Therapeutic Alliances in Couple and Family Therapy
An Empirically Informed Guide To Practice

Therapeutic Alliances in Couple and Family Therapy-Myrna L. Friedlander 2006-01-01 This title demonstrates the crucial importance of healthy working relationships with clients in couple and family therapy. The authors' conceptual model--SOFTA (System for Observing Family Therapy Alliances)--integrates theory, research, and practice related to the alliance in couple and family therapy.

Therapeutic Alliances with Families-Valentín Escudero 2017-09-15 This practical breakthrough introduces a robust framework for family and couples therapy specifically designed for working with difficult, entrenched, and court-mandated situations. Using an original model (the System for Observing Family Therapy Alliances, or SOFTA) suitable to therapists across theoretical lines, the authors detail special challenges, empirically-supported strategies, and alliance-building interventions organized around common types of ongoing couple and family conflicts. Copious case examples illustrate how therapists can empower family members to discover their agency, find resources to address tough challenges, and especially repair their damaged relationships. These guidelines also show how to work effectively within multiple relationships in a family without compromising therapist focus, client individuality, or client safety. Included in the coverage: Using the therapeutic alliance to empower couples and families Couples’ cross-complaints Engaging reluctant adolescents...and their parents Parenting in...
Therapeutic alliances with families: adrift in a sea of professional helpers

Empowering through the alliance: a practical formulation Therapeutic Alliances with Families offers powerful new tools for social workers, mental health professionals, and practitioners working in couple and family therapy cases with reluctant clients and seeking specific, practical case examples and resources for alliance-related interventions.

Therapeutic Alliances with Families-Valentín Escudero 2018

This practical breakthrough introduces a robust framework for family and couples therapy specifically designed for working with difficult, entrenched, and court-mandated situations. Using an original model (the System for Observing Family Therapy Alliances, or SOFTA) suitable to therapists across theoretical lines, the authors detail special challenges, empirically-supported strategies, and alliance-building interventions organized around common types of ongoing couple and family conflicts. Copious case examples illustrate how therapists can empower family members to discover their agency, find resources to address tough challenges, and especially repair their damaged relationships. These guidelines also show how to work effectively within multiple relationships in a family without compromising therapist focus, client individuality, or client safety.

Included in the coverage: Using the therapeutic alliance to empower couples and families

Couples’ cross-complaints

Engaging reluctant adolescents...and their parents

Parenting in isolation, with or without a partner

Child maltreatment: creating therapeutic alliances with survivors of relational trauma

Disadvantaged, multi-stressed families: adrift in a sea of professional helpers

Empowering through the alliance: a practical formulation

Therapeutic Alliances with Families offers powerful new tools for social workers, mental health professionals, and practitioners working in couple and family therapy cases with reluctant clients and seeking specific, practical case examples and resources for alliance-related interventions.
new tools for social workers, mental health professionals, and practitioners working in couple and family therapy cases with reluctant clients and seeking specific, practical case examples and resources for alliance-related interventions.

The therapeutic alliance in individual, couple, and family therapy-

Donald Roy Catherall 1984

La alianza terapeutica-Myrna L. Friedlander 2009

The Therapeutic Alliance-J. Christopher Muran 2011-02-25 This state-of-the-art book presents research-based practice guidelines that clinicians of any orientation can use to optimize the therapeutic alliance. Leading proponents of the major psychotherapeutic approaches explain just what a good alliance is, how to create it, and how to recognize and repair alliance ruptures. Applications in individual, group, couple, and family therapy are explored; case examples vividly illustrate the concepts and techniques. Links between the quality of the alliance and client outcomes are elucidated. A section on training fills a major gap in the field, reviewing proven strategies for helping therapists to develop key relationship-building skills.

Connecting Couple Negativity, the Active Therapist, and the Therapeutic Alliance-Sarah Elizabeth Gellhaus Thomas 2003 Prior research in the psychotherapy field has yielded answers to the question: what makes therapy effective? Researchers have attempted to unearth which couple behaviors are destructive to couples' relational well-being, as well as the ways in which therapists hinder or help the floundering couple. This endeavor strives to review the literature that has examined themes that have emerged regarding effective couple therapy, and connect several concepts, including couple negativity, the active therapist, and the therapeutic alliance. A total of 112 couple and family cases were coded and evaluated by trained observers for specific client and therapist behaviors, as well as assessed the therapeutic alliance. As is the human condition, it is clear that a multitude of variables are at play when examining a construct as complicated.
as couple therapy. Stepwise regression analyses suggest that spousal and therapist behaviors integrate to form a synthesis that predicts an effective therapeutic alliance, therefore influencing couple therapy outcome.

Common Factors in Couple and Family Therapy-Douglas H. Sprenkle 2013-11-25 Grounded in theory, research, and extensive clinical experience, this pragmatic book addresses critical questions of how change occurs in couple and family therapy and how to help clients achieve better results. The authors show that regardless of a clinician's orientation or favored techniques, there are particular therapist attributes, relationship variables, and other factors that make therapy--specifically, therapy with couples and families--effective. The book explains these common factors in depth and provides hands-on guidance for capitalizing on them in clinical practice and training. User-friendly features include numerous case examples and a reproducible common factors checklist.

Therapeutic Alliance in Couples Therapy-Robin Ostrom Delaney 2006 Abstract: Therapeutic alliance is an essential component of successful therapy. All forms of individual psychotherapy have demonstrated a connection between outcome and therapeutic alliance. Despite the fact that therapeutic alliance is an acknowledged area of importance in individual therapy, little research has been conducted regarding how gender, the initiation of therapy, a split alliance, and the type of presenting problem impact outcome and alliance in couples therapy. It was the specific aim of this study to determine how those factors impacted therapeutic alliance for clients in couples therapy. Results of this study indicated that many couples dropped out of therapy, women initiated therapy more often than men, split alliances did impact outcome, and whose therapeutic alliance was different, higher or lower, mattered more than how different. This study demonstrated that who initiated therapy and the type of presenting problem (a couple problem versus an individual
problem) did not impact therapeutic alliance in couples therapy. Possible explanations and further hypotheses are explored and areas of future research are suggested. Strengths and limitations are identified and clinical implications are noted.

Therapeutic Alliances with Families-Valentín Escudero 2017-09-04 This practical breakthrough introduces a robust framework for family and couples therapy specifically designed for working with difficult, entrenched, and court-mandated situations. Using an original model (the System for Observing Family Therapy Alliances, or SOFTA) suitable to therapists across theoretical lines, the authors detail special challenges, empirically-supported strategies, and alliance-building interventions organized around common types of ongoing couple and family conflicts. Copious case examples illustrate how therapists can empower family members to discover their agency, find resources to address tough challenges, and especially repair their damaged relationships. These guidelines also show how to work effectively within multiple relationships in a family without compromising therapist focus, client individuality, or client safety. Included in the coverage: Using the therapeutic alliance to empower couples and families Couples’ cross-complaints Engaging reluctant adolescents...and their parents Parenting in isolation, with or without a partner Child maltreatment: creating therapeutic alliances with survivors of relational trauma Disadvantaged, multi-stressed families: adrift in a sea of professional helpers Empowering through the alliance: a practical formulation Therapeutic Alliances with Families offers powerful new tools for social workers, mental health professionals, and practitioners working in couple and family therapy cases with reluctant clients and seeking specific, practical case examples and resources for alliance-related interventions.

The Relationship Between Therapists' Use of Humor and Therapeutic Alliance-Kevin J. Meyer 2007 Abstract: Among all the aspects of the therapeutic process that have been discussed in
the literature, therapeutic alliance has emerged as a critical component. The vast majority of research on therapeutic alliance has been based within an individual psychotherapy framework, and there remains a paucity of research on this concept from a couple and/or family therapy perspective. Concomitantly, the use of humor by therapists and its effect on the therapeutic process is an area of study that has been given little attention by researchers. The purpose of this study was to investigate the relationship between the use of humor within couple therapy and therapeutic alliance. The sample for this study included 40 couples presenting as clients at a large midwestern university Couple and Family Therapy clinic. Clients and therapists completed the Working Alliance Inventory (WAI), a 12-question self-report questionnaire that assesses one's perspective on therapeutic alliance, after sessions one and three. Participants agreed to have their first-session videotape saved for analysis, which were coded using the Humor Rating Scale, an observational scale developed to assess the frequency and type of humor used by a therapist. It was hypothesized that the frequency of helpful humor used by a therapist would be directly related to therapeutic alliance at sessions one and three, reduced premature termination, and less discrepancy in alliance scores among male and female partners in therapy. The use of humor seemed to be important to the therapists in this study in regards to therapeutic alliance, with significant correlations between therapists' WAI scores and the use of humor at both sessions one and three. Conversely, therapists' use of humor had little to no impact on the clients' perceptions of therapeutic alliance at session one or three. Also, the results displayed a significant difference between the amount of humor used in the first session between those clients who prematurely terminated therapy and those who did not, with the latter exposed to nearly twice the instances of humor. The frequency of humor was not shown to play a role in whether couples displayed a split alliance.
Examining the Role of Therapeutic Alliance, Split Alliance, and Gender on Couples' Relationship Satisfaction Following a Brief Couple Intervention-Jessica Andrea Hughes 2017

The therapeutic or working alliance is considered to be one of the most important elements in successful individual therapy and many types of couple, marital, and family therapy. The alliance involves a bond that is developed through investment, mutual agreement, and collaboration on tasks and goals. While substantial evidence exists that the therapeutic alliance plays an important role in multiple aspects of therapy outcomes for individuals, far less empirical attention has been given to the alliance in couple therapy. A primary reason for the dearth of research on alliance within a couple context is the complexity of measuring multiple alliances that interact systemically. The importance of the alliance in couple therapy may be viewed through the lens of attachment, psychodynamic, interdependence, and gender theories. These theories are explored as they relate to the importance of alliance, how gender moderates the association between alliance and outcomes, how each partner affects each others behavior and outcome, and how differences in alliance scores between individuals may impact outcome. These questions were examined using data from a brief, two-session intervention for couples, known as the "Relationship Checkup." Structural equation modeling and actor partner interdependence models were used to examine these research questions, while taking into account the nonindependence of the data. Results indicated that facilitator report of alliance positively predicted both men and women's report of alliance with the facilitator. Additionally, results indicated that facilitator and women's report of alliance positively predicted relationship satisfaction for men following the intervention, and that women's alliance positively predicted their own relationship satisfaction following the intervention. Results also indicated that couples who disagreed on the strength of the alliance had worse outcomes following the intervention, and split
alliance between wives and the facilitator indicated worse outcome for men following the intervention. Overall, alliance appears to be an important element for successful brief interventions for couples.

Routine Outcome Monitoring in Couple and Family Therapy-Terje Tilden 2017-01-17 This research-to-practice manual introduces Routine Outcome Monitoring (ROM), a feedback-based approach to preventing impasses and relapses in couple and family therapy as well as within other psychotherapy approaches. This book discusses how ROM has been developed and experienced within the Norwegian couples and family therapy community in line with international trends of bridging the gap between clinical practice and research. Locating the method in evidence-based systemic practice, contributors describe the core techniques, tools, and process of ROM, including examples of effective uses of feedback over different stages of therapy, with individuals in family context, and implemented in different countries. Giving clients this level of control in treatment reinforces the concept of therapy as a collaborative process, fostering client engagement and involvement, commitment to treatment, and post-treatment progress. ROM is applicable across clinical settings and clinician orientations for maximum utility in work with clients, and in building therapeutic self-awareness. Features of the book: • Theoretical and empirical context for using ROM with families and couples. • Tools and procedures, including the Systemic Therapy Inventory of Change. • Guidelines for treatment planning, implementation, and evaluation. • Common challenges in using ROM with couples and families. • Supervisory, training, and ethical issues. • Examples and vignettes showing ROM in action. With its deep potential for promoting client progress as well as therapist development, Routine Outcome Monitoring in Couple and Family Therapy: The Empirically Informed Therapist will attract practitioners and research professionals particularly interested in clinical practice, client-directed methods, and couple
or family therapy.
Therapist Behaviors that Predict the Therapeutic Alliance in Couple Therapy-Bryan C. Kubricht 2018 Couple therapy is successful in treating relationship distress. However, couple therapy does not benefit everyone. Consequently, it is important to study factors that predict therapeutic success. One such factor is what predicts the development of the therapeutic alliance in couple therapy. The purpose of this study was to code therapist behaviors, therapist warmth, empathy, presence, validation, collaboration, and technique factors (systemically-based techniques and session structure), in the first session of couple therapy to examine their ability to predict two aspects of the therapeutic alliance, between- and within-alliance, after the session for males and females. The hypotheses were tested utilizing multiple one-way ANOVAs. Results indicated that none of the therapist variables predicted either of the outcome alliance variables for males or females. More research needs to be done to find what therapist behaviors predict the therapeutic alliance.
Characteristics of the Therapeutic Alliance in Couple Therapy-Nathan Daniel Tomcik 2005
The Heart of Couple Therapy-Ellen F. Wachtel 2019-03-21
Grounded in a deep understanding of what makes intimate relationships succeed, this book provides concrete guidelines for addressing the complexities of real-world clinical practice with couples. Leading couple therapist Ellen Wachtel describes the principles of therapeutic intervention that motivate couples to alter entrenched patterns, build on strengths, and navigate the “legacy” issues that each person brings to the relationship. She illuminates the often unrecognized choices that therapists face throughout the session and deftly explicates their implications. The epilogue by Paul Wachtel situates the author's pragmatic approach in the broader context of contemporary psychotherapy theory and research.
Therapeutic Alliance in Therapist-client Dyad Within Couple
Psychotherapy and counseling take place within the basic context of human relationships. This book was written with the fundamental goal of providing an enhanced awareness and in-depth appreciation of the alliance impact and relevance within the context of all forms of addictions psychotherapy, counseling and treatment. Each chapter examines several specific facets of therapeutic alliance related to outcomes, patient retention, and exposure to interventions, actions, and ingredients that facilitate patient engagement and recovery. Beginning with an Introduction, the major topics include: psychotherapy relationships that heal; the therapeutic alliance; alliance ingredients in effective psychotherapy and counseling relationships; ancillary therapist-patient alliance dynamics; psychopathology, psychodynamics and alliance dynamics in integrative addictions-focused psychotherapy and counseling; a review of the Norcross-Wampold Clinical Practice Guidelines and Conclusions; clinical practice suggestions and recommendations for addiction-focused therapists, counselors, and treatment providers; alliance universality; and the heart and soul of change and recovery. This book includes a wealth of therapeutic vignettes, case studies, clinical information, treatment strategies, modalities, and diagnostic issues that will enhance the skill sets for counselors and therapists, resulting in improved therapeutic outcomes. Addiction-focused counselors, therapists, psychologists, psychiatrists, social workers, family and marriage therapists, family physicians, nurses, and NAADAC professionals will find the evidence-based information and clinical strategies in this book to be extremely useful in their clinical work.

Therapists' Perceptions of the Therapeutic Alliance and Communication Through the Use of Reflecting Teams in Couple and Family Therapy-Carmelina Pizzardi 1997
Difference in Therapeutic Alliance-Andrea Mae Parady 2018 The purpose of this research is to explore differences in the therapeutic alliance for High-Conflict Co-Parents (HCC) vs. Regular Couples. Therapeutic alliance refers to the relationship, consisting of a bond, and agreement on the tasks and goals of therapy, between at least two people in the therapeutic relationship. It was hypothesized that HCC clients would have lower therapeutic alliance scores compared to regular couple clients. The results supported this hypothesis. By identifying these differences, more research can be conducted to improve our understanding of how to strengthen the therapeutic alliance with HCC clients, leading to improved treatment of this population.

Ethics and Professional Issues in Couple and Family Therapy-Megan J. Murphy 2016-10-04 Ethics and Professional Issues in Couple and Family Therapy, Second Edition builds upon the strong foundations of the first edition. This new edition addresses the 2015 AAMFT Code of Ethics as well as other professional organizations’ codes of ethics, and includes three new chapters: one on in-home family therapy, a common method of providing therapy to clients, particularly those involved with child protective services; one chapter on HIPAA and HITECH Regulations that practicing therapists need to know; and one chapter on professional issues, in which topics such as advertising, professional identity, supervision, and research ethics are addressed. This book is intended as a training text for students studying to be marriage and family therapists.

The Role of the Therapeutic Alliance on the Successful Outcome of Transfers in Marriage and Family Therapy Cases-Melanie Louise Cox 2017 The transfer of cases is common in the practice of Marriage and Family Therapy (MFT). This is especially true in training clinics, where student interns regularly graduate and transfer their cases to students still in the program. Although some research has examined the effect of transferring cases of
individual psychotherapy on the success of therapy outcome, little research has examined transfer cases in MFT settings. The transfer process can be conceptualized as a rupture in the therapeutic alliance. From this perspective, a strong therapeutic alliance may mitigate the negative impact of the rupture. Consequently, it was hypothesized that a strong therapeutic alliance with the initial therapist would predict a successful transfer process. Similarly, it was hypothesized that a strong therapeutic alliance with the new therapist would predict a successful transfer process. To test these hypotheses, data were examined from 49 individual, couple, and family therapy cases that experienced a transfer at an MFT training program at a university in the northeastern part of the United States. Results indicated that the therapeutic alliance with neither the initial or new therapist predicted successful therapy transfer. A possible explanation for the lack of significant results may be the small sample size, which limited the statistical power of the analyses. In addition, because of the small sample size, the individual, couple, and family cases were combined in the analyses. Because the therapeutic alliance in couple and family cases has different dimensions than it does in individual cases, it is possible that the true effect of the therapeutic alliance on transfer success was masked in the combined analysis.

The Oxford Handbook of Treatment Processes and Outcomes in Psychology-Sara Maltzman 2016 Advocates and models a multidisciplinary, biopsychosocial approach to psychological treatment across the lifespan Promotes the communication of research and best practices across disciplines from primary sources Includes translational (animal to human) research models, in-depth coverage of areas that have extensive research bases, and provides foundation of research for cutting-edge areas Focuses on how and what to evaluate regarding treatment outcomes.

The Wiley-Blackwell Handbook of Couples and Family Therapies
The Wiley-Blackwell Handbook of Couples and Family Relationships presents original articles from leading experts that link research, policy, and practice together to reflect the most current knowledge of contemporary relationships. Offers interesting new perspectives on a range of relationship issues facing twenty-first century Western society. Helps those who work with couples and families facing with relationship issues. Includes practical suggestions for dealing with relationship problems. Explores diverse issues, including family structure versus functioning; attachment theory; divorce and family breakdown; communication and conflict; self-regulation, partner regulation, and behavior change; care-giving and parenting; relationship education; and therapy and policy implications.

Techniques for the Couple Therapist-Gerald R. Weeks 2016-03-22

Techniques for the Couple Therapist features many of the most prominent psychotherapists today, presenting their most effective couple therapy interventions. This book provides clinicians with a user-friendly quick reference with an array of techniques that can be quickly read and immediately used in session. The book includes over 50 chapters by experts in the field on the fundamental principles and techniques for effective couple therapy. Many of the techniques focus on common couple therapy processes such as enactments, communication, and reframing. Others focus on specific presenting problems, such as trauma, sexual issues, infidelity, intimate partner violence, and high conflict. Students, beginning therapists, and seasoned clinicians will find this pragmatic resource invaluable in their work with couples.

Couple Therapy-Jim Crawley 2007-11-27

This book presents students and experienced practitioners alike with an accessible guide on the complex dynamics of the couple relationship. Combining the theoretical grounding of various psychodynamic fields of thought with vivid case studies, it advises on how to...
address issues such as domestic violence, affairs and the step-family system.

Alliance Patterns Related to Dropout in Couples Therapy-Abbie N. Wolfson 2007 The primary hypothesis was that couples who drop out of treatment would have greater split alliance patterns. Participants were 56 couples undergoing couples therapy who completed pre-treatment questionnaires regarding couple characteristics and, post-session, the Couples Therapy Alliance Scale (CTAS). Alliance patterns and aggregate alliance were constructed from CTAS scores. Following session one, 20% of couples dropped out, and another 20% did so before treatment ended.

Coding Rupture Indicators in Couple Therapy (CRICT)-AnnaLisa Ward Carr 2019 The therapeutic alliance, a construct representing agreement and collaboration on therapy goals, therapy tasks, and the emotional bond between client(s) and therapist, is a robust predictor of therapy outcomes in individual, couple, and family therapy. One way to track the therapeutic alliance is through ruptures and repairs. Ruptures are breaks, tensions, or tears in the therapeutic alliance. Ruptures and repairs influence the therapeutic alliance and consequently therapeutic outcomes. Currently, there is a lack of research addressing ruptures and repairs in couple therapy. The first step in researching alliance ruptures is to have a reliable way to assess alliance ruptures. This study will describe the development of the Coding Rupture Indicators in Couples Therapy (CRICT). The CRICT is an observational coding scheme that measures ruptures in couple therapy. The CRICT was developed through collaboration with researchers in marriage and family therapy, creation of items, adaptation of items from established coding schemes from individual therapy, and input and feedback as the CRICT was used and tested by undergraduates in a coding class. This paper will review foundational research of ruptures and repairs as well as the construction and use of the CRICT coding
scheme.
Symptom Distress as a Moderating Factor Between Couple Attachment and Therapeutic Alliance-Kevin L. Wimbish 2004
Client Symptom Distress, Stage of Change, and the Therapeutic Alliance in Couple Therapy- 2007
Amount and Quality of Supervision as Moderating Factors Between Couple Therapeutic Alliance and Change in Couple Therapy-Meetika Jindal 2005
Clinical Handbook of Couple Therapy, Fifth Edition-Alan S. Gurman 2015-05-28 Regarded as the authoritative reference and text, this handbook presents the most effective, widely studied approaches to couple therapy. The distinguished coeditors bring together other leading experts, most of whom developed the approaches they describe. Adhering closely to a uniform structure to facilitate study and comparison, chapters cover the history, theoretical and empirical underpinnings, and techniques of each model. The volume also describes cutting-edge applications for particular relationship contexts (such as blended families, LGBT couples, and separated couples) and clinical problems (such as partner aggression, psychological disorders, and medical issues).
New to This Edition *Chapters on interpersonal neurobiology and intercultural relationships. *Chapters on couple therapy for PTSD, functional analytic couple therapy, and the integrative problem-centered metaframeworks approach. *Many new authors.*Extensively revised with the latest theory and research. See also Clinical Casebook of Couple Therapy, edited by Alan S. Gurman, which presents in-depth illustrations of treatment.
The Corsini Encyclopedia of Psychology-Irving B. Weiner 2010-01-19 Psychologists, researchers, teachers, and students need complete and comprehensive information in the fields of psychology and behavioral science. The Corsini Encyclopedia of Psychology, Volume One has been the reference of choice for almost three decades. This indispensable resource is updated and expanded to include much new material. It uniquely and
effectively blends psychology and behavioral science. The Fourth Edition features over 1,200 entries; complete coverage of DSM disorders; and a bibliography of over 10,000 citations. Readers will benefit from up-to-date and authoritative coverage of every major area of psychology.

Handbook of LGBT-affirmative Couple and Family Therapy-Jerry J. Bigner 2012 The editors and contributors of this comprehensive text provide a unique and important contribution to LGBT clinical literature. Spanning 30 chapters, they discuss the diverse and complex issues involved in LGBT couple and family therapy. In almost 15 years, this book provides the first in-depth overview of the best practices for therapists and those in training who wish to work effectively with LGBT clients, couples, and families need to know, and is only the second of its kind in the history of the field. The clinical issues discussed include • raising LGBT children • coming out • elderly LGBT issues • sex therapy • ethical and training issues Because of the breadth of the book, its specificity, and the expertise of the contributing authors and editors, it is the definitive handbook on LGBT couple and family therapy.

The Role of Therapeutic Alliance in Individual and Couple Cognitive-behavioral Therapy for Women with Alcohol Dependence-David Menges 2010 The construct of therapeutic alliance has yet to be investigated among women participating in treatment for alcohol dependence. The current study examined predictors of the formation of alliance and its relationship with treatment outcome within individual and couples cognitive-behavioral therapy. It also developed a new, observer-rated measure of alliance and tested the psychometric properties of this instrument (Treatment Integrity Rating Scale Alliance-Related Items [TIRS-ARI]). Participants were 158 women with an alcohol use disorder (98% alcohol dependence) treated in a 12-session randomized clinical trial either with or without their male partner. Participants were not randomized to study arm (i.e., Individual/Couples), therefore all analyses were conducted.
separately for the Full, Individual Arm, and Couples Arm Samples. Data were collected at baseline and 3-, 9-, and 15-months post-baseline (003, 009, 015), and relevant variables included: motivation (SOCRATES [SOC], choice of abstinence goal), alliance (Working Alliance Inventory [WAI], TIRS-ARI), alcohol consumption (percent days abstinent [PDA]), and relationship functioning (Dyadic Adjustment Scale [DAS]). Results indicated that the new measure of alliance created for the current study (TIRS-ARI) exhibited adequate psychometric properties and was appropriate for use in conjunction with the WAI. Predictor analyses indicated that greater motivation was associated the formation of stronger alliances in individual, but not couples, therapy; women who chose an abstinence goal (an index of motivation) formed stronger alliances as measured by the WAI and TIRS-ARI in the Full Sample and by the WAI in the Individual Sample than those who chose a non-abstinence goal. In multiple regression predictor analyses, motivation (SOC Problem Recognition subscale) was found to be significantly associated with WAI among participants in the Individual Arm Sample. Additional treatment modalities differences indicated that women in the Individual Arm of the clinical trial formed significantly stronger alliances as measured by the WAI than women in the Couples Arm. Treatment outcome analyses found that alliance was predictive of both alcohol consumption and relationship functioning during follow up when controlling for baseline values of outcome variables. Higher scores on the WAI were associated with greater PDA at 009 in the Full and Individual Arm Samples and at 015 in the Individual Arm Sample. Among Couples Arm participants, higher scores on the WAI and TIRS-ARI were associated with greater relationship functioning (DAS) at 009 and 015, respectively. Overall, patterns of alliance formation and predictive utility differed between the Individual and Couples Arms, and the current study concludes with a discussion of the clinical implications of these identified patterns.
Handbook of Clinical Issues in Couple Therapy-Joseph L. Wetchler  
2011-03-01 Now updated in its second edition, Handbook of Clinical Issues in Couple Therapy provides a comprehensive overview of emerging issues that impact couple therapy. Unlike other guides that concentrate more on theoretical approaches, this invaluable resource contains the latest research and perspectives that every clinician needs when dealing with the challenging issues often found in practice. Carefully referenced, it explores a range of issues that include intimate partner violence, posttraumatic stress disorder and its effect on couple relationships, divorce therapy, remarriage and cohabitation issues, cultural issues, and couple therapist training. This insightful edited volume is suitable for a wide spectrum of readers, including couple and family therapists, counselors, psychologists, social workers, pastoral counselors, educators, and graduate students.

Encyclopedia of Counseling-Frederick T. Leong  
2008-04-25 CHOICE Outstanding Academic Title for 2009 2008 Best Reference, Library Journal "The scope, depth, breadth, currency, arrangement, and authority of this work reflect the thorough, in-depth approach of the entire editorial and publishing team . . . Advancing current thought and models in the field, this work provides an unparalleled attempt to approach this important subject from many perspectives. Moreover, each volume has a list of entries, a reader's guide, and information about the authors and the contributors. The reader's guide incorporates substantive topics, e.g. assessment, testing and research methods, biographies, coping . . . this is an essential addition to graduate and research collections." —Library Journal Professional counseling involves helping clients, individually or in groups, or as couples and families, deal with various career, vocational, educational, and emotional problems. Whether performed by psychologists, psychiatrists, social workers, psychiatric nurses, or counselors, thousands of professionals throughout the United
States, as well as the world, are providing counseling services to fellow human beings to help them address and resolve the various problems of living that exceed their coping resources and social support. The Encyclopedia of Counseling provides a comprehensive overview of the theories, models, techniques, and challenges involved in professional counseling. With approximately 600 entries, this definitive resource covers all of the major theories, approaches, and contemporary issues in counseling. The four volumes of this Encyclopedia are flexibly designed so they can be used together as a set or separately by volume, depending on the need of the user. Key Features · Reviews different types of counselors, their different professional identities, and their different models of graduate education · Examines important historical developments that have shaped the evolution of the counseling profession into its current form · Provides a comprehensive compilation of information about established and emerging topics in mental health and personal/emotional counseling · Addresses problems in personal/emotional counseling ranging from concerns about normal developmental processes and common life transitions to debilitating problems of great severity · Discusses the major social, scientific, and professional forces that have shaped the evolution of cross-cultural counseling and psychotherapy · Offers complete information on conventional and up-and-coming areas of interest in career counseling Key Themes · Assessment, Testing, and Research Methods · Biographies · Coping · Counseling—General · Economic/Work Issues · Human Development and Life Transitions · Legal and Ethical Issues · Organizations · Physical and Mental Health · Professional Development and Standards · Psychosocial Traits and Behavior · Society, Race/Ethnicity, and Culture · Subdisciplines · Theories · Therapies, Techniques, and Interventions This ultimate resource is designed for laypeople who are interested in learning about the science and practice of counseling. It is also a useful source for
undergraduate and graduate students and professionals from other specialties to learn about counseling in all its forms and manifestations.

Ethics and Professional Issues in Couple and Family Therapy—Lorna Hecker 2012-07-26 While on some issues couple and family therapists have an exquisitely clear direction from professional codes of ethics, others fall under gray areas that instead rely on therapists making reasoned ethical decisions. Therapists need to develop ethical sensitivity to potential ethical issues in order to decrease their risk in practice, and increase their maneuverability in the therapy room. In Ethics and Professional Issues in Couple and Family Therapy, Lorna Hecker and her contributing authors address various clinical scenarios that demonstrate the complex ethical situations couple and family therapists face every day. Some points discussed in this holistic book include boundary, power, and privilege issues, along with unique ethical issues in practicing therapy with children. Risk issues when working with potential danger, suicide, and partner violence are also explored. Each chapter sensitizes readers to potential ethical issues and provides a model for ethical decision making that best promotes good on behalf of clients. Couple and family therapists will find this text an invaluable and inexhaustible resource.

Focused Genograms, 2nd Edition—Rita DeMaria 2017-06-26

Focused Genograms provides a cutting-edge guide to utilizing the Intersystem Approach meta-framework and attachment theory to construct focused genograms. Focused genograms are graphic representations of intergenerational family interactions, and can be tailored to themes. This new volume includes nearly two decades of research, clinical experience, and theory; including rapidly expanding empirical support of attachment theory, gender, and trauma theory. It will allow the reader to comprehensively develop assessment and treatment planning for a wide range of client-systems. The clinical approach to using Focused Genograms traces intergenerational patterns of
attachment and helps the therapist create an attachment-focused bond with client-systems of all types.
Download Therapeutic Alliances In Couple And Family Therapy An Empirically Informed Guide To Practice

Right here, we have countless ebook therapeutic alliances in couple and family therapy an empirically informed guide to practice and collections to check out. We additionally offer variant types and then type of the books to browse. The tolerable book, fiction, history, novel, scientific research, as competently as various additional sorts of books are readily friendly here.

As this therapeutic alliances in couple and family therapy an empirically informed guide to practice, it ends taking place visceral one of the favored ebook therapeutic alliances in couple and family therapy an empirically informed guide to practice collections that we have. This is why you remain in the best website to see the incredible book to have.

Related with Therapeutic Alliances In Couple And Family Therapy An Empirically Informed Guide To Practice:

# Cav In Line Minimec Fuel Pump Parts Manual