

The Charge Brendon Burchard

The Charge-Brendon Burchard 2012-05-15 The best-selling author of The Millionaire Manager presents a case for a new approach to human ambition and achievement in today's stressful, technologically driven world, drawing on neuroscience studies and case studies to profile 10 sources of motivation that can be strategically applied by today's business leaders. 150,000 first printing.

The Charge-Brendon Burchard 2012-05-15 On a dark and steamy Caribbean night, Brendon Burchard stood bleeding atop the crumpled hood of his wrecked car. That night he learned about mortality, discovering that at the end of our lives we will all ask, "Did I live? Did I love? Did I matter?" Since that fateful night, Brendon has lived a fully charged life, and he's helped millions of people around the globe transform their lives and feel more alive, engaged, and fulfilled. Brendon observes that the emotional energy of the world has flatlined, and he sets out to fix it. People are stressed, restless, and wanting more out of life. Despite the fact that most people have what they "need" to be happy, they rarely feel the levels of excitement, engagement, or satisfaction they deserve. So what's the solution? In The Charge, Brendon argues that the only way to measurably improve the quality of your life is to learn how to activate the very 10 drives that make you most human. These drives are your desires for more control, competence, congruence, caring, connection, change, challenge, creative expression, contribution, and consciousness. These drives shape everything you think, feel, and do in life, so understanding and mastering them is critical to your success and happiness. Strategically activating these drives on a consistent basis is the fastest path to living a fully charged life. Harnessing our human drives is not easy; if it were, we wouldn't see so

much restlessness in the world. That's why Brendon has devised what he calls the true "activators" of human experience—a series of powerful yet simple actions you can take to radically increase your levels of energy, engagement, and fulfillment in all areas of your life. What Brendon uncovers in *The Charge* will surprise and challenge you. It turns out that most of the ways we seek to meet our human drives are actually counterproductive. We all want more control, for example, but seeking to have more certainty in our daily lives or to control other people will actually decrease our levels of control (and happiness). We have a deep desire for change, too, but we often fail to make the right kinds of change that would make us feel more alive and in command of our lives. In *The Charge*, Brendon helps us overcome these mistakes and illuminates the path for strategically and intelligently activating our 10 human drives so that we can have the one thing we all want: more life in our lives! Brendon Burchard is the founder of High Performance Academy and author of the #1 New York Times and #1 USA Today bestselling book *The Millionaire Messenger*. He is also the author of *Life's Golden Ticket* and one of the top motivation and high performance trainers in the world. His famous training events and videos inspire millions of people to find their charge, share their voice, and make a greater difference.

The Charge-Brendon Burchard 2012-05-15 In *The Charge*, world renowned motivational speaker and bestselling author Brendon Burchard argues that in the hyper-digitized world in which we are living, the time has come to revise the classic 'hierarchy of needs' - which places the basic needs of safety and sustenance at the bottom. Burchard makes the case that it's time to re-examine what it takes to feel alive and fulfilled in a stressful, chaotic world. Using pioneering studies from the fields of positive psychology and neuroscience, as well as great stories from his own experience, Burchard identifies the ten simple drives of human emotion and happiness: Control, Competence, Congruence,

Caring, Connection, Change, Challenge, Creative expression, Contribution, Consciousness. He shows how the 10 Cs, which you can use to evaluate all your thoughts, feelings, and behaviour from the past 10 days -- and in every moment of your life -- are the gateways to your psychological health and happiness. *The Charge* provides the keys to understanding and activating these drives in clear and concrete ways that will inspire and help everyone find the one thing we all are searching for: more life in our lives.

High Performance Habits-Brendon Burchard 2017-09-19 THESE HABITS WILL MAKE YOU EXTRAORDINARY. Twenty years ago, author Brendon Burchard became obsessed with answering three questions: 1. Why do some individuals and teams succeed more quickly than others and sustain that success over the long term? 2. Of those who pull it off, why are some miserable and others consistently happy on their journey? 3. What motivates people to reach for higher levels of success in the first place, and what practices help them improve the most After extensive original research and a decade as the world's leading high performance coach, Burchard found the answers. It turns out that just six deliberate habits give you the edge. Anyone can practice these habits and, when they do, extraordinary things happen in their lives, relationships, and careers. Which habits can help you achieve long-term success and vibrant well-being no matter your age, career, strengths, or personality? To become a high performer, you must seek clarity, generate energy, raise necessity, increase productivity, develop influence, and demonstrate courage. The art and science of how to do all this is what this book is about. Whether you want to get more done, lead others better, develop skill faster, or dramatically increase your sense of joy and confidence, the habits in this book will help you achieve it faster. Each of the six habits is illustrated by powerful vignettes, cutting-edge science, thought-provoking exercises, and real-world daily practices you can implement right

now. If you've ever wanted a science-backed, heart-centered plan to living a better quality of life, it's in your hands. Best of all, you can measure your progress. A link to a free professional assessment is included in the book.

The Motivation Manifesto-Brendon Burchard 2014-10-28 "The Motivation Manifesto is a poetic and powerful call to reclaim our lives and find our own personal freedom. It's a triumphant work that transcends the title, lifting the reader from mere motivation into a soaringly purposeful and meaningful life. I love this book." —Paulo Coelho The Motivation Manifesto is a pulsing, articulate, ferocious call to claim our personal power. World-renowned high performance trainer Brendon Burchard reveals that the main motive of humankind is the pursuit of greater Personal Freedom. We desire the grand liberties of choice—time freedom, emotional freedom, social freedom, financial freedom, spiritual freedom. Only two enemies stand in our way: an external enemy, defined as the social oppression of who we are by the mediocre masses, and an internal enemy, a sort of self-oppression caused by our own doubt and fear. The march to Personal Freedom, Burchard argues, can be won only by declaring our intent and independence, stepping into our personal power, and battling through self-doubt and the distractions of the day until full victory is won. Recalling the revolutionist voices of the past that chose freedom over tyranny, Burchard—at times poetic yet always fierce—motivates us to free ourselves from fear and take back our lives once and for all. Life's Golden Ticket-Brendon Burchard 2012-08-06 A fictionalized account on one man's journey through a "theme park of life" after being implored by his dying fiancée to go and discover... Trapped in a prison of his past so he can't see the possibilities, the gifts and the choices available to him, his journey is our journey. Based on Brendon's experience teaching and coaching, he realizes that people never transform the quality of their lives unless their hearts and minds are truly engaged

in changing - they need to have a deep, emotional reason to change. This beautiful, engaging story of love, loss and redemption will connect with people immediately. It will also cause readers to think and reflect on their lives more deeply, become more aware of their own life stories, accept their authentic selves, and become accountable for who they are. Brendon reaches out to engage hearts and minds in transforming lives with emotional edge and mental clarity. What is this golden ticket? And what kind of life does it really gain us admission to? The chapters are arranged into life lessons around 4 gates to transformation: Awareness, Acceptance, Accountability, and Action. "Whatever you do, pay the price of admission for Life's Golden Ticket! This book is entertaining, provocative and loaded with wisdom. Honestly, this is the most original book I've read in years!" (Bill Treasurer, CEO, Giant Leap Consulting and author of Right Risk - Ten Powerful Principles for Taking Giant Leaps with Your Life) "I read the story in one sitting, I just couldn't put it down. I cried, I laughed, I cheered, I wondered where it was all going - and when I finished, I was so thankful for the journey" (K C George, Corporate Program Manager, VISA USA) "Life's Golden Ticket is wise without being preachy, inspiring without forgetting insight, entertaining without sacrificing empowerment. Brendon Burchard shows incredible depth, compassion, and wisdom on every page. He has given us a true gift." (Kelley Graham, Director, Levi Strauss & Co)

The Millionaire Messenger-Brendon Burchard 2011-09-06 The #1 New York Times bestseller from world-renowned advice expert teaches everyday people how to share their story and wisdom with the world and build a lucrative business doing so. In this game-changing book by Brendon Burchard, founder of Experts Academy, you'll discover: Your life story and experience have greater importance and market value than you probably ever dreamed. You are here to make a difference in this world. The best way to do that is to package your knowledge and advice (on any topic, in any industry) to

help others succeed. You can get paid for sharing your advice and how-to information, and in the process you can build a lucrative business and a profoundly meaningful life. In *The Millionaire Messenger*, legendary expert trainer Brendon Burchard pulls back the curtains on the advice industry and shows you a simple ten-step plan for making an impact and an income with what you know. The lessons you've learned in life and business are about to become your greatest asset—and your greatest legacy.

The High Performance Journal-Brendon Burchard 2020-11-24 Brendon Burchard, the world's leading high-performance coach, offers over 100 writing prompts for advanced personal development, helping you find your passions, stay focused and live a happy, mindful life. In this journal, #1 New York Times bestselling author Brendon Burchard guides you through questions that will help you reflect on life, develop a positive mindset, focus on what matters and dramatically increase your self-awareness, mindfulness and resilience. This isn't one of those journals where you just stare at a blank page wondering what to appreciate or write about - it's an inspired guided tour through the major areas of your life and a profoundly useful tool for developing greater clarity and intention today. The journal also includes some of Brendon's most popular quotes, peppering your journey to self-mastery with inspiration from someone who has coached some of the highest performers in the world: Olympic athletes, CEOs, entrepreneurs, media moguls and more. Adding this journal to your toolkit will help you become the very best version of yourself!

The Charge by Brendon Burchard (Summary)-QuickRead Do you want more free book summaries like this? Download our app for free at <https://www.QuickRead.com/App> and get access to hundreds of free book and audiobook summaries. Learn how to recharge and access your full potential. We charge our iPhones everyday. We know what makes them tick. A simple connection between our

phone, a power cable, and a source of electricity means that they'll soon get the juice they need to function. But what about a human being? What do we need in order to fully recharge? In *The Charge* (2012), we'll learn about the drives that motivate people to succeed and how we can access them to reach our full potential.

The Motivation Manifesto Cards-

The High Performance Planner-Brendon Burchard 2018

The High Performance Planner-Brendon Burchard 2019-01-08

Superpowered-Renee Jain 2020-09-22 This New York Times and USA TODAY bestseller is the perfect tool for children facing new social and emotional challenges in an increasingly disconnected world! This how-to book from two psychology experts--packed with fun graphics and quizzes--will help kids transform stress, worry, and anxiety. Give it to fans of *The Confidence Code for Girls* and Raina Telgemeier's *Guts*. Now more than ever, kids need to feel empowered as they work through anxiety, overwhelm, and uncertainty brought on by the world around them. With its helpful, hands-on suggestions and tips, *SUPERPOWERED* will be embraced by every kid with insecurities, worries, and anxious thoughts. Renee Jain (founder of GoZen!) and Dr. Shefali Tsabary (New York Times bestselling author and Oprah contributor) make readers the superheroes of their own stories. They introduce a toolkit of easy-to-understand methods for recognizing anxious behaviors, identifying the root causes of worried thinking, and realizing that strength can be found in reclaiming one's inner superpowers. With the help of humorous artwork and interactive elements, readers find their P.O.W.E.R. (an acronym that inspires mindfulness and resilience practices) and gain lasting mental strength.

The High Performance Planner Half-year Pack-Brendon Burchard 2018-12-18

High Performance Planner Full-Year Pack-Brendon Burchard 2018-11-02

The Student Leadership Guide-Brendon Burchard 2008-09-01 Experts Academy Press is proud to present the first and only leadership book on the market that is (1) intended for students, (2) written from both theoretical and popular viewpoints, and (3) structured with a real-world, service-oriented framework that students can instantly use to make a difference in their classrooms, communities, and early careers. Leadership is conceptualized from the principles that it is a collective and participative process, different from management, and firmly rooted in service. The book's framework--Envision, Enlist, Embody, Empower, Evaluate, and Encourage--reflects six key leadership practices students must learn in order to lead with competence and confidence. The Student Leadership Guide has been praised by educators and students alike for its theory-backed content and its practical, inspiring call to action and service.

The Art of Currency Trading-Brent Donnelly 2019-06-12 Now you can master the art of foreign exchange trading While most currency trading and foreign exchange books focus on international finance theory or simplistic chart-based strategies, The Art of Currency Trading is a comprehensive guide that will teach you how to profitably trade currencies in the real world. Author Brent Donnelly has been a successful interbank FX trader for more than 20 years and in this book, he shares the specific strategies and tactics he has used to profit in the forex marketplace. The book helps investors understand and master foreign exchange trading in order to achieve sustainable long-term financial success. The book builds in intensity and depth one topic at a time, starting with the basics and moving on to intermediate then advanced setups and strategies. Whether you are new to currency trading or have years of experience, The Art of Currency Trading provides the information you need to learn to trade like an expert. This much-needed guide provides: an insider's view of

what drives currency price movements; a clear explanation of how to combine macro fundamentals, technical analysis, behavioral finance and diligent risk management to trade successfully; specific techniques and setups you can use to make money trading foreign exchange; and steps you can take to better understand yourself and improve your trading psychology and discipline. Written for currency traders of all skill levels, international stock and bond investors, corporate treasurers, commodity traders, and asset managers, *The Art of Currency Trading* offers a comprehensive guide to foreign exchange trading written by a noted expert in the field.

The Path to Awesomeness-Frederick Espiritu 2016-03-01 Who am I? What is my purpose? The answers to these questions seemed to have been elusive for many, or even yet the search still hasn't started for some. We are all students learning in the school called Life. As we go through it, we learn the lessons that will help us realize the true essence of who we are and what we can do. *The Path to Awesomeness* provides the clues that will take us closer to the Truth that is already within us. It will illuminate our minds and open our hearts as it takes us to the story of a personal awakening, so that we can see for ourselves the answers we've all been searching for. It's a journey that reflects our own path to healing, self-discovery and self-actualization of becoming awesome - our super human potential. It's the adventure of a lifetime that awaits us in *The Path to Awesomeness*, our destiny in life which we can only embark by letting go of the old-trodden path. *The Path to Awesomeness* will teach us life's greatest lesson - that falling in Love requires a leap of faith, knowing and trusting God will catch us.

Hacker's Guide to Project Management-Andrew Johnston 2004-02-18 Managing a software development project is a complex process. There are lots of deliverables to produce, standards and procedures to observe, plans and budgets to meet, and different people to manage. Project

management doesn't just start and end with designing and building the system. Once you've specified, designed and built (or bought) the system it still needs to be properly tested, documented and settled into the live environment. This can seem like a maze to the inexperienced project manager, or even to the experienced project manager unused to a particular environment. A Hacker's Guide to Project Management acts as a guide through this maze. It's aimed specifically at those managing a project or leading a team for the first time, but it will also help more experienced managers who are either new to software development, or dealing with a new part of the software life-cycle. This book: describes the process of software development, how projects can fail and how to avoid those failures outlines the key skills of a good project manager, and provides practical advice on how to gain and deploy those skills takes the reader step-by-step through the main stages of the project, explaining what must be done, and what must be avoided at each stage suggests what to do if things start to go wrong! The book will also be useful to designers and architects, describing important design techniques, and discussing the important discipline of Software Architecture. This new edition: has been fully revised and updated to reflect current best practices in software development includes a range of different life-cycle models and new design techniques now uses the Unified Modelling Language throughout

The Millionaire Messenger-Brendon Burchard 2011-09-06 Explains how to make an individual's life experiences the basis of a successful consulting business, and provides advice on setting up the business, finding clients, and other issues.

High Performance Habits-Brendon Burchard 2022-01-04 THESE HABITS WILL MAKE YOU EXTRAORDINARY. Twenty years ago, author Brendon Burchard became obsessed with answering three questions: 1. Why do some individuals and teams succeed more quickly than others and

sustain that success over the long term? 2. Of those who pull it off, why are some miserable and others consistently happy on their journey? 3. What motivates people to reach for higher levels of success in the first place, and what practices help them improve the most After extensive original research and a decade as the world's leading high performance coach, Burchard found the answers. It turns out that just six deliberate habits give you the edge. Anyone can practice these habits and, when they do, extraordinary things happen in their lives, relationships, and careers. Which habits can help you achieve long-term success and vibrant well-being no matter your age, career, strengths, or personality? To become a high performer, you must seek clarity, generate energy, raise necessity, increase productivity, develop influence, and demonstrate courage. The art and science of how to do all this is what this book is about. Whether you want to get more done, lead others better, develop skill faster, or dramatically increase your sense of joy and confidence, the habits in this book will help you achieve it faster. Each of the six habits is illustrated by powerful vignettes, cutting-edge science, thought-provoking exercises, and real-world daily practices you can implement right now. If you've ever wanted a science-backed, heart-centered plan to living a better quality of life, it's in your hands. Best of all, you can measure your progress. A link to a free professional assessment is included in the book.

The High Performance Planner-Brendon Burchard 2018

Millionaire Success Habits-Dean Graziosi 2019-01-15 NEW EDITION--REVISED AND UPDATED with all-new chapters on productivity! Legendary business coach and entrepreneur Dean Graziosi takes you from where you are in life to where you want to be, using simple tools to reshape daily routines and open new doors to prosperity--whether you're a fellow entrepreneur, an employee or executive, or a new grad in your first job. Millionaire Success Habits is a book designed with one purpose in

mind: to take you from where you are in life to where you want to be in life by incorporating easy-to-implement "Success Habits" into your daily routine. Legendary business coach Dean Graziosi has broken down the walls of complexity around success and created simple success recipes that you can quickly put to use in your life to reach the level of wealth and abundance you desire. This book is not about adding more time to your day. It is about replacing those things that are not serving your future with success habits designed specifically to assist you on your journey to a better you. In these pages, you'll:

- Drill down deep to identify your "why"--the true purpose that drives you and the real reason you want to prosper
- Expose and overcome the "villain within" that's holding you back
- Unlock the single biggest secret to being productive (it's probably not what you think)
- Believe in your own massive potential--so you can make it a reality
- Use Dean's 30-day Better Life Challenge to catapult you into your new life

Now updated with brand-new chapters on productivity and mastering the art of achievement, *Millionaire Success Habits* gives you the tools you need to radically reshape your daily routine and open new doors to prosperity.

The Motivation Manifesto-Brendon Burchard 2014-05-01 In *The Motivation Manifesto*, world-renowned motivational speaker and bestselling author Brendon Burchard gives readers a step by step guide and a passionate manifesto for living up to their potential. With his trademark verve, he teaches readers the six practices that will help them achieve greatness in an increasingly busy and pessimistic world. Readers will learn: Practice One: Stop Belittling Yourself; Practice Two: Own Your Role; Practice Three: Reclaim Your Agenda; Practice Four: Transform Energy; Practice Five: Inspire Excellence, and Practice Six: Make the Moment Matter. Burchard shows how these six simple practices can recharge your life, re-motivate you and restart you on the path to success. *The Motivation Manifesto* provides the keys to understanding and activating our potential in clear and

concrete ways that will inspire and help everyone find their own inner motivation.

The Tools-Phil Stutz 2012 5 unique Tools ... 3 seconds each to use ... A lifetime of fulfilment Can you imagine what your life would be if you could tap into a new source of power - one that has been inside you all along - to solve your own problems and become the master of your life? The Tools is an extraordinary psychological model based on the proven methods of Hollywood's greatest psychotherapists. Phil Stutz and Barry Michels have over 60 years of psychotherapeutic experience between them. Together they have helped their A-list clients work through whatever has held them back - be it insecurity, trauma, anger, lack of willpower, negativity or avoidance - and achieve their greatest work and find a deep level of fulfilment. Now, at last, the acclaimed clinicians are sharing their methods in this eye-opening and empowering book. Introducing their five simple techniques, namely The Reversal of Desire, Active Love, Inner Authority, The Grateful Flow and Jeopardy, the authors clearly explain what they are and how and when to use them. Astonishingly effective and beautifully simple - once you've learned a tool it takes only three to five seconds to use it - this book will give you everything you need to propel yourself forward to achieve your ambitions and be who you were born to be.

Summary of The Motivation Manifesto-Instaread Summaries 2016-04-06

Get Out of Your Own Way-Dave Hollis 2020-03-10 The idea that you could be more but got in your own way should wake you up in the middle of the night. Dave Hollis used to think that “personal growth” was just for broken people, then he woke up. When a looming career funk, a growing drinking problem, and a challenging trek through therapy battered Dave Hollis, a Disney executive and father of four, he began to realize he was letting untruths about himself dictate his life. As he sank to the bottom of his valley, he had to make a choice. Would he push himself out of his comfort

zone to become the best man he was capable of being, or would he play it safe and settle for mediocrity? In *Get Out of Your Own Way*, Dave tackles topics he once found it difficult to be honest about, things like his struggles with alcohol and his insecurities about being a dad. Offering encouragement, challenges, and a hundred moments to laugh, Dave will help you: Discover the way for those of us who are, like he was, skeptical of self-help but wanting something more than the status quo Drop negative ideas about who we are supposed to be and finally start living as who we really are See our own journeys more clearly as he unpacks the lies he once believed—such as “I Have to Have It All Together” and “Failure Means You’re Weak” Learn the tools that helped him change his life, and may change your life too *Get Out of Your Own Way* is a call to arms for anyone who’s interested in a more fulfilled life, who, along the way, may have lost their “why” and now wonders how to unlock their potential or be better for their loved ones.

Lead Through Life-Stew Darling 2020-03-03 "One day, we awaken and feel the discomfort in our comfort. We pull back the curtain and wonder if we caught a glimpse of bars across the window and we rise again." In that moment, we decided to Lead through Life. No longer will we aimlessly follow. No longer will we blindly accept the stories we are fed. We will strike our own path. But what does that path look like? In his conformity-breaking new book, Stew Darling provides a simple Framework empowering every reader to create their own path to leadership. We all hold positions of leadership: mum, dad, partner, brother, sister, friend, colleague. But the word 'leader' has become tainted by some in power. As Stew explains, true leadership is based not in power, but in service. When we harness that definition of leadership, the 'call to arms' of Lead through Life becomes a thrilling and life-changing endeavour. Written with humour and vulnerability, Lead through Life takes you on Stew's journey from a traumatic childhood event, to the battlefields of the Middle East and on to

entrepreneurship. These were the foundations upon which he came to create, and live by, the Lead through Life Framework. With twelve simple words, this Framework simplifies leadership and makes it accessible to all. The Lead through Life Framework has already changed the lives of many. This book will enable every reader to join the growing number who have decided to take up their own challenge and Lead through Life. "Leadership is nothing more than an extension of the practices of being a good citizen.

The Seven Laws of Love-Dave Willis 2016-01-05 "The Seven Laws of Love is insightful, compelling, inspiring, grounded, and immeasurably practical. We love this book! Everyone needs to read it. Don't miss out on its powerful message." —Drs. Les & Leslie Parrott, authors of Saving Your Marriage Before It Starts In our fast-paced, success-obsessed culture, we're constantly tempted to chase after things that don't matter. We've been conditioned to value possessions over people, status over relationships, and ourselves over God. But the reality is this: God created love to be the centerpiece of our lives. In The Seven Laws of Love, Dave Willis makes the case for a love revival and proves that in returning to a life of love we have no greater model than the one who is love himself. In Dave's humorous, touching, down-to-earth style, The Seven Laws of Love takes you on a journey through the ins and outs of everyday relationships—with your spouse, your children, your friends, and your coworkers—using practical, applicable examples and guiding principles that demonstrate what a life of love actually looks like. There is no higher calling on earth than to love and be loved. It's time to learn The Seven Laws of Love, and to make loving a priority over all other pursuits. Anything else isn't really living.

Miracle Morning Millionaires-Hal Elrod 2018-05-25 What if the real secret of millionaires isn't about doing more, but becoming more? Millionaires know everything in your present is a result of how you

thought, decided, and acted in the past. But your present circumstances can easily change. Right now. Because, with this revolutionary manual to wealth, you'll discover... -The undeniable connection between mornings and wealth. -Why becoming wealthy is never a sedentary pursuit. -The simple five-step wake-up process that'll guarantee you'll rise early...like a millionaire. -Four choices you must make to become wealthy. -The specific actions you must take when you choose to become a millionaire. (They'll surprise you. Definitely.) -A revolutionary twist on affirmations...and how to leverage them in a way that will absolutely produce results. -How Rearview Mirror Syndrome can significantly inhibit your financial growth. -The key to replacing your blind spots with a vision for the future. -A free 30-day Transformation Challenge Fast Start Kit. This, in the end, is the true value of mornings: In that quiet period of stillness, when the world is asleep, and you're in complete control--that's when you nurture the golden goose and discover the incredible potential of each new day. That's where you find your Millionaire Miracle Morning.

Unblocked-Margaret Lynch Raniere 2022-04-12 A practical, step-by-step program for healing the four lower chakras—the empowerment chakras—using EFT/tapping. Noted empowerment coach Margaret Lynch Raniere introduces the hidden power of the four lower “empowerment” chakras—root, sacral, solar plexus, heart—and the groundbreaking healing techniques she created to heal them using Emotional Freedom Technique (EFT), also known as “tapping.” These four chakras are the source of the exact rising empowerment energy you need to feel, speak, and act with confidence, courage, and deeply felt belief in yourself and your value. However, these are the chakras that get blocked with long-buried fears and pain that create self-doubt, procrastination, playing small, and years of trying to prove you’re good enough. Healing these lower chakras will help you reclaim your inner power so you can stop proving and start being your most powerful,

passionate, and authentic self.

Built to Serve-Evan Carmichael 2020-03-17 Most people wake up and drive to a job that they hate. Think about your five closest friends. Are they happy? Do they live their lives with purpose? Do you? We put on a fake front for what we want people to see and think about us, but the reality is most people aren't happy. We're lost. We settle. We aren't happy with where we are. You can't be happy if you don't know your purpose. It's not possible. You want more but you don't even know where to start. You know there is more out there. You see others having success and you want it, too; there is nothing wrong with that. You just need help finding your purpose so you can find the success you see all around you. You can be productive, crush your goals, pretend that all the things that you've acquired actually mean something...but at the end of the day, if you don't know your purpose, you'll always feel like there's something missing. You'll know that you're capable of more and that you're not living the life you should be. You might be fooling the world, but you're not fooling the person looking back at you in the mirror. You need to find your actual power source. Your purpose is your source of power. Once you find your purpose it'll fuel you for life. You'll do things that you never thought you were capable of. Achieving your purpose will force you to morph into a stronger version of yourself. You'll have to push through fears, insecurities, and doubts that held you back. But somehow it'll all feel possible and necessary because you're purpose-driven now...and that's the only thing you'll ever need.

Thirty Day Challenges-L. N. S. Publishing 2021-04-30 Create your own 30 Day challenges. Start on the 1st of the month or whenever you want. (8.5 x 11) 100 pages 30 Day Fitness - 30 Day No Sweets - 30 Day Declutter - 30 Day Squats - 30 Day No Fast Food - 30 Day Meditating 30 Day Random Acts of Kindness - 30 Days of Prayer - 30 Days of Self Care - 30 Day 10,000 Steps a Day 30 Day Early Riser

- 30 Day Healthy Eating - 30 Day Drink More Water - 30 Day No Spending - 30 Days of Journaling
30 Day Quit a Bad Habit and more!

The Motivation Manifesto-Brendon Burchard 2014-10-28 "The Motivation Manifesto is a poetic and powerful call to reclaim our lives and find our own personal freedom. It's a triumphant work that transcends the title, lifting the reader from mere motivation into a soaringly purposeful and meaningful life. I love this book." - Paulo Coelho The Motivation Manifesto is a pulsing, articulate, ferocious call to claim our personal power. World-renowned high performance trainer Brendon Burchard reveals that the main motive of humankind is the pursuit of greater Personal Freedom. We desire the grand liberties of choice-time freedom, emotional freedom, social freedom, financial freedom, spiritual freedom. Only two enemies stand in our way: an external enemy, defined as the social oppression of who we are by the mediocre masses, and an internal enemy, a sort of self-oppression caused by our own doubt and fear. The march to Personal Freedom, Burchard argues, can be won only by declaring our intent and independence, stepping into our personal power, and battling through self-doubt and the distractions of the day until full victory is won. Recalling the revolutionist voices of the past that chose freedom over tyranny, Burchard-at times poetic yet always fierce-motivates us to free ourselves from fear and take back our lives once and for all.

Ethics Training for Managers-Logan L. Watts 2020-12-14 Can employees be trained to make more ethical decisions? If so, how? Providing evidence-based and practical answers to these critical questions is the purpose of this book. To answer these questions, the authors-four organizational psychologists who specialize in the study of ethical decision making-translate insights based on decades of scientific research. Whether you are a student, educator, HR manager, compliance professional, or simply someone interested in the topic of ethics education, this book offers a road

map for designing ethics training programs that work.

EDGE OF LINK-BRENDON 2018-02-21 A psychological thriller, based on a true life story, which will redefine the way one reads books. "Inception" of the world of books... A story moving across not three, but five dimensions of time. Not recommended for readers hoping to read a simple, linear, average narrative, as is the case with most Indian writers of today. If Dan Brown appeals to your reading sensibilities, Edge OF Link will surely take you a step further than Dan Brown's books. Come take a LEAP OF FAITH with Edge of Link. Books to Follow in trilogy - Road to Excel & Transcendence

Making It All Work-David Allen 2010-11-04 David Allen's Getting Things Done hit a nerve and ignited a movement with businesses, students, soccer moms, and techies all the way from Silicon Valley to Europe and Asia. Now, David Allen leads the world on a new path to achieve focus, control, and perspective. Throw out everything you know about productivity - Making It All Work will make life and work a game you can win. For those who have already experienced the clarity of mind from reading Getting Things Done, Making It All Work will take the process to the next level. David Allen shows us how to excel in dealing with our daily commitments, the unexpected, and the information overload that threatens to drown us. Making It All Work provides an instantly usable, success-building tool kit for staying ahead of the game. Making It All Work addresses: how to figure out where you are in life and what you need; how to be your own consultant and a CEO of your life; moving from hope to trust in decision-making; when not to set goals; harnessing intuition, spontaneity, and serendipity; and why life is like business and business is like life.

Elastic Habits-Stephen Guise 2019-11-20 Habits That Bend Don't Break Why do so many sincere attempts to build good habits fail? We try our best to be consistent, but some days are better than

others. Inevitably, we fail when "life happens," because each day we try to hit the same targets regardless of the situation. How, then, can we make our habits more resilient to the turbulence of life? By making them elastic. Most people associate "elastic" with yoga pants and rubber bands. But the word also means "resilient" - the ability to withstand pressure. Elastic materials are far more durable than rigid and brittle ones, which will shatter under the slightest pressure. The same is true for habits. Traditional habits are unchanging: the same behavior is done at the same time to the same level every day. They work well until the pressures of modern life break their rigid and brittle shell. Elastic habits are fluid: they can change their form and intensity to suit each unique day. They survive busy, tired, bad days. They thrive in better days. If you're tired of the repetitive and exhausting grind to develop good habits, it's time give your habits the refreshing superpower of elasticity. Read *Elastic Habits* now, and you'll soon discover the life-changing difference of good habits that adapt to your day.

The Heart Mender-Andy Andrews 2011-04-12 A unique blend of historical fact and engaging fiction showing the power of forgiveness. While digging up a withering wax myrtle tree beside his waterfront home on the Gulf coast, author Andy Andrews unearths a rusted metal container filled with Nazi artifacts and begins an intriguing investigation that unlocks an unspoken past that took place in his backyard . . . literally. In 1942, as the country gears up for a full-scale commitment to WWII, German subs are dispatched to the Gulf of Mexico to sink U.S. vessels carrying goods and fuel. While taking a late-night walk, Helen Mason-widowed by war-discovers the near-lifeless body of a German sailor. Enraged at the site of Josef Landermann's uniform, Helen is prepared to leave him to die when an unusual phrase, faintly uttered, changes her mind. Set in a period simmering with anger and suspicion *The Heart Mender* offers the very real chronicle of a small town preparing itself

for the worst the world has to offer. As cargo from torpedoed ships begins to wash up on the beach, Josef and Helen must reconcile their pasts to create a future. Blending his unique style of historical accuracy with unparalleled storytelling, New York Times best-selling author Andy Andrews offers a tale of war, faith, and forgiveness illuminating the one principle that frees the human spirit. Previously released as *Island of Saints*, this new edition includes a reader's guide and a "Where Are They Now?" update on the real-life characters.

Warren Buffett Speaks-Janet Lowe 2007-09-24 When Warren Buffett Speaks. . . people listen. "If people want to improve their investing skills, it has to help to study how the Master does it. This short book outlines Buffett's philosophy and techniques." —Peter S. Lynch, Fidelity Investments "Common sense with a deft irony . . ." —John C. Bogle, founder of The Vanguard Group and author, *The Little Book of Common Sense Investing* "It was Warren Buffett's thoughts and philosophy that first captivated investors. Janet Lowe has done us all a great service by collecting and arranging Warren Buffett's wit and wisdom in an easy-to-read and enjoyable book." —Robert G. Hagstrom, Portfolio Manager, Legg Mason Growth Trust mutual fund, and author, *The Warren Buffett Way*, Second Edition "A must-read. Buffett's wit and wisdom is a roadmap for anyone looking to succeed in business, investing, and life." —Steve Halpern, Editor, www.thestockadvisors.com

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