Theories And Techniques Of Family Therapy And Counseling

Theories and Strategies of Family Therapy-Jon Carlson 2002
Theories and Strategies of Family Therapy complements and expands upon the Family Therapy with the Experts video series produced by the same authors. Twelve major theories of family therapy are presented. Most are written by the experts who appear in Allyn & Bacon's Family Therapy with the Experts video series. Each chapter begins with a brief description of the theory and what makes it significant. The authors then delineate the clinical perspective and the way in which their approach deals with today's diverse family forms. The authors show how their theory is practiced by presenting ideas and then referencing sections in the corresponding video.

Beyond the Double Bind-Milton Miles Berger 1978
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Family Art Therapy-Christine Kerr 2011-04-27 Family Art Therapy is designed to help the reader incorporate clinical art therapy intervention techniques into family therapy practice. Expressive modalities are often used in work with families, particularly visual art forms, and there is already considerable evidence and literature that point to a positive link between the two. This text is unique in that it draws together, for the first time in a single volume, an overview of the evolution of the theories and techniques from the major schools of classic family therapy, integrating them with practical clinical approaches from the field of art therapy.

PRACTICE OF FAMILY THERAPY AND COUNSELING, 2E, International Edition supports the development of personal, professional, and ethical family practice. The text's concrete, empirically based approaches, as well as diagnostics and visual tools, allow students to observe others in groups. Updated to reflect recent research and current practice, the Second Edition also includes a new chapter on Object Relations Family Therapy. Case studies, sample dialogues, and exercises help students apply the concepts they have learned.

Counseling and Psychotherapy Theories in Context and Practice, with Video Resource Center-John Sommers-Flanagan 2015-06-22

Apply the major psychotherapy theories into practice with this comprehensive text Counseling and Psychotherapy Theories in Context and Practice: Skills, Strategies, and Techniques, 2nd Edition is an in-depth guide that provides useful learning aids, instructions for ongoing assessment, and valuable case studies. More than just a reference, this approachable resource highlights practical applications of theoretical concepts, covering both theory and technique with one text. Easy to read and with engaging information that has been recently revised to align with the latest in industry best practices, this book is the perfect resource for graduate level counseling theory courses in counselor education, marriage and family therapy, counseling psychology, and clinical psychology. Included with each copy of the text is an access code to the online Video Resource Center (VRC). The VRC features eleven videos each one covering a different therapeutic approach using real therapists and clients, not actors. These videos provide a perfect complement to the book by showing what the different theories look like in practice. The Second Edition features: New chapters on Family Systems Theory and Therapy as well as Gestalt Theory and Therapy Extended case examples in each of the twelve Theory chapters A treatment planning section that illustrates how specific theories can be used in problem formulation, specific interventions, and
potential outcomes assessment Deeper and more continuous examination of gender and cultural issues An evidence-based status section in each Theory chapter focusing on what we know from the scientific research, with the goal of developing critical thinking skills A new section on Outcome Measures that provides ideas on how client outcomes can be tracked using practice-based evidence Showcasing the latest research, theory, and evidence-based practice in an engaging and relatable style, Counseling and Psychotherapy Theories in Context and Practice is an illuminating text with outstanding practical value.

Family Therapy Techniques-Jon Carlson 2013-01-11 Family Therapy Techniques briefly reviews the basic theories of marriage and family therapy. It then goes into treatment models designed to facilitate the tailoring of therapy to specific populations and the integration of techniques from what often seems like disparate theories. Based on the assumption that no single approach is the definitive approach for every situation, the book leads students through multiple perspectives. In teaching students to integrate and tailor techniques, this book asks them to take functional methods and approaches from a variety of theoretical approaches, without attempting to reiterate the theoretical issues and research covered in theories courses.

Case Studies in Couples Therapy-David K. Carson 2013-06-19 This up-to-date, highly readable, theory-based, and application-oriented book fills a crucial void in literature on couple therapy. Few books in the couple therapy market bridge the gap between theory and practice; texts tend to lean in one direction or the other, either emphasizing theory and research with little practical application, or taking a cookbook approach that describes specific techniques and interventions that are divorced from any conceptual or theoretical base. However, couples therapy requires a high degree of abstract/conceptual thinking, as well as ingenuity, inventiveness and skill on the part of the therapist. Case Studies in Couples Therapy blends the best of all worlds:
clinical applications with challenging and diverse couples that have been derived from the most influential theories and models in couples and family therapy, all written by highly experienced and respected voices in the field. In Case Studies in Couples Therapy, readers will grasp the essentials of major theories and approaches in a few pages and then see how concepts and principles are applied in the work of well-known clinicians. The case studies incorporate a wide variety of couples from diverse backgrounds in a number of different life situations. It is simultaneously narrow (including specific processes and interventions applied with real clients) and broad (clearly outlining a broad array of theories and concepts) in scope, and the interventions in it are directly linked to theoretical perspectives in a clear and systematic way. Students and clinicians alike will find the theoretical overview sections of each chapter clear and easy to follow, and each chapter’s thorough descriptions of effective, practical interventions will give readers a strong sense of the connections between theory and practice.

Counseling Theories and Techniques for Rehabilitation and Mental Health Professionals, Second Edition-Fong Chan 2015-02-18 The only text about counseling theories and techniques developed specifically for upper-level rehabilitation counseling students and practitioners, this book is now fully updated with a focus on evidence-based practice. It reflects the great strides made in incorporating research-based knowledge into counseling/therapy interventions since the first edition’s publication nearly 10 years ago. The book disseminates the expertise of many of the most esteemed leaders and academic scholars in rehabilitation counseling. These authors emphasize state-of-the-art scientific evidence that supports the effectiveness of various counseling approaches and techniques for people with and without disabilities. New topics include evidence-based practice related to counseling/psychotherapy and motivational interviewing. Methodologies include person-centered counseling,
solution-focused brief therapy, gestalt therapy, cognitive and behavioral therapies, psychodynamic therapy, and an Adlerian approach. The book describes basic counseling skills for rehabilitation, including motivational interviewing, group procedures, family counseling, and career and vocational counseling. Also addressed are counseling for individuals with substance abuse disorders, physical disabilities, psychiatric disabilities, and multicultural issues in counseling. Additionally, the book covers such professional issues as supervision in rehabilitation settings and managing risk. Case studies highlight the application of theories and techniques, and each chapter also includes learning objectives and discussion exercises.

Accompanying ancillaries include an instructor's manual containing a sample syllabus, an item bank for developing quizzes and exams, and classroom exercises, and PowerPoint presentations for each chapter. The text also serves as a valuable reference for rehabilitation and related health professions such as nursing, occupational therapy, physical therapy, speech and language therapy, and social work. NEW TO THE SECOND EDITION: Emphasizes state-of-the-art scientific evidence that supports the effectiveness of leading rehabilitation counseling theories and techniques Focuses on counseling theories and techniques regarding rehabilitation and health and chronic illness and disability Serves as a text for upper-level rehabilitation counseling students and a reference for rehabilitation counseling professionals Includes new chapters on evidence-based practice regarding counseling and therapy and motivational interviewing Instructor's manual and PowerPoint presentations Fong Chan, PhD, CRC, received his PhD in rehabilitation counseling psychology from the University of Wisconsin–Madison in 1983. He is a full professor and director of clinical training (PhD Rehabilitation Psychology Program) in the Department of Rehabilitation Psychology and Special Education, University of Wisconsin–Madison. He is also the codirector of the
Rehabilitation Research and Training Center on Evidence-Based Vocational Rehabilitation Practices. Before joining the faculty at University of Wisconsin–Madison in 1992, he was on the faculty in the Department of Psychology at the Illinois Institute of Technology for 4 years and the Department of Rehabilitation Counseling Psychology at the University of Texas Southwestern Medical Center for 5 years. He is a certified rehabilitation counselor, a licensed psychologist, and a fellow in the American Psychological Association. Dr. Chan has more than 30 years of experience conducting applied rehabilitation research in the topical areas of psychosocial interventions, demand-side employment, transition and postsecondary education, evidence-based practice, and research methodologies. Dr. Chan has published over 250 refereed journal articles and book chapters. In addition, he is the editor of four textbooks: Case Management for Rehabilitation Health Professionals; Counseling Theories and Techniques for Rehabilitation Health Professionals; Understanding Psychosocial Adjustment to Chronic Illness and Disability: A Handbook for Evidence-Based Practitioners in Rehabilitation; and Certified Rehabilitation Counselor Examination Preparation: A Concise Guide to the Foundations of Rehabilitation Counseling. He also served as the co-chair for the U.S. Department of Education Rehabilitation Services Administration’s 33rd Institute for Rehabilitation Issues on Evidence-Based Practice. Norman L. Berven, PhD, is professor emeritus in the Department of Rehabilitation Psychology and Special Education, University of Wisconsin–Madison, having served on the faculty since 1976, and he has chaired the rehabilitation psychology program for more than 20 years. He previously held positions as a rehabilitation counselor at the San Mateo County Mental Health Service in California (now the San Mateo County Behavioral Health and Recovery Services), as a research associate at the ICD Rehabilitation and Research Center (now the Institute for Career Development) in New York City, and...
as an assistant professor at Seton Hall University. He is licensed as a psychologist and as a professional counselor by the state of Wisconsin and also holds the certified rehabilitation counselor credential. He is a fellow in the American Psychological Association and is a member of several professional associations in counseling, rehabilitation counseling, assessment, and counselor education. He has published more than 80 journal articles and book chapters on topics related to rehabilitation counseling, assessment, and counselor education and training. He has received the James F. Garrett Award for a Distinguished Career in Rehabilitation Research from the American Rehabilitation Counseling Association (ARCA), the ARCA Distinguished Professional Award, the American Counseling Association (ACA) Research Award, and 10 ARCA Research Awards. He has also received distinguished alumni awards from the Graduate Programs in Rehabilitation at the University of Iowa and from the rehabilitation psychology program at the University of Wisconsin–Madison. Kenneth R. Thomas, DEd, received his undergraduate and graduate education at Penn State University and his psychoanalytic education at the Center for Psychoanalytic Study in Chicago. Prior to receiving his doctoral degree, Dr. Thomas worked as a rehabilitation counselor for the Pennsylvania Bureau of Vocational Rehabilitation at the Pennsylvania Rehabilitation Center in Johnstown. Following a 1-year academic appointment in the counselor education program at Penn State, he joined the faculty at the University of Wisconsin–Madison. At Wisconsin, he held several administrative positions, including chair of the Department of Rehabilitation Psychology and Special Education, chair of the Department of Therapeutic Science, and director of the Educational and Psychological Training Center within the School of Education. He was awarded professor emeritus status at the university in 2002. He has published three books and more than 125 refereed journal articles and book chapters in the areas of counseling, rehabilitation, disability, and
psychoanalysis. He is a past president of the American Rehabilitation Counseling Association (ARCA), a fellow in three divisions of the American Psychological Association, and a recipient of the James Garrett Award for a Distinguished Career in Rehabilitation Research from the ARCA. He has also received the University of Wisconsin School of Education Distinguished Faculty Achievement Award, and he holds Alumni Fellow status at Penn State University.

Family Therapy-Mikal Nazir Rasheed 2010-07-29 This text offers a straightforward, comprehensive overview of both traditional and evolving theoretical models of family therapy and intervention techniques as well as a discussion of clinical issues unique to family therapy practice. Aiming to prepare students to develop beginning proficiency in family therapy, the authors outline major family therapy models in detail, including a step by step description of concepts, theories, skills, and techniques as well as a history of each model and its conceptual and theoretical underpinnings. The text also provides extensive case illustrations of family interviews that identify the specific stages, clinical issues, concepts, theories and techniques associated with each model. This core text is designed for graduate level courses such as Family Therapy, Marriage and Family Therapy, Marriage and Family Counseling, Family Systems Theory, and Family Counseling in departments of social work, psychology, nursing, education, or human services.

Family Therapy: History, Theory, and Practice, Global Edition-Samuel T. Gladding 2015-03-18 For courses in Marriage and Family Counseling, Marital Therapy, and Family Therapy. Inviting, well-illustrated, and developmental in approach—a comprehensive look at the theory and practice of working with families. Considered the most thorough, well-written text in the field, Samuel T. Gladding’s, Family Therapy: History, Theory, and Practice, give readers clear coverage of all aspects of working with couples and families from proven, evidence-based theories.
In a user-friendly organization and writing style, it covers important background information on healthy and functional families and different types of families, and includes an overview of how individual and family life cycles intertwine. The basic processes involved in treating couples and families are made clear, before delving into a dozen theoretical ways of treating families. Thoroughly updated, the Sixth Edition of Family Therapy, includes an abundance of examples and case studies, new illustrations, more than 175 new references, helpful learning objectives at the beginning of each chapter, a new chart comparing the different therapies, and more. User-friendly and well illustrated, this book is developmental in its approach to working therapeutically with families. The practitioner-oriented focus shows how to work with different types of families. Illustrations, diagrams, summaries, examples, case studies, and a glossary help readers understand and retain the main points in the text. NEW! Realigned chapters put new emphasis on some of the materials in former chapters.

Systemic Family Therapy-Jon L. Winek 2009-07-27 This text looks at theoretical issues in the context of their clinical applications. The gap between theoretical and applied understanding in Marriage and Family Therapy is bridged by several features unique to this text. The text is enriched with graphic representations of key theoretical constructs as well as several tables. The book utilizes clinical examples throughout the chapters to help illustrate how theoretical constructs work in practice.

The Theory and Technique of Family Therapy-Charles P. Barnard 1979

Directive Play Therapy-Elsa Soto Leggett, PhD, LPC-S, RPT-S 2016-10-26 Structured, therapist-led approaches to play therapy are becoming increasingly popular due to their time-limited nature and efficacy for such specific disorders as trauma and attachment issues. This is the first book to provide comprehensive
coverage of numerous directive play therapy techniques and interventions that are empirically validated and can be adapted for use in clinical, school, group, and family settings. Designed for both students and practitioners, the text addresses the theoretical bases for these approaches and provides in-depth, practical guidance for their use. The book describes how directive play therapies differ from nondirective therapies and illustrates best practices in using directive techniques. It examines such diverse approaches as cognitive behavioral, solution focused, sensorimotor, and the use of creative arts in play therapy. Each approach is covered in terms of its theoretical foundation, research basis, specific techniques for practice, and a case example. The text describes how to adapt directive play therapy techniques for use in various contexts, such as with families, in groups, and in schools. Helpful templates for treatment planning and case documentation are also included, making the book a valuable resource for both training courses and practicing professionals in play therapy, clinical mental health counseling, child counseling, school counseling, child and family social work, marriage and family therapy, and clinical child psychology. Key Features: Delivers step-by-step guidance for using directive play therapy techniques--the first book to do so Addresses theoretical basis, research support, and practical techniques for a diverse range of therapies Covers varied settings and contexts including school, clinical, group, and family settings Includes case studies Provides templates for treatment planning and case documentation
for Accreditation of Counseling and Related Educational Programs (CACREP) and Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE), this useful text covers both foundational topics and modern issues not included in other texts, such as sexuality, trauma, divorce, domestic violence, addictions, filial play therapy, and using community genograms to position culture and context in family therapy. In addition to the updated content in each chapter, this Second Edition has a newly written chapter on assessment and a brand-new chapter on the topic of climate change and helping families mitigate, adapt, and transition during disruption. With a unique focus on practical applications, the book discusses the major family therapy theories and provides readers with the skills and techniques they need to help couples and families in any environment. Each chapter contains case studies and anecdotes that help readers think critically about the issues they are likely to deal with as clinicians. Master the basic knowledge and skills essential to couples and family therapy Understand the history, concepts, and techniques associated with major theories—including a new chapter on the latest assessment strategies Examine contemporary issues and interventions related to trauma, divorce, domestic violence, sexuality, climate change disruption, and more Consider the modern realities of family, diversity and culture, and systemic contexts In family and couples counseling, we must grapple with a complex interplay of individual, interpersonal, and environmental factors inherent. Foundations of Couples, Marriage, and Family Counseling helps readers sort out the complexity and guide clients toward lasting resolution.

Integrative Play Therapy-Athena A. Drewes 2011-06-20 An integrative approach to play therapy blending various therapeutic treatment models and techniques Reflecting the transition in the field of play therapy from a "one size fits all" approach to a more eclectic framework that integrates more than one perspective,
Integrative Play Therapy explores methods for blending the best theories and treatment techniques to resolve the most common psychological disorders of childhood. Edited by internationally renowned leaders in the field, this book is the first of its kind to look at the use of a multi-theoretical framework as a foundation for practice. With discussion of integrative play treatment of children presenting a wide variety of problems and disorders—including aggression issues, the effects of trauma, ADHD, anxiety, obsessive-compulsive disorders, social skills deficits, medical issues such as HIV/AIDS, and more—the book provides guidance on: Play and group therapy approaches Child-directed play therapy with behavior management training for parents Therapist-led and child-led play therapies Cognitive-behavioral therapy with therapeutic storytelling and play therapy Family therapy and play therapy Bibliotherapy within play therapy An essential resource for all mental health professionals looking to incorporate play therapy into treatment, Integrative Play Therapy reveals unique flexibility in integrating theory and techniques, allowing practitioners to offer their clients the best treatment for specific presenting problems.

Counseling and Psychotherapy Theories in Context and Practice—John Sommers-Flanagan 2018-05-22 Get to know the origins, development, and key figures of each major counseling theory This comprehensive text covers all the major theories in counseling and psychotherapy along with an emphasis on how to use these theoretical models in clinical practice. The authors cover the history, key figures, research base, multicultural implications, and practical applications of the following theoretical perspectives: Psychoanalytic, Individual/Adlerian, Existential, Gestalt, Person-Centered, Behavioral, Cognitive-Behavioral, Choice Theory/Reality Therapy, Feminist, Constructive, Family Systems, Multicultural, and Eclectic/Integrative. This text has case examples that bring each theory to life. The entire book has been updated with the latest
research and techniques. Pedagogical features include learner objectives, "Putting It in Practice" boxes, questions for reflection, case examples and treatment planning, and chapter summaries. Every theory is examined from cultural, gender/sexual, and spiritual perspectives. The instructor supplement package includes a Respondus test bank, chapter outlines, supplemental lecture ideas, classroom activities, and PowerPoint slides. Video demonstrations corresponding to every major theory and linked to each chapter's contents. In addition, a WPLS course will be available after publication. Expanded video elements closely tied to sections of the text. New visuals, including graphics, charts, and tables to facilitate student understanding of theories and how they relate to one another. Increased coverage of multicultural and ethical issues in every chapter. Cultural, gender, sexuality, and spiritual issues are integrated into every chapter. The Sommers-Flanagan's hands-on, practical approach emphasizes how students and practitioners can apply these theories in real-world practice. Students are empowered to develop theoretically-sound and evidence-based approaches to conducting counseling and psychotherapy.

Sourcebook of Family Theories and Methods-Pauline Boss
2008-11-19 Origins
We call this book on theoretical orientations and methodological strategies in family studies a sourcebook because it details the social and personal roots (i.e., sources) from which these orientations and strategies flow. Thus, an appropriate way to preface this book is to talk first of its roots, its beginnings. In the mid 1980s there emerged in some quarters the sense that it was time for family studies to take stock of itself. A goal was thus set to write a book that, like Janus, would face both backward and forward a book that would give readers both a perspective on the past and a map for the future. There were precedents for such a project: The Handbook of Marriage and the Family edited by Harold Christensen and published in 1964; the two Contemporary Theories about the Family volumes edited by

Sourcebook of Family Theories and Methods-Pauline Boss
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Family Therapy Techniques-Jon Carlson 2013-01-11 Family Therapy Techniques briefly reviews the basic theories of marriage and family therapy. It then goes into treatment models designed to facilitate the tailoring of therapy to specific populations and the integration of techniques from what often seems like disparate theories. Based on the assumption that no single approach is the definitive approach for every situation, the book leads students through multiple perspectives. In teaching students to integrate and tailor techniques, this book asks them to take functional methods and approaches from a variety of theoretical approaches, without attempting to reiterate the theoretical issues and research covered in theories courses.

Essential Skills in Family Therapy, Second Edition-JoEllen Patterson 2009-07-21 Readable and concise yet immensely informative, this bestselling text prepares students and new therapists to work confidently and effectively in real-world clinical practice with families. The authors offer wise and compassionate guidance on everything from intake and assessment to treatment planning, the nuts and bolts of specific interventions, the nuances of establishing therapeutic relationships, and how to troubleshoot when treatment gets “stuck.” They help the novice clinician navigate typical dilemmas and concerns, and spell out the basics of therapist self-care. Vivid case examples, sample forms, and quick-reference tables enhance the utility of the text. New to This Edition *Updated throughout to reflect current clinical findings and practices. *Many new or revised case examples. *Now more integrative--shows how to flexibly draw on multiple theories and techniques. *New topics, including "Dealing with Clients We Dislike." See also the authors' Essential Assessment Skills for Couple and Family Therapists, which shows how to weave assessment into all phases of therapy, and Clinician's Guide to
Theories And Techniques
Of Family Therapy And Counseling

Research Methods in Family Therapy.
Domestic Violence and Family Safety-Janette Cooper 2008-09-15
The book aims to explore the exciting opportunities offered by a systemic approach for mental health professionals and psychotherapists when working with families and other systems where domestic violence in intimate relationships is of concern. The main purpose of the book lies in the application of systemic thinking to safety and to understanding the complexity of domestic violence on family relationships over time. The authors outline their approach to these complex issues based on their eight years of joint experience in the Reading Safer Families project. They draw from a broad field of family psychology and systemic psychotherapy to distil the theories, methods and techniques most helpful to practitioners working in modern public and voluntary agencies. Their systemic approach to issues of risk, responsibility and collaboration provides a coherent framework within which to integrate practice. The book also provides a practice orientated and detailed approach to risk assessment, risk management and family reunification. This book will be of interest to practitioners in clinical and educational psychology, social work, nursing, psychiatry, probation, health visiting, counselling and psychotherapy, who work with individuals living in intimate relationships where violence may be of concern, and also to practice supervisors, trainers, trainees and students in these disciplines.

Theory-based Treatment Planning for Marriage and Family Therapists-Diane R. Gehart 2003 This text is a treatment planner and theory guide for therapists working from systemic and postmodern approaches. Unlike existing resources, this treatment planner provides a means to directly integrate family therapy theory and practice. By providing treatment planning strategies along with complete overviews of specific theories, the book provides a remedy for the common "missing link" between theory and practice. The purpose of this book is to fill the ever-widening...
gap between formal training in theory and actual practice in managed-care dominated workplaces. The text covers 11 of the most widely used family therapies providing a summary for each theory and then specific strategies for developing a treatment plan.

The Dictionary of Family Psychology and Family Therapy-S. Richard Sauber 1993-08-09 As the study of the family has expanded, the need for an up-to-date volume that brings together and defines major salient words, phrases and concepts has similarly grown. The updated edition of this unique resource provides an expanded yet compact and handy reference for all practitioners, researchers and students in the fields of family psychology and psychotherapy. Each entry includes a definition of the term, an example of its use, the origin of the term, an early source using the term and, if pertinent, a recent source. `Borrowed' terms from other fields such as family law, sex therapy, clinical child psychology and group psychology are also included.

Developments in Family Therapy (Psychology Revivals)-Sue Walrond-Skinner 2014-01-09 Originally published in 1981, this volume presents papers by the leading British theorists and practitioners in family therapy from its beginnings up to the 1980s. It collected together for the first time a number of important previously published articles which had relevance and interest for family therapists of the day, and includes other chapters specially written for this book which reflected the most recent thinking on the topics covered at the time. The book is divided into three parts. The first, which includes papers by John Bowlby, R.D. Laing and A.C.R. Skynner, deals with the theory behind family therapy. In the second part we see the application of family therapy to specific clinical situations such as adolescent psychiatry, illness, death and mourning in the family, and marital therapy. The third part of the book covers various differential approaches within family therapy, including psychoanalysis; the
experiential approach and family construct psychology. The papers in all three parts weld together ideas from the behavioural and the psychodynamic spheres of interest. Addressed as they are to theoretical issues and clinical applications, they linked together the past and future of family therapy at that time. Integrating Gender and Culture in Family Therapy Training-Toni Schindler Zimmerman 2013-04-15 Don't let hidden cultural expectations sabotage your therapeutic relationships! Integrating Gender and Culture in Family Therapy Training offers positive strategies for teaching your students to understand the ways in which cultural expectations affect individuals, society, the therapeutic relationship, and even the relationship between supervisor and trainee. Integrating Gender and Culture in Family Therapy Training explores the ways you and your students can become more effective by bringing your unspoken assumptions into the light. It presents empirical research and personal experiences dealing with multicultural and gender issues in therapy and therapist training programs. In addition, it offers dialogues with some of the founders of feminist family therapy, cultural studies, and a hilarious spoof of pop-psychology approaches to gender issues. Integrating Gender and Culture in Family Therapy Training offers practical strategies for: working with families in poverty cross-cultural interactions in the supervisor/trainee relationship integrating gender and culture into coursework, supervision, research, service, and clinical environments teaching and modeling multicultural awareness dealing with the inevitable conflicts, misperceptions, and misunderstandings that arise because of clashing cultural expectations. This book takes a searching view of the dynamics and implications of power, gender, class, and culture, including such tough issues as: the moral issues of feminist therapy using the excuse of cultural tradition to mask abuses therapists’hidden gender assumptions ways feminist family therapy speaks--or fails to speak--to women of color, minority women, and women in
poverty. Including case studies, figures, tables, and humor, Integrating Gender and Culture in Family Therapy Training will enhance your effectiveness as a supervisor or therapist and inspire you to rethink your own cultural assumptions.

Effective Ways of Working with Children and Their Families-Malcolm Hill 1999 This text examines the latest evidence about the most successful forms of intervention when working with children and their families. The book covers a wide range of methods and services with emphasis on helping children with known problems.

Theories Of Counseling and Psychotherapy: A Multicultural Perspective-Allen E. Ivey 2011-05-02 Theories of Counseling and Psychotherapy fully integrates a multicultural approach, which is demonstrated in practice throughout every chapter and every theoretical approach. New to the Seventh Edition: Increased focus on visual elements such as photos, charts, and summary tables. More focus on case illustrations. Increased coverage of ethical and legal issues, technology and on the counseling relationship. Added coverage of narrative counseling and brief, solution-focused counseling.

Empowering Families, Helping Adolescents-Wendy Snyder 1996-12-01 Designed for alcohol and other drug abuse (AODA) and mental health professionals, paraprofessionals, administrators, and policymakers who want to learn more about family-centered treatment of adolescents with alcohol, drug abuse, and mental health disorders, this monograph explains the steps necessary to implement a family-centered approach to treatment. Includes a brief overview of family systems theory and practice; focuses on some specific aspects of family-centered clinical practice; examines admin., organizational, financing, and training issues and outlines strategies for addressing these issues. Implementation checklist.

Family Theories-James M. White 2002-06-27 This book provides students with an understanding of the nature of family theory as
well as a survey of six major theoretical frameworks to explain patterns of family life. Each theory is systematically explored. Counseling and Psychotherapy with Children and Adolescents-H. Thompson Prout 2007-04-27 Covering all the major approaches to counseling children and adolescents—including psychodynamic, Adlerian, person-centered, cognitive-behavioral, rational-emotive, reality therapy, solution focused, and family systems—Counseling and Psychotherapy with Children and Adolescents, Fourth Edition equips you to become familiar with the latest thinking and practice in counseling and psychotherapeutic interventions with children and adolescents.

Theories of Counseling-Samuel T. Gladding 2021-07-13 In this concise yet comprehensive book, author Samuel T. Gladding provides an overview of 15 major counseling theories. Accessible and reader friendly, this book is perfect for counselors and therapists looking to review or learn the essentials of major theories of counseling and psychotherapy.

Theory and Practice of Counseling and Psychotherapy-Gerald Corey 2016-01-01 Incorporating the thinking, feeling, and behaving dimensions of human experience, the tenth edition of Corey's best-selling book helps students compare and contrast the therapeutic models expressed in counseling theories. Corey introduces students to the major theories (psychoanalytic, Adlerian, existential, person-centered, Gestalt, reality, behavior, cognitive-behavior, family systems, feminist, postmodern, and integrative approaches) and demonstrates how each theory can be applied to two cases (Stan and Gwen). With his trademark style, he shows students how to apply those theories in practice, and helps them learn to integrate the theories into an individualized counseling style. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Textbook of Family and Couples Therapy-G. Pirooz Sholevar 2008-08-13 In the past decade, family therapy has evolved from a
loosely defined aggregate of approaches to a mature field with codified schools of theoretical systems and concepts. Textbook of Family and Couples Therapy: Clinical Applications is the first book to draw together theories and techniques from these various schools and combine them with specific clinical approaches in a single comprehensive resource. Under the editorial direction of acclaimed expert G. Pirooz Sholevar, Textbook of Family and Couples Therapy presents the current body of theoretical knowledge in the field along with the latest practical applications for working with couples and families. The book is divided into seven major sections: Family Therapy: Theory and Techniques; Family Assessment; Family Therapy With Children and Adolescents; Marital Therapy; Family Therapy With Different Disorders; and Research in Family and Marital Therapy. Most sections begin with overview chapters to lay the groundwork for clinical applications. With contributions from today's leading practitioners, Textbook of Family and Couples Therapy includes unique features such as: Family therapy approaches to specific mental disorders, including depression, psychiatric hospitalization, alcohol and substance abuse, incest, and personality disorders Specific guidance for working with couples, with detailed approaches to problems such as sexual dysfunction, divorce, remarriage, and stepfamilies -- invaluable for practicing in today's society The unique considerations of treating children in a family therapy context with practical applications such as whole-family intervention and a method for parent management training An overview of the evolution and theoretical underpinnings of family therapy which helps readers develop a solid foundation of understanding to support their clinical knowledge The latest information on issues related to gender, culture, and ethnicity and how they affect family therapy important for enhancing awareness and understanding The state of family therapy research today and future research directions with perspectives from leading academics to point the way
Blending theoretical training and up-to-date clinical strategies, Textbook of Family and Couples Therapy is a landmark event in the field. It is a must for clinicians who are currently treating couples and families -- and a major resource for training future clinicians in these highly effective therapeutic techniques.

Theory & Practice in Clinical Social Work-Jerrold R. Brandell 2010-02-16 Today's clinical social workers face a spectrum of social issues and problems of a scope and severity hardly imagined just a few years ago and an ever-widening domain of responsibility to overcome them. Theory and Practice in Clinical Social Work is the authoritative handbook for social work clinicians and graduate social work students, that keeps pace with rapid social changes and presents carefully devised methods, models, and techniques for responding to the needs of an increasingly diverse clientele. Following an overview of the principal frameworks for clinical practice, including systems theory, behavioral and cognitive theories, psychoanalytic theory, and neurobiological theory, the book goes on to present the major social crises, problems, and new populations the social work clinician confronts each day. Theory and Practice in Clinical Social Work includes 29 original chapters, many with carefully crafted and detailed clinical illustrations, by leading social work scholars and master clinicians who represent the widest variety of clinical orientations and specializations. Collectively, these leading authors have treated nearly every conceivable clinical population, in virtually every practice context, using a full array of treatment approaches and modalities. Included in this volume are chapters on practice with adults and children, clinical social work with adolescents, family therapy, and children's treatment groups; other chapters focus on social work with communities affected by disasters and terrorism, clinical case management, cross-cultural clinical practice, psychopharmacology, practice with older adults, and mourning and loss. The extraordinary breadth of coverage will make this book an essential source of
information for students in advanced practice courses and practicing social workers alike.

Theories of Counseling and Therapy-Jeffrey A. Kottler 2010-12-01
A concise, hands-on, and experiential text that helps readers understand and apply theory in counseling and psychotherapy
Through a unique approach that makes understanding theories in counseling and psychotherapy fun, stimulating, and personally meaningful, this fully updated Second Edition helps students comprehend the various and complex theories, apply the material to their own lives (through the use of the reflective exercises in every chapter) and internalize the content of the course. The book’s three-part structure includes an introductory section that provides the background necessary for understanding the theories, a middle section that discusses the main theory “families,” and a final section that focuses on synthesis and application. Throughout the text, the authors seek to surprise readers with the best of the past, excite them with the vitality of the present, and prepare them for their futures as therapists.

Family Therapy-Roger Lowe 2004-05-25
`I liked this book. Though I am not a family therapist, like most mental health nurses I try to bear in mind the family relationships of individuals I am working with. This is an enlightening text which not only offer a framework with which we can better understand the severe psychopathologies seen in forensic work, but also gives examples of how it may be used therapeutically' - Mental Health Practice
`I think this is an important book that crystallises complex theory into a user-friendly model, using case material and discussions from the therapeutic community. A must have for counsellors working with families, this will form part of the recommended reading on the Family Counselling course' - Barbara McKay, Relate Head of Training, Relate News
`The book provides a good overview of a number of recent approaches to working with families as well as how the author thinks about them' - Stephen Bray, Nurturing Potential

Roger Lowe achieves
the almost impossible task of bringing together various theories, techniques and case examples in clear and accessible ways. Readers of all disciplines, from front-line hard-pressed practitioners to students on therapy and social work courses, will be grateful for the simple and, above all, useful way he tackles the burning questions that arise in working with the family group. Highly recommended!' - Harvey Ratner, Brief Therapy Practice, London Family Therapy introduces practitioners to the principles of using a constructive and collaborative approach with families. The approach builds on a strengths-based philosophy and focuses on enhancing family resilience and competence in a way that is both time-efficient and comprehensive. It brings together skills from contemporary models such as solution-focused, narrative and conversational therapies and adapts them to the specific challenges of working with family relationships. It is the first book to systematically integrate these influential approaches and apply them to family work. Setting out a clear framework for practice, Roger Lowe describes the key tasks for the therapist as: · hosting meetings · negotiating concerns, and · evoking family members' personal and relationship resources. The framework is designed to be clear but flexible, and to allow practitioners to adapt it to their own situational needs. For example, it suggests ways for practitioners to selectively 'borrow' from other therapeutic models while retaining a constructive orientation. It also explores ways in which therapists can use their 'inner' conversation during a session as a tool to overcome obstacles to the therapeutic process. Although there is a common belief that the approach is only suited to brief interventions, the author also describes ways of working constructively over a longer period of time. Throughout the book, case studies are included to show how the constructive framework is used in practice and to highlight a range of challenging situations that may be encountered during family therapy. Roger Lowe's book provides a refreshingly different approach to working with families, which chimes with
theories-and-techniques-of-family-therapy-and-counseling

there is growing interest in constructive approaches. It is written for trainees and for practitioners who are interested in developing their skills in this collaborative and optimistic approach.

Social Work Treatment-Francis J. Turner 2011-03-15 First published in 1974, Social Work Treatment remains the most popular and trusted compendium of theories available to social work students and practitioners. It explores the full range of theoretical approaches that drive social work treatment and knowledge development, from psychoanalysis to crisis intervention. This treasure trove of practice knowledge equips professionals with a broad array of theoretical approaches, each of which shine a spotlight on a different aspect of the human condition. Emphasizing the importance of a broad-based theoretical approach to practice, it helps the reader avoid the pitfalls of becoming overly identified with a narrow focus that limits their understanding of clients and their contexts. This sweeping overview of the field untangles the increasingly complex problems, ideologies, and value sets that define contemporary social work practice. The result is an essential A-to-Z reference that charts the full range of theoretical approaches available to social workers regardless of their setting or specialty.

Cognitive-behavioral Theories of Counseling-Marty Sapp 2004 Theories of Counseling and Psychotherapy-Elsie Jones-Smith 2011-04-29 This book offers an extensive array of theories that includes all the mainstream theories as well as such contemporary approaches as narrative, feminist, and post-modern. It offers students an integrative framework with which to assess the various theories with respect to possible clinical application. This is not a book that simply lists and describes theories; rather it will compare and contrast them, showing strengths and weaknesses, in a way to help students to apply them flexibly. The book also presents self-reflection exercises throughout to reinforce student understanding of theories and to help them understand their own cognitive and affective
relationship to them. In other words, students will be challenged to understand what it is about their own personalities that will lead them to accept or reject various theoretical perspectives. Finally the book constantly shows the relationship between theory building and diversity.

Supervision and Professional Development in Social Work Practice-Amanda M Nickson 2019-10-07 Supervision and Professional Development in Social Work Practice aims to familiarize its readers with the current state of supervision in social work, provide them a common platform for reflection and action and thereby promote excellence in their respective learning, research and professional practice areas. It incorporates contributions by scholars, practitioners and students from various backgrounds, professional disciplines and countries. The ideas, concepts and practice frameworks discussed in this book are useful in any human service context. However, they need to be adapted with cultural sensitivity and appropriate levels of consultation and guidance to effectively challenge prevalent practice frameworks and support the embracing of new ideas to enhance professional and authentic engagement. The book utilizes several research studies, views, experiences and reflections, and includes numerous Voices from the Field, which provide diverse perspectives and viewpoints as well as practical help. This book will prove indispensable for academicians, practitioners, supervisors and supervisees as well as postgraduate and advanced undergraduate students of social work, counselling, psychology and education.
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