

The Day The Voices Stopped A Schizophrenics Journey From Madness To Hope

The Day The Voices Stopped

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Ben Behind His Voices

Me, Myself, and Them : A Firsthand Account of One Young Person's Experience with Schizophrenia

The Complete Family Guide to Schizophrenia

A Road Back from Schizophrenia

The Quiet Room

Henry's Demons

The Center Cannot Hold

Stalking Irish Madness

My Schizophrenic Life

Surviving Schizophrenia

The Protest Psychosis

He Came in With It

Divided Minds

Brain on Fire

When the Sun Bursts

Mental Traveler

I Am Not Sick, I Don't Need Help!

Living with Voices

A Schizophrenic Will

A Philosophy of Madness

Inner Voices

The Edge of Every Day

Rethinking Madness

A Shining Affliction

Poems of Healing

Heavy Light

Outside Mental Health

Where Is the Mango Princess?

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2010-04-16 William Jiang MLS
"A Schizophrenic Will: A Story of Madness, A Story of Hope" is an inspirational autobiographical account of living with the dreaded disease of schizophrenia. His story is one of strong mind, strong body, and strong love. The journey begins with his first serious psychotic break from reality as a teenager and ends with him being a respected, published medical library Chief at the number one psychiatric research institute in the world, NYSPI, affiliated with Columbia University. One thing that makes his story a wonder to read is the sheer number of challenges he faces head-on and, ultimately, overcomes. Mr. Jiang's story is an unforgettable, uplifting personal history to be read and savored. Not only is his autobiography difficult to put down once picked up, but *A Schizophrenic Will: A Story of Madness, A Story of Hope* leaves the reader wanting more, after the tale is told.

2021-03-04 Karl Kirchwey

2009 M. A. J. Romme Provides the evidence to show it's possible to overcome problems with hearing voices and take back control of one's life.

2020-07-21 Miriam Feldman
"...a cleansing narrative that should inspire mothers—and other caregivers—to rise up, unite, and breathe hot new life into the drooping cause of mental healthcare reform."—Ron Powers, Pulitzer Prize-winning journalist and New

York Times best-selling author. "To know that you are not alone in this loneliest and most emotionally difficult of all family situations is a great gift, a comfort and source of strength. And Mimi Feldman is the one you want as your mentor, your guide."—Janet Fitch, New York Times best-selling author of *White Oleander* "...a compelling, moving story...It was an honor to read it."—Jenny Allen, author of *Would Everyone Please Stop* In an idyllic Los Angeles neighborhood, where generations of families enjoy deep roots in old homes, the O'Rourke family fits right in. Miriam and Craig are both artists and their four children carry on the legacy. When their teenage son, Nick, is diagnosed with schizophrenia, a tumultuous decade ensues in which the family careens permanently off the conventional course. Like the ten Biblical plagues, they are hit by one catastrophe after another, violence, evictions, arrests, a suicide attempt, a near-drowning...even cancer and a brain tumor...play against the backdrop of a wild teenage bacchanal of artmaking and drugs. With no time for hand-wringing, Miriam advances, convinced she can fix everything, while a devastated Craig retreats to their property in rural Washington State as home becomes a battlefield. It is while cleaning out a closet, that Miriam discovers a cache of drawings and journals written by Nick throughout his spiral into schizophrenia. She begins a solitary forensic journey into the lonely

labyrinth of his mind. This is the story of how mental illness unspools an entire family. As Miriam fights to reclaim her son from the ruthless, invisible enemy, we are given an unflinching view into a world few could imagine. It exposes the shocking shortfalls of our mental health system, the destructive impact of stigma, shame and isolation, and, finally, the falsity of the notion of a perfect family. Throughout the book, it is the family's ability to find humor in the absurdities of this life that saves them. It is a parable that illustrates the true definition of a good life, allowing for the blemishes and mistakes that are part of the universal human condition. *He Came In With It* is the legacy of, and for, her son Nick.

2002-05-09 Ken Steele For thirty-two years Ken Steele lived with the devastating symptoms of schizophrenia, tortured by inner voices commanding him to kill himself, ravaged by the delusions of paranoia, barely surviving on the ragged edges of society. In this inspiring story, Steele tells the story of his hard-won recovery from schizophrenia and how activism and advocacy helped him regain his sanity and go on to give hope and support to so many others like him.

2007-08-14 Elyn R. Saks A much-praised memoir of living and surviving mental illness as well as "a stereotype-shattering look at a tenacious woman whose brain is her best friend and her worst enemy" (Time).

Elyn R. Saks is an esteemed professor, lawyer, and psychiatrist and is the Orrin B. Evans Professor of Law, Psychology, Psychiatry, and the Behavioral Sciences at the University of Southern California Law School, yet she has suffered from schizophrenia for most of her life, and still has ongoing major episodes of the illness. The Center Cannot Hold is the eloquent, moving story of Elyn's life, from the first time that she heard voices speaking to her as a young teenager, to attempted suicides in college, through learning to live on her own as an adult in an often terrifying world. Saks discusses frankly the paranoia, the inability to tell imaginary fears from real ones, the voices in her head telling her to kill herself (and to harm others), as well as the incredibly difficult obstacles she overcame to become a highly respected professional. This beautifully written memoir is destined to become a classic in its genre.

2012-11 Arnhild Lauveng A gripping memoir that challenges our perceptions and understanding of schizophrenia.

2007-10-03 Kurt Snyder During his second semester at college, Kurt Snyder became convinced that he was about to discover a fabulously important mathematical principle, spending hours lost in daydreams about numbers and symbols. In time, his thoughts took a darker turn, and he became preoccupied with the idea that cars were following

him, or that strangers wanted to harm him. Kurt's mind had been hijacked by schizophrenia, a severe mental disorder that typically strikes during the late teen or young adult years. In *Me, Myself, and Them*, Kurt, now an adult, looks back from the vantage point of recovery and eloquently describes the debilitating changes in thoughts and perceptions that took hold of his life during his teens and twenties. As a memoir, this book is remarkable for its unvarnished look at the slow and difficult process of coming back from severe mental illness. Yet Kurt's memoir is only half the story. With the help of psychiatrist Raquel E. Gur, M.D., Ph.D., and veteran science writer Linda Wasmer Andrews, Kurt paints the big picture for others affected by adolescent schizophrenia. Drawing on the latest scientific and medical evidence, he explains how to recognize warning signs, where to find help, and what treatments have proved effective. Kurt also offers practical advice on topics of particular interest to young people, such as suggestions on managing the illness at home, school, and work, and in relationships with family and friends. Part of the Adolescent Mental Health Initiative series of books written specifically for teens and young adults, *My, Myself, and Them* offers hope to young people who are struggling with schizophrenia, helping them to understand and manage the challenges of this illness and go on to lead healthy lives.

2019-03-25 May-May Meijer A fascinating autobiography that gives insight into the working of the human psyche suffering from a psychotic vulnerability.

2010 Sandra Yuen MacKay Vancouver artist Sandra Yuen MacKay has an abnormality of the brain - a disease called schizophrenia. As she says, "my life is schizophrenic because I have schizophrenia. It will always be there." Much of her life has been a struggle to cope with the symptoms of her disease and the side effects of the medications required to keep those symptoms in check. Early in her life, Sandra started to exhibit the typical symptoms of this disease which came as a surprise to her unsuspecting family. Her book chronicles her struggles, hospitalizations, encounters with professionals, return to school, eventual marriage, and success as an artist, writer and advocate. "Remarkably compelling...the book takes on a life of its own...a gripping narrative" Library Journal "There are precious few people who have experienced psychosis and can convey it accurately, clearly, and concisely. Sandra MacKay's story is an important one for all of us in the mental health field --doctors, patients, and their families. It is imperative that we take in the lessons she is imparting to us all, on how to manage, and in many ways, triumph, over chronic mental illness." Julie Holland, MD author, *Weekends at Bellevue: Nine Years on the Night Shift at the Psych ER.*, New York city

1966-02-03 Will Hall Outside Mental Health: Voices and Visions of Madness reveals the human side of mental illness. In this remarkable collection of interviews and essays, therapist, Madness Radio host, and schizophrenia survivor Will Hall asks, "What does it mean to be called crazy in a crazy world?" More than 60 voices of psychiatric patients, scientists, journalists, doctors, activists, and artists create a vital new conversation about empowering the human spirit by transforming society. "Bold, fearless, and compellingly readable... a refuge and an oasis from the overblown claims of American psychiatry" - Christopher Lane, author of *Shyness: How Normal Behavior Became an Illness* "A terrific conversation partner." - Joshua Wolf Shenk, author of *Lincoln's Melancholy: How Depression Challenged a President and Fueled His Greatness* "Brilliant...wonderfully grand and big-hearted." - Robert Whitaker, author of *Anatomy of an Epidemic: Magic Bullets, Psychiatric Drugs, and the Astonishing Rise of Mental Illness in America* "Must-read for anyone interested in creating a more just and compassionate world." - Alison Hillman, Open Society Foundation Human Rights Initiative "An intelligent, thought-provoking, and rare concept. These are voices worth listening to." - Mary O'Hara, *The Guardian* "A new, helpful, liberating-and dare I say, sane-way of re-envisioning our ideas of mental illness." Paul Levy, Director of the Padmasambhava Buddhist

Center, Portland, Oregon "A fantastic resource for those who are seeking change." Dr. Pat Bracken MD, psychiatrist and Clinical Director of Mental Health Service, West Cork, Ireland

2020-12-01 Wouter Kusters The philosophy of psychosis and the psychosis of philosophy: a philosopher draws on his experience of madness. In this book, philosopher and linguist Wouter Kusters examines the philosophy of psychosis—and the psychosis of philosophy. By analyzing the experience of psychosis in philosophical terms, Kusters not only emancipates the experience of the psychotic from medical classification, he also emancipates the philosopher from the narrowness of textbooks and academia, allowing philosophers to engage in real-life praxis, philosophy in vivo. Philosophy and madness—Kusters's preferred, non-medicalized term—coexist, one mirroring the other. Kusters draws on his own experience of madness—two episodes of psychosis, twenty years apart—as well as other first-person narratives of psychosis. Speculating about the maddening effect of certain words and thought, he argues, and demonstrates, that the steady flow of philosophical deliberation may sweep one into a full-blown acute psychotic episode. Indeed, a certain kind of philosophizing may result in confusion, paradoxes, unworldly insights, and circular frozenness

reminiscent of madness. Psychosis presents itself to the psychotic as an inescapable truth and reality. Kusters evokes the mad person's philosophical or existential amazement at reality, thinking, time, and space, drawing on classic autobiographical accounts of psychoses by Antonin Artaud, Daniel Schreber, and others, as well as the work of phenomenological psychiatrists and psychologists and such phenomenologists as Edmund Husserl and Maurice Merleau-Ponty. He considers the philosophical mystic and the mystical philosopher, tracing the mad undercurrent in the Husserlian philosophy of time; visits the cloud castles of mystical madness, encountering LSD devotees, philosophers, theologians, and nihilists; and, falling to earth, finds anxiety, emptiness, delusions, and hallucinations. Madness and philosophy proceed and converge toward a single vanishing point.

2008-08-26 Patrick Tracey In this powerful, sometimes harrowing, deeply felt story, Patrick Tracey journeys to Ireland to track the origin and solve the mystery of his Irish-American family's multigenerational struggle with schizophrenia. For most Irish Americans, a trip to Ireland is often an occasion to revisit their family's roots. But for Patrick Tracey, the lure of his ancestral home is a much more powerful need: part pilgrimage, part investigation to confront the genealogical mystery of schizophrenia—a disease that

had claimed a great-great-great-grandmother, a grandmother, an uncle, and, most recently, two sisters. As long as Tracey could remember, schizophrenia ran on his mother's side, seldom spoken of outright but impossible to ignore. Devastated by the emotional toll the disease had already taken on his family, terrified of passing it on to any children he might have, and inspired by the recent discovery of the first genetic link to schizophrenia, Tracey followed his genealogical trail from Boston to Ireland's county Roscommon, home of his oldest-known schizophrenic ancestor. In a renovated camper, Tracey crossed the Emerald Isle to investigate the country that, until the 1960s, had the world's highest rate of institutionalization for mental illness, following clues and separating fact from fiction in the legendary relationship the Irish have had with madness. Tracey's path leads from fairy mounds and ancient caverns still shrouded in superstition to old pubs whose colorful inhabitants are a treasure trove of local lore. He visits the massive and grim asylum where his famine starved ancestors may have lived. And he interviews the Irish research team that first cracked the schizophrenic code to learn how much—and how little—we know about this often misunderstood disease. Filled with history, science, and lore, *Stalking Irish Madness* is an unforgettable chronicle of one man's attempt to make sense of his family's past and to find

hope for the future of schizophrenic patients. From the Hardcover edition.

2006-08-08 Pamela Spiro Wagner A riveting true story of sisters who were identical, until the voices began Growing up in the fifties, Carolyn Spiro was always in the shadow of her more intellectually dominant and socially outgoing twin, Pamela. But as the twins approached adolescence, Pamela began to suffer the initial symptoms of schizophrenia, hearing disembodied voices that haunted her for years and culminated during her freshman year of college at Brown University where she had her first major breakdown and hospitalization. Pamela's illness allowed Carolyn to enter the spotlight that had for so long been focused on her sister. Exceeding everyone's expectations, Carolyn graduated from Harvard Medical School and forged a successful career in psychiatry. Despite Pamela's estrangement from the rest of her family, the sisters remained very close, "bonded with the twin glue," calling each other several times a week and visiting as frequently as possible. Carolyn continued to believe in the humanity of her sister, not merely in her illness, and Pamela responded. Told in the alternating voices of the sisters, *Divided Minds* is a heartbreaking account of the far reaches of madness as well as the depths of ambivalence and love between twins. It is a true and unusually frank story of identical twins with very

different identities and wildly different experiences of the world around them. It is one of the most compelling histories of two such siblings in the canon of writing on mental illness.

1996-08-01 Annie G. Rogers "Soars into sublime meditation...what makes this book so extraordinary is her willingness to reveal exactly what goes on in the sometimes mysterious encounter between therapist and patient."—The Los Angeles Times. A moving account of a true-life double healing through psychotherapy. In this brave, iconoclastic, and utterly unique book, psychotherapist Annie Rogers chronicles her remarkable bond with Ben, a severely disturbed five-year-old. Orphaned, fostered, neglected, and forgotten in a household fire, Ben finally begins to respond to Annie in their intricate and revealing platy therapy. But as Ben begins to explore the trauma of his past, Annie finds herself being drawn downward into her own mental anguish. Catastrophically failed by her own therapist, she is hospitalized with a breakdown that renders her unable to speak. Then she and her gifted new analyst must uncover where her story of childhood terror overlaps with Ben's, and learn how she can complete her work with the child by creating a new story from the old—one that ultimately heals them both.

2011-10-19 Xavier Francisco Amador "This book fills a

tremendous void...' wrote E. Fuller Torrey, M.D., about the first edition of I AM NOT SICK, I Don't Need Help! Ten years later, it still does. Dr. Amador's research on poor insight was inspired by his attempts to help his brother Henry, who developed schizophrenia, accept treatment. Like tens of millions of others diagnosed with schizophrenia and bipolar disorder, Henry did not believe he was ill. In this latest edition, 6 new chapters have been added, new research on anosognosia (lack of insight) is presented and new advice, relying on lessons learned from thousands of LEAP seminar participants, is given to help readers quickly and effectively use Dr. Amador's method for helping someone accept treatment. I AM NOT SICK, I Don't Need Help! is not just a reference for mental health practitioners or law enforcement professionals. It is a must-read guide for family members whose loved ones are battling mental illness. Read and learn as have hundreds of thousands of others...to LEAP-Listen, Empathize, Agree, and Partner-and help your patients and loved ones accept the treatment they need.

2020-09-01 W. J. T. Mitchell
How does a parent make sense of a child's severe mental illness? How does a father meet the daily challenges of caring for his gifted but delusional son, while seeking to overcome the stigma of madness and the limits of psychiatry? W. J. T. Mitchell's memoir tells the story—at once representative and unique—of

one family's encounter with mental illness and bears witness to the life of the talented young man who was his son. Gabriel Mitchell was diagnosed with schizophrenia at age twenty-one and died by suicide eighteen years later. He left behind a remarkable archive of creative work and a father determined to honor his son's attempts to conquer his own illness. Before his death, Gabe had been working on a film that would show madness from inside and out, as media stereotype and spectacle, symptom and stigma, malady and minority status, disability and gateway to insight. He was convinced that madness is an extreme form of subjective experience that we all endure at some point in our lives, whether in moments of ecstasy or melancholy, or in the enduring trauma of a broken heart. Gabe's declared ambition was to transform schizophrenia from a death sentence to a learning experience, and madness from a curse to a critical perspective. Shot through with love and pain, Mental Traveler shows how Gabe drew his father into his quest for enlightenment within madness. It is a book that will touch anyone struggling to cope with mental illness, and especially for parents and caregivers of those caught in its grasp.

2015-01-01 Christopher Bollas
"Many schizophrenics experience their condition as one of radical incarceration, mind-altering medications, isolation, and dehumanization. At a time when the treatment

of choice is anti-psychotic medication, world-renowned psychoanalyst Christopher Bollas shows that schizophrenics can be helped by much more humane treatments, and explains that they have a chance to survive and even reverse the process if they have someone to talk with them regularly and for a sustained period soon after they show signs of imminent breakdown. In this sensitive and evocative narrative, Bollas draws on his personal experiences working with schizophrenics since the 1960s. He offers his interpretation of how schizophrenia develops, typically in the teen years, as an adaptation during the difficult transition to adulthood."--Dust jacket.

2020-04-28 Marin Sardy
Against the starkly beautiful backdrop of Anchorage, Alaska, where she grew up, Marin Sardy weaves an extraordinarily affecting, fiercely intelligent account of the shapeless thief—the schizophrenia—that kept her mother immersed in a world of private delusion and later also manifested in her brother, ultimately claiming his life. Composed of exquisite, self-contained chapters that take us through three generations of this adventurous, artistic, and often haunted family, The Edge of Every Day draws in topics from neuroscience and evolution to the mythology and art rock to shape its brilliant inquiry into how the mind works. In the process, Sardy casts new light on the treatment of the mentally ill in

our society. Through it all runs her blazing compassion and relentless curiosity, as her meditations takes us to the very edge of love and loss—and signal the arrival of an important new literary voice.

2010-01-01 Jonathan M. Metzl
A powerful account of how cultural anxieties about race shaped American notions of mental illness The civil rights era is largely remembered as a time of sit-ins, boycotts, and riots. But a very different civil rights history evolved at the Ionia State Hospital for the Criminally Insane in Ionia, Michigan. In *The Protest Psychosis*, psychiatrist and cultural critic Jonathan Metzl tells the shocking story of how schizophrenia became the diagnostic term overwhelmingly applied to African American protesters at Ionia—for political reasons as well as clinical ones. Expertly sifting through a vast array of cultural documents, Metzl shows how associations between schizophrenia and blackness emerged during the tumultuous decades of the 1960s and 1970s—and he provides a cautionary tale of how anxieties about race continue to impact doctor-patient interactions in our seemingly postracial America. This book was published with two different covers. Customers will be shipped the book with one of the two covers.

2012-02-14 Patrick Cockburn
Narrated by both Henry Cockburn and his father Patrick, this is the

extraordinary story of the eight years since Henry's descent into schizophrenia- years he has spent almost entirely in hospitals- and his family's struggle to help him recover.

2012-02-22 Cathy Crimmins
Humorist Cathy Crimmins has written a deeply personal, wrenching, and often hilarious account of the effects of traumatic brain injury, not only on the victim, in this case her husband, but on the family. When her husband Alan is injured in a speedboat accident, Cathy Crimmins reluctantly assumes the role of caregiver and learns to cope with the person he has become. No longer the man who loved obscure Japanese cinema and wry humor, Crimmins' husband has emerged from the accident a childlike and unpredictable replica of his former self with a short attention span and a penchant for inane cartoons. *Where Is the Mango Princess?* is a breathtaking account that explores the very nature of personality-and the complexities of the heart. Outstanding Book Award Winner from the American Society of Journalists and Authors

2012-02 Louise Gillett
The author's account of her life with mental illness.

2014-06-19 Paris Williams
As the research continues to accumulate, we find that the mainstream understanding of schizophrenia and the other related psychotic disorders has lost virtually all credibility. We've learned that full

recovery is not only possible, but may actually be the most common outcome given the right conditions. Furthermore, Dr. Paris Williams' own groundbreaking research, as mentioned in the *New York Times*, has shown that recovery often entails a profound positive transformation. In *Rethinking Madness*, Dr. Williams takes the reader step by step on a highly engaging journey of discovery, exploring how the mainstream understanding of schizophrenia has become so profoundly misguided, while crafting a much more accurate and hopeful vision. As this vision unfolds, we discover a deeper sense of appreciation for the profound wisdom and resilience that lies within all of our beings, even those we may think of as being deeply disturbed, while also coming to the unsettling realization of just how thin the boundary is between so called madness and so called sanity.

2008-11-16 Lori Schiller
Moving, harrowing, and ultimately uplifting, Lori Schiller's memoir is a classic testimony to the ravages of mental illness and the power of perseverance and courage. At seventeen Lori Schiller was the perfect child-the only daughter of an affluent, close-knit family. Six years later she made her first suicide attempt, then wandered the streets of New York City dressed in ragged clothes, tormenting voices crying out in her mind. Lori Schiller had entered the horrifying world of full-blown schizophrenia. She began an

ordeal of hospitalizations, halfway houses, relapses, more suicide attempts, and constant, withering despair. But against all odds, she survived. In this personal account, she tells how she did it, taking us not only into her own shattered world, but drawing on the words of the doctors who treated her and family members who suffered with her.

2006-05-26 Kim T. Mueser Will the person you love ever get better? Chances are you've grappled with the question. With care and support from their families, people with schizophrenia can and do make vast improvements. Noted therapists Kim Mueser and Susan Gingerich deepen your understanding of the illness and cover a wide range of effective treatments. Based on decades of research and experience, they offer pragmatic suggestions for dealing with depression, psychosis, and other symptoms. They show you how to prioritize needs, resolve everyday problems, and encourage your loved one to set life goals. Plus, individual sections highlight special issues for parents, children, siblings, and partners. Whether you're facing schizophrenia for the first time or you've dealt with its impact for years, you'll discover innovative ways to handle challenges that arise over the course of treatment, from reducing the chances of relapse to making friends and finding work. Recovery isn't an endpoint--it's a lifelong journey. With love, hope, and realistic optimism, striving for it can

lead to a richer, more rewarding life for your entire family. Winner, NAMI/Ken Book Award

2011-10-16 Randye Kaye When readers first meet Ben, he is a sweet, intelligent, seemingly well-adjusted youngster. Fast forward to his teenage years, though, and Ben's life has spun out of control. Ben is swept along by an illness over which he has no control—one that results in runaway episodes, periods of homelessness, seven psychotic breaks, seven hospitalizations, and finally a diagnosis and treatment plan that begins to work. Schizophrenia strikes an estimated one in a hundred people worldwide by some estimates, and yet understanding of the illness is lacking. Through Ben's experiences, and those of his mother and sister, who supported Ben through every stage of his illness and treatment, readers gain a better understanding of schizophrenia, as well as mental illness in general, and the way it affects individuals and families. Here, Kaye encourages families to stay together and find strength while accepting the reality of a loved one's illness; she illustrates, through her experiences as Ben's mother, the delicate balance between letting go and staying involved. She honors the courage of anyone who suffers with mental illness and is trying to improve his life and participate in his own recovery. Ben Behind His Voices also reminds professionals in the psychiatric

field that every patient who comes through their doors has a life, one that he has lost through no fault of his own. It shows what goes right when professionals treat the family as part of the recovery process and help them find support, education, and acceptance. And it reminds readers that those who suffer from mental illness, and their families, deserve respect, concern, and dignity.

2008-08-05 Ken Steele For thirty-two years Ken Steele lived with the devastating symptoms of schizophrenia, tortured by inner voices commanding him to kill himself, ravaged by the delusions of paranoia, barely surviving on the ragged edges of society. In this powerful and inspiring story, Steele tells the story of his hard-won recovery from schizophrenia and how activism and advocacy helped him regain his sanity and go on to give hope and support to so many others like him. His recovery began with a small but intensely dramatic moment. One evening in the spring of 1995, shortly after starting on Risperdal, a new antipsychotic medicine, he realized that the voices that had tormented him for three decades had suddenly stopped. Terrified but also empowered by this new freedom, Steele rose to the challenge of creating a new life. Steele went on to become one of the most vocal advocates of the mentally ill, earning the respect not only of patients and families but also of professionals and policymakers all over America through his tireless devotion to a cause that

transformed his life and that of countless others. The Day the Voices Stopped will endure as Ken Steele's testament for all who struggle with this heartbreaking disease.

2012-11-13 Susannah Cahalan
NOW A MAJOR MOTION
PICTURE STARRING CHLOË
GRACE MORETZ A
"captivating" (The New York
Times Book Review), award-
winning memoir and instant
New York Times bestseller that
goes far beyond its riveting
medical mystery, *Brain on Fire*
is a powerful account of one
woman's struggle to recapture
her identity. When twenty-four-
year-old Susannah Cahalan
woke up alone in a hospital
room, strapped to her bed and
unable to move or speak, she
had no memory of how she'd

gotten there. Days earlier, she
had been on the threshold of a
new, adult life: at the
beginning of her first serious
relationship and a promising
career at a major New York
newspaper. Now she was
labeled as violent, psychotic, a
flight risk. What happened? In
an "unforgettable" (Elle),
"stunningly brave" (NPR), and
breathtaking narrative,
Susannah tells the astonishing
true story of her descent into
madness, her family's inspiring
faith in her, and the lifesaving
diagnosis that almost didn't
happen. "A fascinating look at
the disease that...could have
cost this vibrant, vital young
woman her life" (People), *Brain
on Fire* is an unforgettable
exploration of memory and
identity, faith and love, and a
profoundly compelling tale of

survival and perseverance.
2021-03-04 Horatio Clare
'Deeply moving, darkly funny
and hugely powerful' Robert
Macfarlane 'A brave, lit-up
account of going mad and
getting better' Jeanette
Winterson After a lifetime of
ups and downs, Horatio Clare
was committed to hospital
under Section 2 of the Mental
Health Act. From hypomania in
the Alps, to a complete
breakdown and a locked ward
in Wakefield, this is a gripping
account of how the mind loses
touch with reality, how we fall
apart and how we may heal.
'One of the most brilliant travel
writers of our day takes us now
to that most challenging
country, severe mental illness;
and does so with such wit,
warmth and humanity'
Reverend Richard Coles