisdom of the Galactic Center. The Power of Shakti includes the insights and experiences of both men and women as they activate the power of Shakti and shows that clearing all 18 pathways of the Shakti Circuit enables us to activate our sacred sexual self and find our soul mission.

Womb Wisdom-Padma Aon Prakasha 2011-01-21 Tools to awaken the creative powers of the womb • Contains exercises to open the womb’s energetic pathways, release toxic emotions, and harness creative potential • Reveals how the womb’s energies are crucial for the spiritual shift of 2012:
birthing a new civilization • Shows how the awakened womb can also bring about male spiritual transformation In the past and in present-day indigenous traditions, women have known that the womb houses the greatest power a woman possesses: the power to create on all levels. Utilized in the process of giving birth, this power of creation can also be tapped in the birth of projects, careers, personal healing, spirituality, and relationships. However, because the womb stores the energetic imprint of every intimate encounter—loving or not—the creative voice of the womb is often muffled or absent altogether, affecting the emotional, mental, and spiritual health of women and their relationships. Drawing on sacred traditions from ancient India, Tibet, Egypt, Gnostic Christianity, and Judaism, the practice of Womb Wisdom empowers women to become aware of the intuitive voice of the womb outside of pregnancy and the moon cycle to unlock this potent inner source for creativity, birthing the new conscious children, spiritual growth, and transformation not only for themselves but also for their male partners. The authors include exercises to clear the past, release toxic emotions, open the womb’s energetic pathways, activate the sacred sensual self, bring balance to relationships, and harness creative potential. Including intimate, individual stories of women experiencing the opening of the womb, this book also explores the forgotten sacred sites of the womb around the world as well as how the womb’s energies are crucial to birth a new civilization in the spiritual shift of 2012.

Shamanic Wisdom for Pregnancy and Parenthood-Anna Cariad-Barrett 2017-01-13 A guide to consciously exploring and honoring the spiritual and emotional journey of becoming a parent • Provides tools and meditations to engage the sacred wisdom-keeper within and create personal shamanic medicine to support you and your family • Discusses the shamanic perspective on miscarriage, fertility issues, postpartum stress, blended families, and adoption as a form of birthing
through the heart • Provides shamanic teachings and techniques for conception, each trimester of pregnancy, birth, and the postpartum period The journey into parenthood transforms us, whether our children are biological, adopted, in spirit, or not yet conceived. As we give birth through heart or body, we not only shape-shift into mothers and fathers, but also gain access to the deep inner well of spiritual wisdom that opens with initiation into parenthood. In this guide to consciously exploring the shamanic journey of pregnancy and parenthood, Anna Cariad-Barrett offers techniques and ceremonies to honor the transformation of becoming a parent and engage the sacred wisdom-keeper within. She provides tools and meditations to create personal shamanic medicine to support you and your family on this journey as well as connect with the wisdom of nature, expand your intuition, and explore altered states of consciousness. Restoring honor to the shadow side of parenthood, the author discusses the shamanic perspective on miscarriage, fertility, sexuality, postpartum stress and depression, blended families, and adoption as a form of birthing through the heart. She explains how to heal any deep psychic wounds from your birth family and transform negative beliefs you may hold about parenthood. She provides chapters on each trimester of pregnancy, offering specific teachings and techniques appropriate to each stage as well as conception, birth, and the postpartum period. Whether you are preparing to welcome your first child or seeking spiritual support for the multidimensional experience of being a parent, the author shows how to reclaim and reconnect all the experiences of parenthood and how, through this rite of passage, we give birth to our most authentic selves.

Sacred Retreat-Pia Orleane 2017-09-12 Restoring our biological cycles to heal ourselves, our culture, and our planet • Shows how, just like the tides and the moon phases, both women and men have biological cycles of growth and renewal necessary for healthy bodies and minds • Explains how
the seclusion of women during menstruation and of men during vision quests offers a cleansing process for body and mind to awaken innate creativity and sensitivity, re-attune us with the deeper rhythms of the body and nature, and restore harmony between the divine feminine and divine masculine. Reveals how the need for sacred retreat was forgotten when the divine feminine was suppressed by patriarchal culture. All of life is interwoven into a living system of cycles, from Earth’s seasons to the enzymatic pathways that provide energy to a cell. Waxing and waning from times of growth to times of rest, renewal, and healing, cycles map the most auspicious time for everything in life. Both women and men have biological cycles of active growth and quiet renewal, led by our hormones. By understanding how everything in life moves in cycles, you can become more aware of and comfortable with your own cyclic nature, something that has been forgotten by the modern world’s linear views of time. Drawing on the wisdom of ancient cultures, the natural cycles of life, and her own groundbreaking research, Pia Orleane, Ph.D., offers a template for how we can restore balance to our emotions and health, ease tensions between the sexes, and heal our fractured culture by honoring divine feminine consciousness and re-embracing natural cycles, including our innate need for rest and retreat. She explains the biology of how our bodies operate by hormones released in cycles and shows how balanced hormones help eliminate anger, depression, insomnia, anxiety, and fatigue. Exploring ancient traditions and rituals surrounding blood and sacred retreat, she explains how the seclusion of women during menstruation and of men during vision quests offered a cleansing process for body and mind, alone time to clear suppressed emotions, awaken our innate creativity and sensitivity, re-attune us with the deeper rhythms of the body and nature, and restore harmony between the genders and balance between the divine feminine and masculine. Outlining the sacred retreat process, the author explores dream cycles, divine sexuality, and practices for
reconnecting to nature, increasing creativity and intuition, and clearing suppressed emotions. She also looks at the benefits for women and men of separate sleeping during menstruation. Through this wisdom, we can restore our natural cycles, allow the divine feminine to once again blossom alongside the divine masculine, and, with the return of balance, heal our world and our hearts.

Womb Awakening-Azra Bertrand 2017-08-15 Rediscover the lost ancient mystery teachings of the Cosmic Womb • Explains how each of us has a holographic blueprint of the Womb of Creation, our spiritual Womb • Offers practices to help awaken your spiritual Womb, experience the Womb of God within, and activate the Womb’s sacred magic of creation and manifestation • Looks at the power of the moon and its connection to sacred Womb Consciousness • Explores how the lost Womb mystery teachings were encoded in folk and fairy tales, the legends of the Holy Grail, and the traditions of Mary Magdalene and Sophia • Includes access to three guided Womb Awakening audio journeys The Ancients lived by a feminine cosmology of creation, where everything was birthed and dissolved through a sacred universal Womb. Within each of us, whether female or male, lies a holographic blueprint of this Womb of Creation, connecting us to the Web of Life. By awakening your spiritual Womb, the holy of holies within the temple of your body, you can reconnect to the transformative energy of Womb Consciousness and reclaim your sacred powers of creation and love. Drawing on mythical and spiritual traditions from almost every culture, Dr. Azra and Seren Bertrand reconstruct the moon-based feminine mystery teachings of a lost global Womb religion, tracing the tradition all the way back to the Neanderthals and beyond. They explore how these teachings were encoded in the symbolism of folk and fairy tales; the legends of the Holy Grail; the traditions of Mary Magdalene and Sophia; the maiden, queen, and crone archetypes; and the teachings of alchemy and the chakras. They show how sages and shamans across the globe all secretly spoke of the Cosmic Womb
and the sacred creative powers of Moon Blood. The authors look at the power of the Moon and its connection to sacred Womb Consciousness, offering meditations and practices to help awaken your spiritual Womb and activate its sacred magic of creation and manifestation. They explain how to activate the energetic gateways of the Womb and merge the heart and Womb to make sexual union the highest sacrament of love. Revealing how we must reconnect with the Divine Feminine to rebirth the Divine Masculine and restore balance to our world, they show how, as we reawaken the powerful ancient path of the Womb Mysteries, we help return our world to harmony with the wild, untamed creative flows and cyclical rhythms of the cosmos.

Ecstatic Body Postures-Belinda Gore 1995-05-01 Specific body postures reappear in the art and artifacts of world cultures, even those widely separated by time and distance. What are these images of unusual postures telling us? Medicine people, shamans, priests, and priestesses of indigenous cultures have passed on this sacred body of knowledge for thousands of years. Anthropologist Felicita Goodman discovered that people who assume these postures report strikingly similar meditative experiences. The results from this research are inspiring, proving that certain body gestures and movements allow us to access higher states of consciousness. With clear instructions and illustrations, Belinda Gore demonstrates these shamanic postures and how to work with them. Ecstatic Body Postures is a "must read" for anyone interested in meditation, shamanic practice, yoga, or body work.

The Christ Blueprint-Padma Aon Prakasha 2010 Drawing on Indian, Egyptian, Tibetan and Judeo-Christian sacred traditions, as well as the visions he says he experienced, the author lays out a spiritual plan for accessing what he terms the Christ Consciousness and living out one's heart's desire, from finding soul mates to living in peace, love and joy. Original.
The Nine Eyes of Light-Padma Aon Prakasha 2010 In a book that includes 30 color illustrations, the author contemporizes ancient Egyptian wisdom and combines it with New Age thought, offering practical advice for embodying a more complete spirituality. Original.

第三次工业革命-Jeremy Rifkin 2012
Feminist Collections- 2008

一个瑜伽行者的自传-Parahansa Yogananda 2021-07-20
作者简介 | 帕拉宏撒•尤迦南達Paramahansa Yogananda(1893-1952) 於一八九三年出生於印度戈勒克布爾,一九一五年獲取得加爾各答大學文學士學位,同年正式加入僧團。自古以來,人類一直在致力於追求“終極之道”這一法門。數千年來,該法門以不同名稱和形式存在於世界各民族文化中。近幾個世紀以來,由於外在環境的變化和對求法者的嚴格要求,求法之人越來越少,使得這無上法門幾乎名存實亡。十九世紀中期,整個大環境再度成熟,喜瑪拉雅山傳奇的“不死聖者――巴巴吉”再度將“直接與神接觸”的克利亞瑜伽法門傳給印度聖人拿希里•瑪哈賽並應其請求,放寬了對求法者的諸多限制條件。拿希里開始傳授這個法門並造就了許多聖人弟子,聖尤地斯瓦爾就是他最主要的弟子之一。一九一○年,尤迦南達遇見聖尤地斯瓦爾,並成為入門弟子。一九二○年,尤迦南達肩負著“平衡人類精神與現代科學文明”的使命,前往美國開始了在西方為期約三十年的弘法生涯。他是近代印度第一位將此亙古不變的法門傳至西方的聖者。從此,至高無上的“道”之法門,
終於開始在西方廣為流傳。 譯者簡介 | 王博 瑜伽修行者,已翻譯了《生命之光》、《探尋真理之途》、《吠檀多心理學》、《瑜伽之道》等多部瑜伽經典。

New Books on Women and Feminism- 2009
New Books on Women, Gender and Feminism- 2009

女人的身体女人的智慧-罗芬芬 2007 本书从女人的生理、心态、社会承受力、家庭观念等各个方面进行了详尽的阐述,可以说是一本关于女人身体、心智和灵魂之书。

脈輪療癒全書:啟動人體能量中心,轉化身心疾病之源-辛蒂.戴爾(Cyndi Dale) 2018-10-08 暨銷逾二十年脈輪能量經典,中文版首度在臺上市! 《精微體》、《精微圈》

作者代表作, 被譯為15國語言,聖經級療癒指南 12 大脈輪 ╳ 32 個能量中心, 徹底解構人體能量系統,提供身心終極療癒之道? ?? 專業推薦
Michelle Chu╱瑜伽教學者、《正念陰瑜伽》作者 周介偉╱光中心執行長 許瑞云╱能量治療師 羅美華╱身心靈工作者 當疾病或問題變得明顯時, 其實都早已潛藏醞釀了很長一段時

當疾病或問題消失時, 是因為我們已經下了必要的功夫,從內而外地消除它。 所有的人、事、物皆由能量構成,包括脈輪和氣場等精微能量結構在內,是所有物理性實體的基礎。 學會活

用此概念,不但有助於治療身心疾病,亦能將能量運用在更高層的目的上,使生活變得更健康、更快樂、提升創造力,清楚覺察自己此生的真正目的。 本書作者綜合多年的能量療癒經驗,輔以大

量科學實證研究,針對1996年出版的《全新脈輪療癒》(New Chakra Healing)做增訂,透過精密嚴謹的科學數據與實證,帶領讀者一窺精微能量的堂奧。 【本書特色】
◆ 有別於傳統九大脈輪系統,提出十二大脈輪與三十二個能量點。 ◆ 透過量子物理學、祕傳文件和實際療癒經驗,以全新的角度理解身體、心理和靈性健康之間的連結。 ◆ 大量圖表解說,

介紹能量疾病模式。 ◆ 每章節末附有練習,幫助讀者實際運用。 辛蒂.戴爾從其他脈輪書止步的地方開始延伸 ——《Catalyst Magazine》 杂誌 才華與熱情洋溢的作者,

再次完整匯集了療癒脈輪的寶貴知識與經驗。不僅對於能量療癒領域有興趣的人可以一窺堂奧,更是專業能量工作者的精進寶典。 ——身心靈工作者暨本書審訂者 羅美華? 出版社 商周出版

Human by Design-Braden Gregg 2020-04-29 Traditional Chinese edition of Human by Design: From Evolution by Chance to Transformation by Choice

飢餓遊戲-蘇珊.柯林斯 2009-09-01 第七十四屆飢餓遊戲即將開始。飢餓遊戲是至死方休的決鬥。 「我醒來時,另半邊床是冷的。我伸手去探妹妹小櫻溫暖的身體,卻只摸到罩著床墊

的粗布單。她肯定又做了惡夢,爬到媽床上去了。她當然會做惡夢,今天是抽籤的日子。」小說這樣開始。 在一個過去叫做北美洲的廢墟中,有個新建立的國家「施惠國」,分布四方的十二個行

政區環繞著一個燦爌的都城。這個嚴厲又殘酷的都城,藉由逼迫十二個區每年送出12歲至18歲的一名少男和一名少女,投身在年度盛會,由電視實況轉播拼鬥至死的「飢餓獵殺」中,來控制

與維持統治的秩序。 十六歲的凱妮絲,與寡母及妹妹小櫻同住,當她自願代替在「抽籤日」被抽中的妹妹參加獵殺遊戲時,是將它視為死刑。但凱妮絲曾經在垂死邊緣掙扎過,求生存已成了她的

第二天性。她在無意間成為一個有力的競爭者。但她要贏,勢必面臨重重抉擇,權衡生存、人性、生命與愛,孰輕孰重。 ⊙《暮光之城》作者史蒂芬妮.梅爾(Stephenie Meyer)

熱情推薦:「我為之著迷,連出外用餐,也得帶著書。它害我連續幾天晚上不能睡覺。我推薦給所有的人。《飢餓遊戲》實在太讚了。」 ⊙驚悚大師史蒂芬.金(Stephen King)上


故事節奏快速,始終充滿懸疑。我無法停止閱讀。作者是個文字高手,筆下絕無廢話,夾帶著令人愉悅的冷峻幽默。閱讀《飢餓遊戲》會讓人上癮。■《出版人週刊》「年度最佳書籍」■《紐約時報》「年度最值得注意的書」及「書評編輯特選」■《紐約時報》書評「編輯特選」■《科克斯》(Kirkus)「年度最佳書籍」■《書單》(Booklist)「編輯年度特選」■《學校圖書館期刊》「年度最佳書籍」■ 美國圖書館協會「青少年最佳十大選書」■ 亞馬遜網路書店「年度最佳書籍」及「編輯選書top 100」■ 某書店「年度最佳書籍」

經濟史的結構與變遷-道格拉斯‧諾思(Douglass C. North) 2016-12-30 學術界公認諾思最重要的一本著作 經濟史經典之作 將經濟結構理论化,解釋結構的變動與穩定 諾貝爾經濟學獎得主、當代經濟史學術巨擘諾思作品 探討經濟史核心問題,為分析經濟史提供新架構 說明支撐與決定經濟體系成就的制度結構,以及制度結構的變遷 諾貝爾經濟學獎得主諾思,通過《經濟史的結構與變遷》,嘗試處理經濟史的核心問題,解釋支撐和決定經濟體系的制度結構,以及此一制度結構的變遷。諾思認為要建立經濟史的分析架構,不能忽略專業與分工所需的成本,這些成本是決定政治及經濟體制的制度基礎。本書的理論架構和其他社會科學重疊,並且探討作為制度變遷基本要素的政治組織與意識型態。 《經濟史的結構與變遷》是對制度變遷研究的繼續。諾思在第一篇提出的理論指出,大部分的經濟史應該用一個新的模型重新塑造。在第二篇就正如此做,其中各章涵蓋從農業的起源到二十世紀,這一萬年的西方經濟史。用如此龐大的規模探討經濟史的理由,是因為要推進經濟史的解釋,必須有一個概念基礎。我們對過去的認識並沒有超越我們所運用的理論,而這種理論存在著嚴重的缺陷。本書的理論及隨後的歷史分析,將提供一個系統化檢視和檢定新假說的基礎,根據這些新的假說去尋找新的證據。

人類大歷史-哈拉瑞/Yuval Noah Harari 2014-08-27 為什麼《人類大歷史》會在國際暢銷書榜上爆衝?原因很簡單,它處理的是歷史的大問題、現代世界的大問題,而且,它的寫作風格是刻骨銘心的生動。你會愛上它! ——戴蒙(Jared Diamond),普立茲獎巨著《槍炮、病菌與鋼鐵》作者 十萬年前,地球上至少有六個人種,但今日,只剩下一個人種:智人(Homo sapiens),亦即明智的人種。但是我們真的明智嗎?從只能啃食虎狼吃剩的殘骨的猿人,到躍居食物鏈頂端的智人,從雪維洞穴壁上的原始人手印,到阿姆斯壯踩上月球的腳印,從認知革命、農業革命,到科學革命、生物科技革命,我們是如何登上世界舞臺、成為萬物之靈的?從西元前1776年的《漢摩拉比法典》,到1776年的〈美國獨立宣言〉,從帝國主義、資本主義,到自由主義、消費主義,從獸慾、情慾、到物慾,從獸性、人性、到神性,我們瞭解自己嗎?我們過得更快樂嗎?我們究竟希望自己想要得到什麼、變成什麼?本書作者哈拉瑞希望滿足讀者的是:「請給我單單一本書,不到五百頁的篇幅,用清晰可讀的散文,不填塞一堆令人暈頭轉向的年份、人名、地名、稱號,就能涵蓋了人類如何崛起、如
作者還希望這本《人類大歷史》能填補傳統史書的三個鴻溝：歷史觀與哲學觀之間的鴻溝（這本書要提供有史實根據的深刻哲學思考）、人類和生態系統之間的鴻溝（這本書要讓讀者多從生態系來思考，而不是只講人類的利益）、集體和個人之間的鴻溝（檢視歷史事件如何影響到當時一般人的生活，例如當時的平民感受如何？有沒有人更幸福或更悲慘？）。作者認為，讀者若是錯過這樣的觀點和角度，不帶著這些疑問來思考，將會一再錯過歷史中最關鍵、最有意思的部分。
纽约三部曲-奥斯特 2007 《玻璃城》、《幽灵》、《锁闭的房间》被称为纽约三部曲。它不是传统意义上的侦探小说,奥斯特通过营造哥特式的紧张气氛,设置一个又一个悬念来诱使读者与之一起踏上追寻身份和存在意义的心灵之旅。

再給我一天-米奇.艾爾邦 2007-03-01 中年男子查理,本是職業棒球選手,由於受傷而不再能馳騁於運動場。此後他謀生不順,個性變得乖僻難纏;他自暴自棄,終日酗酒。妻女離他而去。當他得知獨生女連婚禮也不要他參加,他覺得自己被打碎了。他決定自殺。 他在一個靈異般的情境裡與死去的母親重逢。他回到老家所在的小鎮,陪母親渡過了一天。這一天,很平常;這一天,卻也很不一樣,因為,母親終於說出了那個祕密。 父親當年為什麼要拋下他們,離家出走?這個問題像一個不曾痊癒的傷口,在查理心中淤著血。而今,這個祕密像煙一樣浮出,遮住了天空,他震驚也茫然在今生與來生之間的某一個地方,查理重新認識了自己的母親,得知了母親為家庭所做的犧牲。 查理努力記住他在與母親重逢那天所得到的溫柔和理解,把他以為已經破碎的生命重新拼湊起來。查理重新活了一次。 意外與母親相聚的這一天,讓查理懂得了什麼叫「家」。家,不需要你講道理,只需要你理解,接受,然後,愛。

瓦特希普高原-理察‧亞當斯 2018-04-25

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