Practical Management Of Hypertension

Practical Management of Hypertension-Willem H. Birkenhäger 2012-11-05 WILLEM H. BIRKENHA. GERM This compact guide aims to define the current approach to hypertension in practice, with the focus on the individual whom the physician faces across his desk. In the population, blood pressures are distributed along a Gaussian type of curve, but with some tailing towards the upper range. A systolic blood pressure of 160 mmHg is commonly accepted as the upper limit of the normal range. For diastolic pressure, the gradings are much more detailed: borderline hypertension (90-94 mmHg), mild hypertension (95-104 mmHg), moderate hypertension (105-114 mmHg), and severe hypertension (115 mmHg and over). Despite its skewing to the right, the bell shape of the distribution curve of blood pressures implies that the milder elevations of blood pressure are the most common. Such pressures are observed in 15-20% of the population upon casual measurement. After rechecking - which is mandatory - the prevalence of hypertension drops to some 5%, due to psychological and statistical factors. Even this modest segment of the population represents an important proportion in terms of future cardiovascular risk. It is an essential part of preventive and curative health care to identify these people; the more so, because some 40% of the excess risk has already been proven to be reversible by conventional antihypertensive treatment.

Practical Management of Hypertension-Willem H. Birkenhaeger 1990-12-31

Practical Management of Hypertension in Diabetes-Poulter 2002-10 Patients with both diabetes and high blood pressure present the health care professional with a complicated set of circumstances including complex system and drug interactions, potential contraindications, and logistical issues of what to intervene and how. Practical Management of Hypertension in Diabetes provides the reader with a concise step-by-step guide to diagnosis of both conditions. The authors cover the effects of each condition on the other and suggest targets for intervention based on the latest trial evidence. The book guides the user through the many potential pitfalls of the complex therapeutic regimes available for these and other conditions for which patients may be receiving treatment.

The Practical Management of Hypertension-Edward D. Frohlich 1976

Practical management of hypertension-Edward D. Frohlich 1985

Management of Arterial Hypertension-Franz Gross 1984

Practical Management of Hypertension-Willem H. Birkenhaeger 1999-06-30

Role of Beta-blockers in the Practical Management of Hypertension- 2003

Practical Management of Hypertension-W. H. Birkenhag 1990 This compact guide is concerned with the practical aspects of managing hypertension and associated risk factors in the individual patient. The panel of authoritative contributors have drawn from their extensive experience, both in research and practice, to present a set of clear and up-to-date practical options from which the practitioner can decide his approach to the problem of management of the hypertensive patient. Hypertensiology is both a science and an applied art. Whilst the scientific component is expanding rapidly, both in scope and depth, the art of applying the acquired knowledge in practice seems to be lagging behind. A contributing factor to this is the maze of newly established facts and the difficulty of reconciling these with conventional ideas. This guide has been written to aid quick orientation and impromptu decision making in the practical situation.

The Practical Management of Patients with Severe Hypertension and Hypertensive Emergencies-Practical Management of Diabetes-Ajit B Kumthekar 2010-06-30 Concise, up to date information on advances in diagnosis and treatment of diabetes, with a focus on insulin and incretin-based therapies.

Practical Management of Hypertension-Willem H. Birkenhage 2012-12-06 This compact guide on the practical management of the hypertensive individual first saw light in 1990. The underlying concept was, and still is, to produce an easily accessible ‘leaf-through’ type of mini-textbook on the hypertensive individual's condition and the many dilemmas that surround diagnosis, surveillance and intention to treat or not treat. Our primary aim has been to promote a utilitarian train of thought in the decision-making process in practice, whether general or specialist. In pursuing this policy, we felt, however, that the terms of practical orientation and advice should be matched, in a concise form, to scientific arguments whenever possible. This cannot always be achieved in reality, so that some chapters unavoidably have a more scientifically-oriented flavour than others. For the 'eager reader' in search of more scientific facts, selected references have been provided. One may rightfully wonder whether such a concept would not turn into a hybrid kind of hypertension guide. And, yes, this booklet has become something of a hybrid, a compromise between an ultra lean and superbly pictorial compendium like the Clinician's Manual on Hypertension (Hansson, 1990) and the ABC of Hypertension (O'Brien et al., 1995) on the one hand, and full-blown textbooks (e.g. Laragh and Brenner, 1995; Swales, 1995) and even the Handbook of Hypertension Series, Birken hager and Reid (1983 onwards) on the other.

Difficult Hypertension-Richard C Horton 1995-01-01 Sets out the problems of dealing with, and the treatment for, difficult hypertension. The international contributors offer guidelines on how they personally would tackle the problem. The book is critical of the available evidence but also provides practical and clear guidelines for clinicians.

Obesity Diabetes Hypertension Triad-Irving B. Perlstein 1965

Hypertension and Stroke-Venkatesh Aiyagari 2016-10-12 The second edition of this work continues to address the intimate pathophysiologic relationship between hypertension and stroke. The editors and authors clearly and concisely synthesize our developing knowledge of this relationship and place epidemiologic and physiologic information into a practical clinical context. Comprehensive chapters present the evidence supporting strategies for stroke prevention and care, including blood pressure lowering therapies, anti-coagulation, and management of other cerebrovascular risk factors. In addition to prescriptive measures for first stroke prevention, the book illuminates current regimens for care immediately after acute stroke and for the prevention of recurrent stroke. This latest edition also features extensively updated chapters from the previous edition, as well as new chapters on the effects of hypertension and stroke on the cerebral vasculature, blood pressure management in subarachnoid hemorrhage, and blood pressure variability, antihypertensive therapy, and stroke risk. Written by experts in the field, Hypertension and Stroke: Pathophysiology and Management, Second Edition is of great utility for specialists in neurology and cardiovascular medicine and a valuable practical resource for all physicians caring for older adults and hypertensive patients.

Hypertension, Practical Management-Murray Epstein 1988

Practical Guide to Managing Hypertension - ECAB-S S Iyengar 2012-06-08 This book is an effort by the author panel to address hypertension issues in a more comprehensive manner and present to practitioners as a ready reference. It covers different practical aspects related to hypertension like the burden of hypertension in India, its complications and comorbidities, its awareness and early detection, appropriate treatment, and achieving the therapeutic targets. Hypertension can be easily detectable, eminently treatable, and there are safe and effective drugs. But in India, there has been a huge lack of awareness of the condition especially urban-rural bias, and thus, it results in inadequate treatment. The prevalence of hypertension in India, in the urban areas, varies from 11% to 31% amongst men and 13% to 34% amongst women. In rural areas, the same amounts to about 1-4% and 3-5%. This publication covers the major global and Indian hypertension management guidelines and tries to sincerely put forth this compilation which will address the most important and frequently asked questions in approach to diagnosis and management of hypertension in day-to-day practice and effectively bridge the gap between guidelines and practice. Application of global hypertension management guidelines like JNC VII in Indian Clinical Scenario Highlighting the compliance issues in hypertension management Focusing on the screening and the right treatment goals of hypertension On the management aspect, the publication provides a holistic management approach covering drugs, diet, and lifestyle changes.

Resistant Hypertension-Massimo Salvetti 2016-07-26 This book is designed to assist physicians in the everyday management of hypertensive patients, with a particular focus on difficult-to-treat and resistant hypertension. The selected clinical cases are representative of the patients who are seen in the "real world", rather than rare clinical cases, and provide examples of management according to current international guidelines. The scenarios...
considered include not only cases in which arterial hypertension is truly resistant but also instances of pseudo-resistant hypertension, including cases in which resistance is related to comorbidities, concomitant treatments, or the use of drugs. The ultimate objective is to provide paradigmatic examples of evidence-based approaches to difficult-to-treat patients that will help physicians to select the most appropriate diagnostic tools and evidence-based treatment strategy for each individual patient.

Hypertension Medicine-Michael A. Weber 2000-10-31 Michael Weber, MD, and a panel of distinguished authorities provide a comprehensive practical survey focusing on the key issues that determine the who, when, and how of hypertension management. Emphasis is given to the practical issues of management: how to select treatments that optimize results for even the most difficult-to-treat hypertensive patient, and what to do about the major concomitant problems. Examined in detail are the principal underlying mechanisms of hypertension, particularly those that help explain treatment choices, as well as the best techniques for successfully evaluating patients before treatment. Authoritative and eminently readable, Hypertension Medicine constitutes a highly practical account of the challenging issues faced daily by family physicians, internists, and general practitioners in the evaluation and optimal management of hypertension.

Hypertension Medicine-Michael A. Weber 2013-02-10 Michael Weber, MD, and a panel of distinguished authorities provide a comprehensive practical survey focusing on the key issues that determine the who, when, and how of hypertension management. Emphasis is given to the practical issues of management: how to select treatments that optimize results for even the most difficult-to-treat hypertensive patient, and what to do about the major concomitant problems. Examined in detail are the principal underlying mechanisms of hypertension, particularly those that help explain treatment choices, as well as the best techniques for successfully evaluating patients before treatment. Authoritative and eminently readable, Hypertension Medicine constitutes a highly practical account of the challenging issues faced daily by family physicians, internists, and general practitioners in the evaluation and optimal management of hypertension.

Home Blood Pressure Monitoring-George S. Stergiou 2019-11-14 Hypertension remains a leading cause of disability and death worldwide. Self-monitoring of blood pressure by patients at home is currently recommended as a valuable tool for the diagnosis and management of hypertension. Unfortunately, in clinical practice, home blood pressure monitoring is often inadequately implemented, mostly due to the use of inaccurate devices and inappropriate methodologies. Thus, the potential of the method to improve the management of hypertension and cardiovascular disease prevention has not yet been exhausted. This volume presents the available evidence on home blood pressure monitoring, discusses its strengths and limitations, and presents strategies for its optimal implementation in clinical practice. Written by distinguished international experts, it offers a complete source of information and guide for practitioners and researchers dealing with the management of hypertension.

Hypertension and Metabolic Cardiovascular Risk Factors-Arigo F. G. Cicero 2016-09-19 The aim of this guide is to provide clinicians with practical reference for the management of hypertensive patients with other cardiovascular risk factors, which originate from impaired metabolic functions. With the aid of carefully selected, paradigmatic case studies, the physician will find sound advice for the best approach to common but often under-recognized clinical situations, and answers to practical questions that arise when a specific condition is not directly addressed in the guidelines. Question-and-answer sections will help the reader to identify at a glance the most complex steps in the diagnostic and therapeutic process. In a "real world" clinical setting, the hypertensive patient rarely presents with hypertension as the only cardiovascular risk factor, and is more likely to be considered include not only cases in which, arterial hypertension is truly resistant but also instances of pseudo-resistant hypertension, including cases in which resistance is related to comorbidities, concomitant treatments, or the use of drugs. The ultimate objective is to provide paradigmatic examples of evidence-based approaches to difficult-to-treat patients that will help physicians to select the most appropriate diagnostic tools and evidence-based treatment strategy for each individual patient.

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