

The Camino A Journey Of The Spirit

The Camino-Shirley MacLaine 2000-05-16 It has been nearly three decades since Shirley MacLaine commenced her brave and public commitment to chronicling her personal quest for spiritual understanding. In testament to the endurance and vitality of her message, each of her eight legendary bestsellers -- from Don't Fall Off the Mountain to My Lucky Stars -- continues today to attract, dazzle, and transform countless new readers. Now Shirley is back -- with her most breathtakingly powerful and unique book yet. This is the story of a journey. It is the eagerly anticipated and altogether startling culmination of Shirley MacLaine's extraordinary -- and ultimately rewarding -- road through life. The riveting odyssey began with a pair of anonymous handwritten letters imploring Shirley to make a difficult pilgrimage along the Santiago de Compostela Camino in Spain. Throughout history, countless illustrious pilgrims from all over Europe have taken up the trail. It is an ancient -- and allegedly enchanted -- pilgrimage. People from St. Francis of Assisi and Charlemagne to Ferdinand and Isabella to Dante and Chaucer have taken the journey, which comprises a nearly 500-mile trek across highways, mountains and valleys, cities and towns, and fields. Now it would be Shirley's turn. For Shirley, the Camino was both an intense spiritual and physical challenge. A woman in her sixth decade completing such a grueling trip on foot in thirty days at twenty miles per day was nothing short of remarkable. But even more astounding was the route she took spiritually: back thousands of years, through past lives to the very origin of the universe. Immensely gifted with intelligence, curiosity, warmth, and a profound openness to people and places outside her own experience, Shirley MacLaine is truly an American treasure. And once again, she brings her inimitable qualities of mind and heart to her writing. Balancing and negotiating the revelations inspired by the mysterious energy of the Camino, she endured her exhausting journey to Compostela until it gradually gave way to a far more universal voyage: that of the soul. Through a range of astonishing and liberating visions and revelations, Shirley saw into the meaning of the cosmos, including the secrets of the ancient civilizations of Atlantis and Lemuria, insights into human genesis, the essence of gender and sexuality, and the true path to higher love. With rich insight, humility, and her trademark grace, Shirley MacLaine gently leads us on a sacred adventure toward an inexpressibly transcendent climax. The Camino promises readers the journey of a thousand lifetimes.

The Camino-Shirley MacLaine 2000 The author and actress chronicles her extraordinary journey along the Camino de Santiago de Compostela in Spain--the famous pilgrimage route that has been taken by pilgrims ranging from St. Francis of Assisi and Charlemagne to Dante and Chaucer. 200,000 first printing.

I'm Off Then-Hape Kerkeling 2009-06-16 I'm Off Then has sold more than three million copies in Germany and has been translated into eleven languages. The number of pilgrims along the Camino has increased by 20 percent since the book was published. Hape Kerkeling's spiritual journey has struck a chord. Overweight, overworked, and disenchanted, Kerkeling was an unlikely candidate to make the arduous pilgrimage across the Pyrenees to the Spanish shrine of St. James, a 1,200-year-old journey undertaken by nearly 100,000 people every year. But he decided to get off the couch and do it anyway. Lonely and searching for meaning along the way, he began the journal that turned into this utterly frank, engaging book. Filled with unforgettable characters, historic landscapes, and Kerkeling's self-deprecating humor, I'm Off Then is an inspiring travelogue, a publishing phenomenon, and a spiritual journey unlike any other.

The Camino-Shirley MacLaine 2000 'The Santiago Camino has been traversed for thousands of years by saints, sinners, generals, misfits, kings and queens. It is done with the intent to find one's deepest spiritual meaning and resolutions regarding conflicts in Self' - from the Introduction Shirley MacLaine is far more than a Hollywood legend - for the last three decades she has continued with her brave and public commitment to chronicling her personal quest for spiritual understanding. A truly inspirational woman, Shirley was prompted to take part in the annual pilgrimage along the Camino de Santiago de Compostela in Spain after receiving two anonymous letters imploring her to take the difficult trip. In her mid-sixties, Shirley managed to finish the nearly 500-mile trek in only thirty days - a phenomenal achievement. Throughout history, many illustrious pilgrims from all over Europe have taken up the trail, from St Francis of Assisi to Dante and Chaucer. Now it is Shirley's turn. With rich insight, humility and her trademark grace, Shirley MacLaine gently leads us through the range of astonishing and liberating visions and revelations that are revealed to her as she walked the pilgrimage. THE CAMINO promises readers the journey of a thousand lifetimes.

The Journey in Between-Keith Foskett 2012-10-31 El Camino is the fabled path that weaves through French and Spanish countryside for 1,000 miles to its hallowed destination at Santiago de Compostella. Hundreds attempt to walk its entirety each year: some succeed, many fail. The author walked the Camino to indulge his love for the outdoors and the simple act of putting one foot in front of the other - day after exhilarating day. Along the way he made friends with fellow pilgrims from all over the world, all travelling for their own different reasons. He was assailed by new experiences and unexpected discoveries - from the pain of blisters and extremes of temperature to encountering kleptomaniacs and fake faith healers and being threatened with arrest in Spain for 'not sleeping'. This is the story of one man's walk, but it speaks to all who see life itself as a journey and are alive to the revelations that an escape to nature can bring. As this book shows, it is rarely the start and the finish that count, but the journey in between.

The Camino Way-Victor Prince 2017-07-13 Business coach and former COO Victor Prince began his 500-mile trek on the Camino de Santiago as one person--driven, work-focused, and highly competitive--and he finished it a completely different one--more balanced, caring, and present in the moment. As he made his way on foot through rugged countryside and medieval towns, the life-altering journey allowed him to reflect, test his will, and join a community of strangers on a shared mission--resulting in seven essential leadership lessons inspired by the values emblazoned on the back of every pilgrim's passport. In The Camino Way, Prince shares the lessons he learned while on his pilgrimage and guides readers on their own Camino de Santiago. As Prince did while on his journey, learn to:• Treat each day as its own adventure• Make others feel welcome• Learn from those who've walked before• Consider your impact on those who follow• And more!Each year hundreds of thousands trek across this 500-mile leadership journey like no other. Within these pages, learn the life-changing principles they are discovering!

Somewhere Along the Way-Jordan P. Jones 2021-03-11 Follow one man's 600 mile pilgrimage across Spain, from the grueling mountains of the French Pyrenees to the religious haven of Santiago De Compostela. A tale of new friendships, romance and one man's quest to find himself among the blisters, sweat and pain. Somewhere Along The Way is a fast paced, brutally honest, true story that will fuel your love for travel.

A Journey of Three: The Camino de Santiago-Una Peregrina 2020-04-20 A vivid account of a modern pilgrimage on the Camino de Santiago, undertaken by an anonymous pilgrim and her two young sons. This book invites you to share the challenges, the highs and lows, the twists and turns of their journey and to savour the blessings as they approach the Divine through the miraculous.

Peregrina-Marilyn R. Melville 2002

The Camino-Shirley MacLaine 2012-12-11 'The Santiago Camino has been traversed for thousands of years by saints, sinners, generals, misfits, kings and queens. It is done with the intent to find one's deepest spiritual meaning and resolutions regarding conflicts in Self' - from the Introduction Shirley MacLaine is far more than a Hollywood legend - for the last three decades she has continued with her brave and public commitment to chronicling her personal quest for spiritual understanding. A truly inspirational woman, Shirley was prompted to take part in the annual pilgrimage along the Camino de Santiago de Compostela in Spain after receiving two anonymous letters imploring her to take the difficult trip. In her mid-sixties, Shirley managed to finish the nearly 500-mile trek in only thirty days - a phenomenal achievement. Throughout history, many illustrious pilgrims from all over Europe have taken up the trail, from St Francis of Assisi to Dante and Chaucer. Now it is Shirley's turn. With rich insight, humility and her trademark grace, Shirley MacLaine gently leads us through the range of astonishing and liberating visions and revelations that are revealed to her as she walked the pilgrimage. THE CAMINO promises readers the journey of a thousand lifetimes.

Steps Out of Time-Katharine B. Soper 2013-01-01 Years ago an overachieving and harried young mother accidentally flushed her gold watch down the toilet. Time passed, but the image of the lost watch continued to haunt her, a symbol of an overcommitted life. Two decades later, propelled by a series of curious coincidences, she leaves behind her busy professional life, her cell phone, and her family to escape the tyranny of time and walk five hundred miles across northern Spain to Santiago de Compostela. Steps Out of Time brings the mysterious and wonderful world of the Camino to life with its tales of serendipitous encounters, new friends made (and one tragically lost), stunning natural beauty, and unforgettable food. By the end of her journey, an exhausted and exhilarated Katharine Soper is keenly aware that she has completed much more than a month-long walk.

A Journey of Days-Guy Thatcher 2008 Guy Thatcher walked the Camino de Santiago, an ancient pilgrimage route, hoping to discover the reason for the compulsion that drove him there. What he found instead was the timeless land of northern Spain, beauty, silence, mountains and plains, rain and relentless sun, snow in May, heartbreaking climbs, fatigue, and injury; friendly and welcoming people, new friendships, despair, transcendental joy, birth and death, and churros con chocolate. He came away with a renewal of his belief in the remarkable goodness of ordinary people from all over the world as they shared an extraordinary journey. Walking the Camino-Tony Kevin 2009-05-01 "In May 2006, armed only with a small rucksack and a staff, Tony Kevin, an overweight, sedentary, 63-year-old former diplomat, set off on an eight-week trek across Spain. But this was not just a very long walk it was a pilgrimage."--Provided by publisher.

Walk by My Side-John Comando 2020-02-07 When I decided to walk the Camino de Santiago alone at age 71, it was on a whim. A year and a half earlier, I had had a hip replacement, but felt that I had become complacent in a comfortable retirement, and needed to shake up my life. And that's what I did. I knew walking a Camino wouldn't be easy or pain-free. Despite months of training and preparation, there was no way I could plan for the unexpected. On my third day of walking, an injury on the trail threatened my ability to finish my adventure. It would be more difficult and demanding than I ever imagined, forcing me to reach beyond physical pain and endurance, battle self-doubts, and draw from a spirit within me to finish the walk all the way to Santiago de Compostela. Along the way, I discover unexpected feelings and surprising emotions. Walk by My Side takes the reader from the months of preparation in central Mexico to Portugal where I started a 100 mile journey on the Camino Portugues to Santiago de Compestela in Spain. I'll take you with me as I walk to the rhythm of the endless ocean surf, navigate sprawling suburbs that have engulfed the ancient Way, traverse the Camino's paths and the back roads of Galicia, and savor the tastes of Galician food and wine. Along the way, I meet a variety of characters, pilgrims from around the world, who are walking for their own personal reasons, and observe a Camino that is changing to accommodate expansive growth and ever-increasing numbers of pilgrims. When I first started writing this book I had a friend read an early chapter where I started walking the Camino. Her comment to me was "I felt like I was walking with you, walking by your side." That comment inspired the book's title and a promise to the reader to maintain that feeling throughout the journey. Read this travel memoir and you'll be there with me...walking by my side.

The Shirley MacLaine Collection-Shirley MacLaine 2011-05-03 A collection of three books from wise, witty, fearless, and award-winning film actress, Shirley Maclaine. The Camino: The story of Shirley Maclaine's riveting and difficult pilgrimage along the Santiago de Compostela Camino in Spain, a journey that proved as much spiritual as physical. Following in the footsteps of the legendary figures who took the Camino before her, Shirley leads us with her trademark grace and insight on a sacred adventure that promises readers the journey of a thousand lifetimes. Out on a Leash: The fun, comical, and surprisingly inspiring account of how Shirley Maclaine found true, unconditional love in a furry bundle of canine charms—her dog Terry. This charming, witty, and ultimately wise memoir is an irresistible bonbon for the legions of MacLaine readers, and for dog lovers everywhere. Sage-ing While Age-ing: Sparked by the experience of moving into a new house, in this book Shirley Maclaine is inspired to look back across the remarkable professional and personal milestones she has experienced so far; doing so, she confronts the realities and rewards of growing older, and reflects on the greater understanding of her own place in the universe.

The Art of Walking-Kari Gale 2015-05-26 In the spring of 2013, Kari Gale walked the Camino de Santiago. During the 500 mile journey, she documented each day in her journal with ink and paints, resulting in over forty watercolor illustrations. The simple prose and sketches found in The Art of Walking provide an intimate perspective that captures the sweeping landscape of Spain, the beauty of ordinary moments, and the profound simplicity and delight of walking.

Keep Walking, Your Heart Will Catch Up-Cathay O. Reta 2021-01-12 Keep Walking is a modern-day pilgrimage, a spiritual journey, a physical feat. Cathay was in her mid-60s and entering a new phase of life. In phase one she had been single for 29 years. Phase two followed with 33 years of marriage. Now widowed, she was looking for direction for her next 30 years. That's when she felt called to hike the Camino de Santiago, the centuries old 483-mile trail across northern Spain. With trepidation, some fear and a fervent commitment to make the hike as best she could, Cathay traveled alone to Spain and started walking. She kept walking day after day through tears, anger, laughter, sadness and great joy. Every day was a challenge, and she often questioned why she was on the Camino. Why not just go to a nice hotel and think through what to do the next 30 years? Her question was answered when a fellow sojourner said to her, You're here [on the Camino] to learn to fall in love with yourself again. After 37 days she reached her destination. Keep Walking is her story of self-discovery, of transformation, and of renewal, all set in the magical, mystical field of the stars, the Camino de Santiago.

I'll Push You-Patrick Gray 2017-06-06 2018 ECPA Christian Book Award Winner 2018 Christopher Award Winner Two best friends, 500 miles, one wheelchair, and the challenge of a lifetime. Friendship takes on new meaning in this true story of Justin and Patrick, born less than two days apart in the same hospital. Best friends their whole lives, they grew up together, went to school together, and were best man in each other's weddings. When Justin was diagnosed with a neuromuscular disease that robbed him of the use of his arms and legs, Patrick was there, helping to feed and care for him in ways he'd never imagined. Determined to live life to the fullest, the friends refused to give into despair or let physical limitations control what was possible for Justin. So when Justin heard about the Camino de Santiago, a 500-mile trek through Spain, he wondered aloud to Patrick whether the two of them could ever do it. Patrick's immediate response was: "I'll push you." I'll Push You is the real-life story of this incredible journey. A travel adventure full of love, humor, and spiritual truth, it exemplifies what every friendship is meant to be and shows what it means to never find yourself alone. You'll discover how love and faith can push past all limits—and make us the best versions of ourselves.

The Camino Within-Tarek Riman 2018-06-19 What can you do today to come more alive in all your tomorrows, no matter what? Have you ever felt that what you do is a reflection of what you've been taught and not a true reflection of who you are? Have you ever felt that you've fast-forwarded through life or have lived it on autopilot, just doing what's expected of you? If you were to leave all your successes and possessions behind to explore beyond your comfort zone, what would you find? Trek along with Tarek on his pilgrimage of physical and emotional endurance, of blistered feet and broken bikes, of the meeting of unlikely souls and the generosity of some inspiring people he met along the way. In The Camino Within, Tarek Riman will take you on an adventure through 500 miles of the Camino leading you to many insightful revelations he picked up along the way and brought home with him to stay. Tarek will inspire you to intentionally and actively reflect on the stories you tell yourself so you can take your own personal Camino Within. He did this work by literally leaving everything behind; comfort, material possessions, technology, employment and important relationships! By breaking out of convention he contributed to his own personal growth, he's able to provide key takeaways in every chapter to help inspire you to face your own personal challenges and aspirations. The Camino Within promises readers an engaging read that can give rise to adventures of the soul and a meaningful life. The book will help you, question your beliefs to understand once and for all, if they are truly yours, see how powerful and cleansing such a journey can be, and begin to uncover your own deep truths and lead you to discover who you truly are. This is a goodwill book. It's a book to motivate and empower people to take their inner journey. In addition, the proceeds of this book are going to support various charities. The first 200 copies of the proceeds of this book went to the UNHCR to support refugees. Disclaimer: This is not a guide book.

Finding Myself Along the Way-Michael Burnett 2021-09-23 Travel Memoir that takes places on the Camino de Santiago

The Way Is Made by Walking-Arthur Paul Boers 2015-04-21 Pilgrimage is a spiritual discipline not many consider. In these pages Arthur Paul Boers describes his month-long journey on the Camino de Santiago in Spain, a classic pilgrimage route that ends at the cathedral where St. James is buried, opening to us his incredible story of renewed spirituality springing from an old, old path walked by millions before.

On the Camino-Jason 2017-05-24 The Camino de Santiago is a 500 mile, historic pilgrimage route to Santiago de Compostela in northwestern Spain. It is walked by thousands every year, both Christians and non-believers. To mark his 50th birthday, the brilliant Norwegian cartoonist Jason decided that walking the length of the Camino was what he needed to do. On the Camino is Jason's memoir of that trek — 32 days and 500 miles from St. Jean Pied de Port to Finisterre, observing with the eye of an artist, chronicling both the good (people, conversations) and the bad (blisters, bedbugs). Full of quiet incidents, odd encounters, small triumphs, and the occasional setback, On the Camino is the latest graphic novel by a master cartoonist.

To the Field of Stars-Kevin A. Codd 2008-03-18 "I am about to share here a story about stars that dance. . . . If the very thought of seeing stars dance piques your curiosity at some deep level of your soul, then pay attention to what follows, for the walk to the Field of Stars, to Santiago de Compostela, is a journey that has the power to change lives forever." -- from the introduction "Pilgrimage" is a strange notion to our modern, practical minds. How many of us have walked to a distant holy place in order to draw nearer to God? Yet the pilgrimage experience is growing these days in various parts of the world. Seeking to take stock of his life, Kevin Codd set out in July 2003 on a pilgrimage that would profoundly change his life. To the Field of Stars tells the fascinating story of his unusual spiritual and physical journey on foot across Spain to Santiago de Compostela, the traditional burial place of the apostle James the Greater. Each brief chapter chronicling Codd's thirty-five-day trek is dedicated to one or two days on the road. Codd shares tales of other pilgrims, his own changes of perspective, and his challenges and triumphs along the way -- all told with a disarming candor. Seen through the eyes of a Catholic priest who honors the religious worldview that originally gave rise to these medieval odysseys, "pilgrimage" comes to life and takes on new meaning in these pages.

Camino de Santiago in 20 Days-Randall St. Germain 2011-10 Funny, touching, and inspiring! A book about really walking the Camino de Santiago! Perhaps it was the onset of middle-age or just too much diet cola, but in the Spring of 2010, Canadian boy, Randall St. Germain felt called to take on the 800 kilometer, or 500 mile Camino de Santiago pilgrimage from St. Jean Pied de Port, France to Santiago de Compostela, Spain.

Seriously, what ensued was a dedication to his mother, a personal challenge, and a journey of cultural and historical enlightenment. A million footsteps, and a few pounds of gauze and tape later, he arrived in Santiago de Compostela, with a better understanding of himself - and a newfound familiarity with snoring and flatulent pilgrims! Join St. Germain on his adventure in Camino de Santiago In 20 Days, an irreverently chuckle-inducing look at one man's attempt at the famed walk as he confronts apocalyptic weather, snarling dogs, epic blisters, an exhausted body, and his greatest paranoia in life-bed bugs. Along with his humorous reflections, there is practical insight into how he successfully prepared, packed, and then walked across the entire French Way in 20 days - and in doing so, pushed far beyond his personal comfort zone. Never to be included on the final list of Pulitzer Prize nominees, or in Oprah's Book Club, Camino de Santiago in 20 Days is not your granddaddy's Camino book, either. One word of caution: Pilgrim Discretion is Advised.

Don't Fall Off the Mountain-Shirley MacLaine 1985-01 "I've always felt that I would never develop into a really fine actress because I cared more about life beyond the camera than the life in front of it. Over the years my search became broader and broader. After two months on a picture my car seemed to veer toward the airport of its own accord. I still loved acting and enjoyed it. I was a professional, but basically I was more interested in the people I played than the movies I played them in..." -- Shirley MacLaine. An outspoken thinker, a keen observer, a truly independent woman, Shirley MacLaine takes us on a remarkable journey into her life and her inner self. From her Virginia roots, to stardom, marriage, motherhood and her enlightening travels to mysterious corners of the world, her story is exciting and poetic, moving and humorous-the varied and life-changing experiences of a talented, intelligent and extraordinary woman.

A Personal Journey: 26 Days Traveling The Camino De Santiago; Backpacking, Spiritual, Adventure, Pilgrimage - My Way-Stella Stella 2021-03-10 Hi, I'm Stella Stella, and I journaled my epic and personal pilgrimage backpacking through the Camino De Santiago. Originally intended to share this only with a few close friends, my detailed journal is real, and raw (and funny). This beautiful, life altering experience will stay with you forever. I include the Good, the Bad, and the Ugly. Triumphant over setbacks, this writing captures why everyone has their own Camino. Be ready, as this may not be what you expect. PS - If you are planning a Camino, also check out my Packing List. Buen Camino

Strangers on the Camino-Sanjiva Wijesinha 2014 On pilgrimage to Camino de Santiago de Compostela, also known in English as The Way of St. James, in Spain.

Walking to the End of the World-Beth Jusino 2018 In April 2015, Beth and Eric Jusino, laden with backpacks and nerves, walked out of a cathedral in the historic village of Le Puy, France, down a cobblestone street, and turned west. Seventy-nine days, a thousand miles, two countries, two mountain ranges, and three pairs of shoes later, they reached the Atlantic Ocean. More than two million pilgrims have walked the Way of Saint James, a long-distance hiking trail familiar to most Americans by its Spanish name, the Camino de Santiago. Each pilgrim has their own reason for undertaking the journey. For the Jusinos, it was about taking a break from the relentless pace of modern life and getting away from all their electronic devices. And how hard could it be, Beth reasoned, to walk twelve to fifteen miles a day, especially with the promise of real beds and local wine every night? Simple. It turned out to be harder than she thought. Beth is not an athlete, not into extreme adventures, and, she insists, not a risk-taker. She didn't speak a word of French when she set out, and her Spanish was atrocious. But she can tell a story. In Walking to the End of the World, she shares, with wry humor and infectious enthusiasm, the joys and travails of undertaking such a journey. She evocatively describes the terrain and the route's history, her fellow pilgrims, and the villages passed, and the unexpected challenges and charms of the experience. Beth's story is also about the assurance that an outdoor-based, boundary-stretching adventure is accessible to even the most unlikely of us. In her story, readers will feel that they, too, can get off their comfortable couches and do something unexpected and even spectacular. Walking to the End of the World is a warm-hearted and engaging story about an average couple going on an adventure together, tracing ancient paths first created in the tenth and eleventh centuries, paths that continue to inspire and reveal surprises to us today in the twenty-first.

Fumbling-Kerry Egan 2006 A moving account of the author's personal odyssey along the Camino de Santiago, the medieval pilgrimage route through northern Spain, as she struggled to deal with her grief over the death of her father and learned how to recognize God's presence in everyday people and places. Reprint. 10,000 first printing.

A Pilgrim in Winter-William Butler 2020-04-13 In this uproariously hilarious and brutally honest depiction of what modern pilgrims experience on the Camino de Santiago, Will Butler treks through 500 miles of the harsh winter in northern Spain to the fabled Santiago de Compostela. Along the way, he befriends a foul-mouthed Venetian Glassmaker, a love sick organ player, and briefly marries a stunningly attractive surfer from South Korea. Filled with a kaleidoscopic assortment of colorful pilgrims and Spanish locals, A Pilgrim in Winter is the perfect read for those pilgrims who have walked The Way of St. James, and for the hundreds of thousands more who wish to attempt it.

It's Your Camino-Kenneth Richard Strange Jr 2019-07-27 This is the story of one couple's 500-mile, 31-day pilgrimage across northern Spain to Santiago de Compostela in 2018.

Buen Camino!-Natasha Murtagh 2011 A Father-Daughter Journey from Croagh Patrick to Santiago de Compostela

Walk in a Relaxed Manner-Joyce Rupp 2011-12-06 Experience the powerful prose and poetry of Joyce Rupp with the beautiful full-color art of Mary Southard.

Camino de Santiago: Camino Frances-The Reverend Sandy Brown 2022-05-11 This two-volume set of guidebook and map book makes an indispensable companion to planning and walking the 784km Camino Frances

pilgrim route from St-Jean-Pied-de-Port across northern Spain to Santiago de Compostela. Divided into 6 sections, the guidebook includes an additional section from Santiago de Compostela to Finisterre and Muxia on the Galician coast. Each section is broken down into detailed stages with easily customisable start and finish points due to the amount of accommodation available en route. Over 500 of these pilgrim lodgings are listed within this guidebook, including all public and private albergues, with contact details and a description of facilities available. The accompanying map book offers detailed, stage-by-stage maps and profiles of the route as well as over 120 town and village maps that helps you find the exact location of accommodation and other sites important to pilgrims. The small size allows you to keep the map book in an accessible pocket for use throughout the day. This two-part guidebook and map book provide an abundance of advice on planning and preparation, sample itineraries and detailed information that allows complete customisation of the Camino, making this an ideal guidebook for all pilgrims walking the Camino Frances.

Sue Kenney's My Camino-Sue Kenney 2004 Suddenly downsized from her corporate telecom career, Canadian Sue Kenney walked 780 kilometers on a medieval pilgrimage route in Spain known as the Camino de Santiago de Compostella. She went alone in the winter with the intention of finding her life purpose. Blended with her profound experiences as a pilgrim, her athletic discipline as a competitive world class Master's rower and her extensive background in the telecommunications industry, Sue offers a unique perspective by sharing the lessons and virtues of being a simple pilgrim on the Camino, as a metaphor for being on a life journey with purpose. Sue has written a second book called Confessions of a Pilgrim.

There's Something Going On!-Simon Donlevy 2020-11-16 Walking the Camino de Santiago becomes a story about people, love, adventure, escapism, charity and friendships.

Travels with a Stick-Richard Frazer 2019 Almost 300,000 people `officially' complete the journey to Santiago each year - hundreds of thousands more travel at least part of the way. In this book, Richard Frazer discovers on his pilgrimage to the shrine of St James the Great how a journey - wherever it is made - undertaken with an open and hospitable heart can provide spiritual renewal and transformation, filling what many people see as the spiritual void in 21st century life. This absorbing account reveals how the pilgrim journey can be nourishment for the human heart. It connects us to landscape and brings us to the mystery of what it is to be human and vulnerable and open to the kindness of strangers and the gift of the new and the unexpected.

The Camino de Santiago-Shannon O'Gorman 2021-07-09 This book is a factual account of the challenges and joys of the Pilgrimage of El Camino de Santiago, The Way of St. James. It offers practical advice for preparing for it and enjoying the experience. If you like first-person accounts full of facts and reflection, you will like One Wonderful Walk.

Grab Your Pack: A Journey Along the Camino de Santiago-Kyle Hocking 2018-01-22 An inspiring, 800 kilometre journey along the Camino de Santiago in Northern Spain, Grab Your Pack is an intimate, first-hand account of one man's search for adventure. Tackling the hike with his younger brother, the two navigate through large cities and small villages, mountain passes and muddy fields all while encountering dozens of interesting characters from across the globe. The Camino is challenging, uplifting, and ultimately life-changing for those hearty enough to hike the entire stretch. It's about the journey, not the destination. So grab your pack and come along on this trip of a lifetime!

Sauntering to Santiago-DeMar Southard 2013-10 A memoir of fifty days on the Camino de Santiago and the aftermath in the life of the author. This is not a travelogue. Rather, it is a memoir of thoughts, feelings, and experiences while making a spiritual pilgrimage to Santiago de Compostela. The author walked from Montserrat, near Barcelona, to Finisterre, experiencing solitude for the first part of the walk along the Catalan route of the Camino, then in the company of fellow pilgrims after joining the more familiar French route. This is a story of walking, experiencing, feeling, being. Along the way the author rambles on about beer, Debussy, Prozac, economics, and other sundry topics that tend to waft through the brain while walking 850 miles across Northern Spain.

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